

# Acute Promyelocytic Leukemia

BHS Course - Acute Leukemia - 16 December 2023

#### F. Andreozzi

Fabio.andreozzi@hubruxelles.be

Acute Leukemia and Transplant Team

Institut Jules Bordet - HUB





#### **Emergency department**

26 yo male patient
Spontaneous ecchymoses
Gincival bleeding
Petechiae
Weakness and effort dyspnoea

No other known disease

Bone Marrow: 80% myeloid blast infiltration

Hemoglobin	8.3 gr/dL
Platelets	54000/mcl
White blood cells	370/mcl
INR	1.5
аРТТ	23 sec (NV 21.6 – 28.7 sec)
Fibrinogen	80 mg/dL
D-Dimer	15760 ng/mL

→ Acute Promyelocytic Leukemia

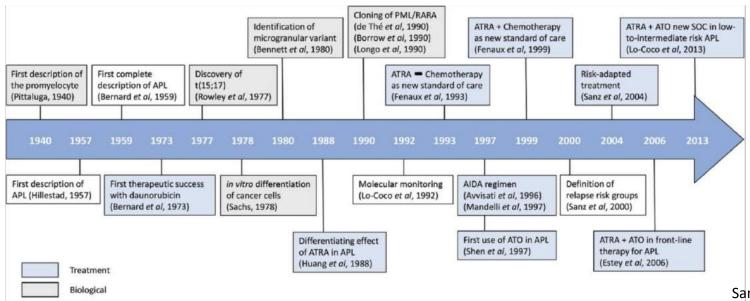
Introduction Epidemiology Clinical Presentation Morphology Flow cytometry Cytogenetic Molecular Traitement Practical considerations

## Acute Promyelocytic leukemia (APL)

Distinct subtype of acute myeloid leukemia

Clinical

- Medical Emergency
- Particular morphological features (two different morphologies)
- PML-RARα molecular hallmark
- APL is a model for oncogene-targeted leukemia cure









## Acute Promyelocytic Leukemia.

 $\mathbf{B}\mathbf{y}$ 

#### LEIF K. HILLESTAD.

Acta Medica Scandinavica. Vol. CLIX, fasc. III, 1957.

From the Medical Department A, Rikshospitalet, Oslo. Physician in chief: Professor P. A. Owren.

Evidence is presented for the existence of a special type of acute myelogenous leukemia. Three cases are described, characterized by 1) a very rapid fatal course of only a few weeks' duration, 2) a white blood cell picture dominated by promyelocytes, 3) a severe bleeding tendency due to fibrinolysis and thrombocytopenia, It is suggested that this type is named acute promyelocytic leukemia. It seems

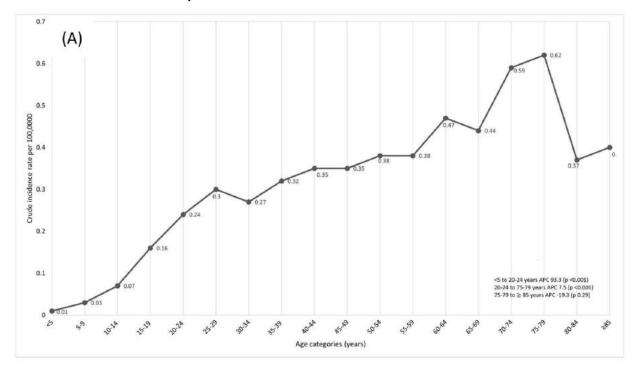
to be the most malignant form of acute leukemia.





## APL epidemiology

- 5 to 15 percent of cases of AML
- 0.32 new cases per 100,000 persons/ year in US
- Rare in childhood, increasing incidence from early adulthood
- May be secondary (15% in APL2006 trial)









Introduction

**Epidemiology** 

**Clinical Presentation** 

Morphology

## Clinical Presentation

Symptoms related to cytopenia (weakness, neutropenic fever, bleeding)

Hemorrhagic findings (gingival bleeding, ecchymoses, epistaxis, or menorrhagia)

Thrombosis in about 5% of patients: most common are cerebral infarction, deep vein thrombosis, pulmonary embolism, and acute myocardial infarction.

#### **Biological Work-up**

Pancytopenia, low number of circulating blasts despite massive bone marrow infiltration.

**Coagulopathy** (PT, PTT frequently prolonged, low fibrinogen and elevated D-dimers)







Introduction Epidemiology

**Clinical Presentation** 

Morphology

Flow cytometry

Cytogenetic

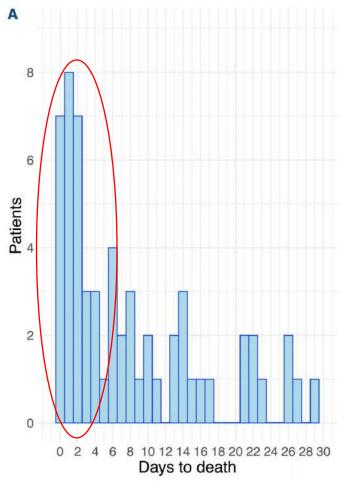
Molecular

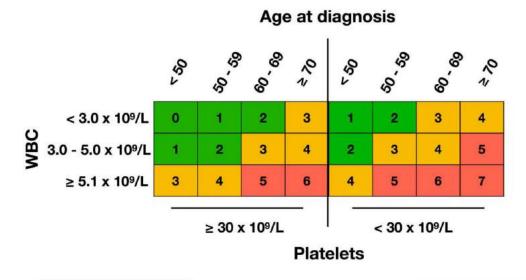
Traitement

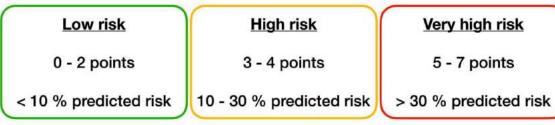
Practical considerations

Coagulopathy

## Coagulopathy is responsable of early deaths in APL













**Endothelial damage** 

Tadhesion/extravasation

Coagulopathy

#### **Activation of Coagulation** Increased fibrinolysis platelet Fibrinogen V II Degradation (x)**Products** plasminogen VIIa Activated Annexin II platelet TF Va Fibrinogen plasn The increased expression of annexin II on central nervous Cancer system endothelial cells may contribute to the high † Procoagulant Fibrin incidence of intracerebral hemorrhage in APL

**Fibrin** 

Degradation

**Products** 

- 1- TF 100-fold more expressed in APL than in other blasts!
- 2- Cancer pro coagulant

APL

3- Cytokines

Massive amounts of IIa and consumptive coagulopathy.

cytokines

4- Annexin II activates of tPA/uPA resulting in hyperfibrinolysis.







ntroduction Epidemiology Clinical Presentation Morphology Flow cytometry Cytogenetic Molecular Traitement Practical consideration

Coagulopathy

#### APL patients have significant lower WBC, higher D-dimers and lower Fibrinogen compared to other AML subtypes

Variable	APL	Other AML subtype	P
Male/Female	5/9	9/6	0.272
Age (years)	49 3	57.5	0.23
WBC (×10 <sup>9</sup> /L)	14.988	70.755	0.015
Hb (g/dL)	8.03	7.36	0.412
Platelet (x10 <sup>9</sup> /L)	26.78	33.80	0.324
PT (s)	16.0	14.6	0.107
INR	1.43	1.26	0.071
aPTT (s)	28.7	29.6	0.691
FDP (µg/mL)	77.7	23.7	0.026
D-dimer (ng/mL)	7,376.2	1,315.2	0.018
Fibrinogen (mg/dL)	133.8	373.2	< 0.001
LDH (U/L)	838.9	1,022.3	0.565
AST (U/L)	27.9	38.1	0.393
ALT (U/L)	21.0	36.3	0.305
Total bilirubin (mg/dL)	0.77	0.96	0.294
BUN (mg/dL)	16.6	21.1	0.518
Cr (mg/dL)	0.98	1.48	0.123
Triglyceride (mg/dL)	206.2	109.9	0.006
Cholesterol (mg/dL)	159	112	0.001
Fe (μg/dL)	135.4	120.0	0.469
TIBC (µg/dL)	264.4	206.8	0.046
Ferritin (ng/mL)	776.6	1,282.1	0.70
Transferrin (g/L)	1.79	1.29	0.005
CRP (mg/dL)	4.79	7.43	0.323
ESR (mm/h)	7.1	50.0	< 0.001

Table 2. Comparison of the findings between APL patients and





ntroduction

**Epidemiolog** 

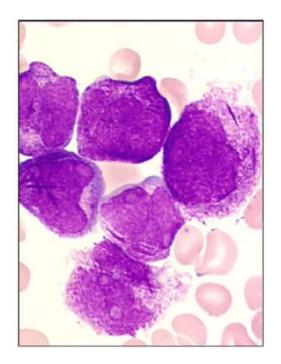
Clinical Presentatio

Morphology

Flow cytometry

Cytogeneti

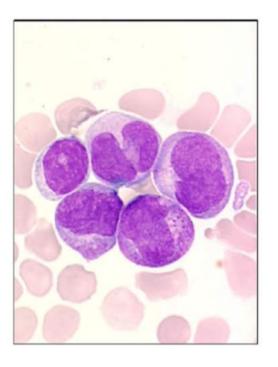
#### 75% typical (macrogranular) – M3



Low white blood cell count Reniform nuclei Purple granulations and Auer roads, faggots



#### 25% microgranular variant – M3v



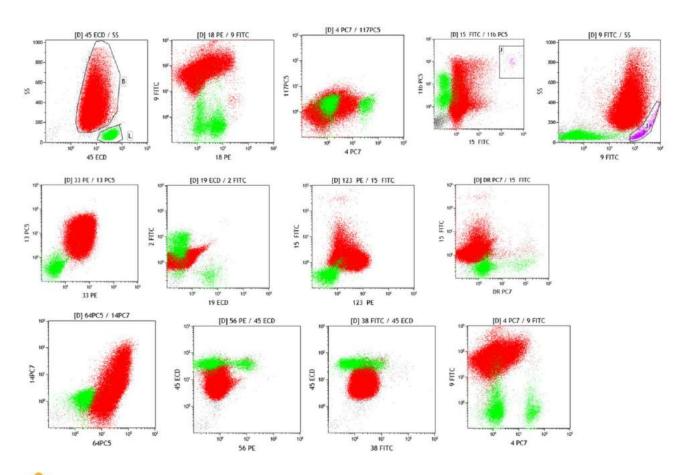
Higher white blood cell count Reniform nuclei Few granulations (better seen at electronic microscope)





ntroduction Epidemiology Clinical Presentation Morphology Flow cytometry Cytogenetic Molecular Traitement Practical considerations

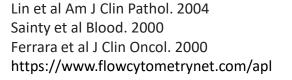
#### CD34-/partial or weak +, HLA-DR -, CD13+, CD33+, CD11b-, CD15-, CD117 weak/variable, MPO+.



100% sensitivity and 99% specificity for APL

CD33 targable with Gemtuzumab Ozogamicin



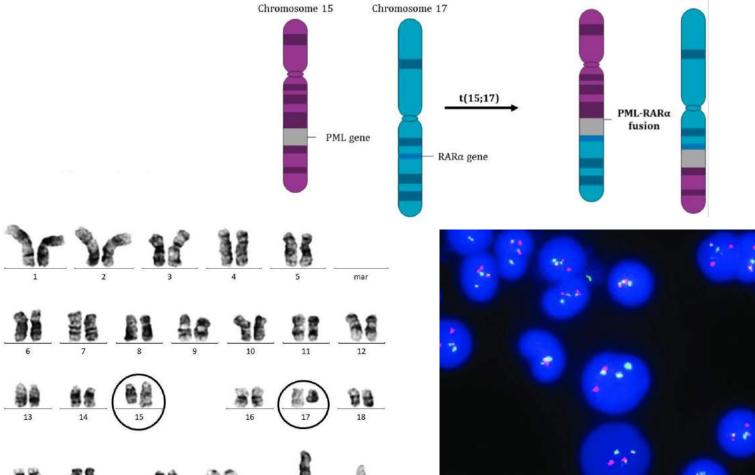






ntroduction Epidemiology Clinical Presentation Morphology Flow cytometry **Cytogenetic** Molecular Traitement Practical consideration

## Translocation t(15;17)(q24;q21)











Physiological role of PML

Physiological role of RARα

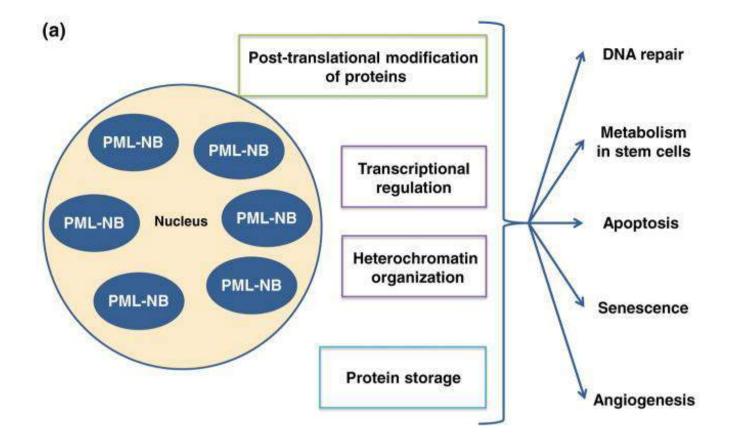
Fusion PML/RARα

MRD Marker

**APL Variants** 

Associated Mutations

## PML proteins multimerize to form multi-protein sub-nuclear structures called PML-nuclear bodies







**Epidemiology Clinical Presentation** Morphology Molecular **Traitement** Practical considerations Introduction Flow cytometry Cytogenetic

Physiological role of PML

Physiological role of RARα

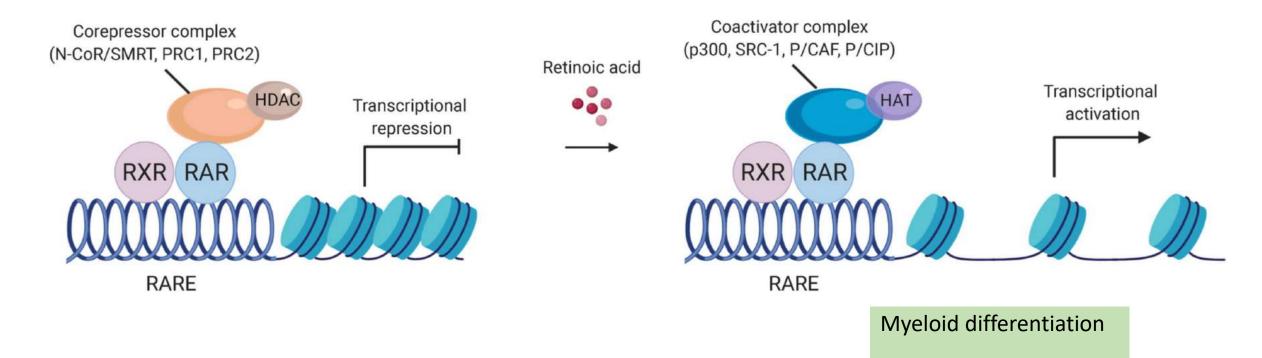
Fusion PML/RARα

**MRD** Marker

**APL Variants** 

**Associated Mutations** 

## RARα promotes transcriptional activation and myeloid differentiation in physiological conditions

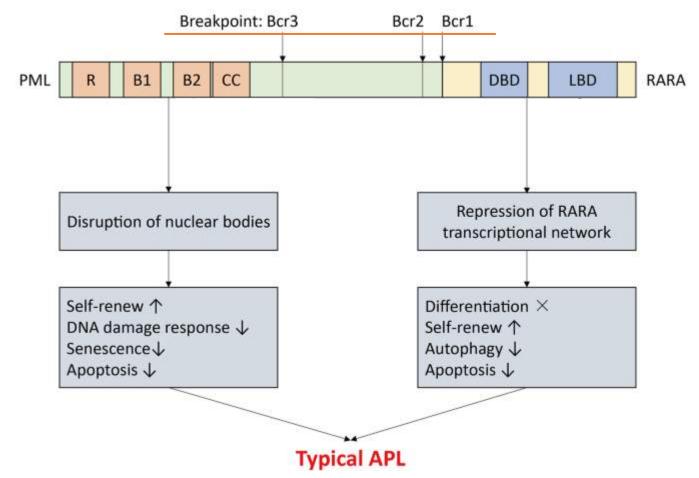








#### PML-RARA/t(15;17)









Physiological role of PML

Physiological role of RARα

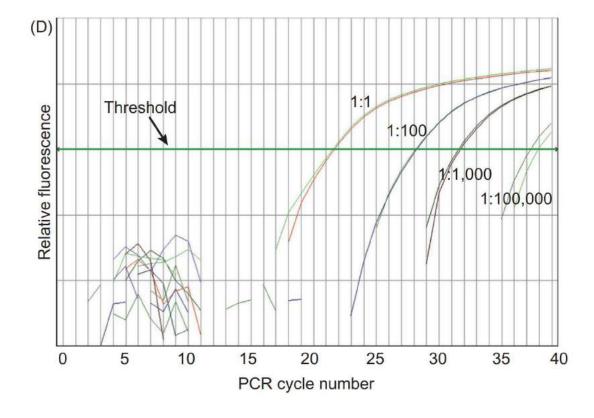
Fusion PML/RARα

MRD Marker

**APL Variants** 

Associated Mutations

### PML/RARα as marker of Minimal Residual Disease (MRD)







Introduction Epidemiology Clinical Presentation Morphology Flow cytometry Cytogenetic Molecular Traitement Practical considerations

### PML-RARα

- Unique to APL (disease hallmark)
- Strongly correlated with pathogenesis
- Ideal marker for residual disease monitoring
- Targeted by specific therapies





**Epidemiology** Introduction **Clinical Presentation** Morphology Flow cytometry Cytogenetic Molecular **Traitement Practical considerations** 

Physiological role of PML

Physiological role of RARα

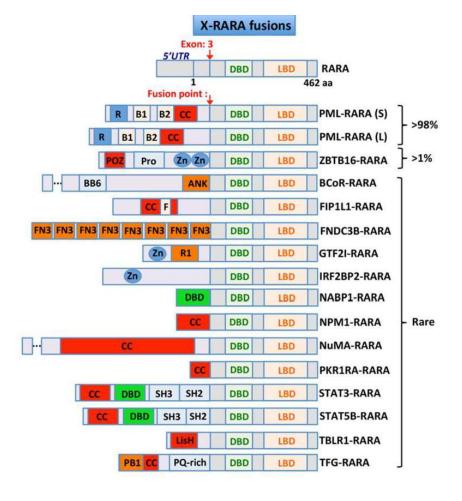
Fusion PML/RARα

**MRD** Marker

**APL Variants** 

**Associated Mutations** 

#### **APL** variants









Introduction Epidemiology Clinical Presentation Morphology Flow cytometry Cytogenetic Molecular **Traitement Practical considerations** 

Physiological role of PML

Physiological role of RARα

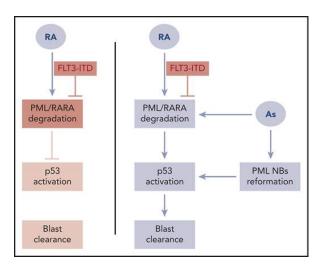
Fusion PML/RARα

**MRD** Marker

**APL Variants** 

**Associated Mutations** 

## Associated mutations



#### FLT3 – ITD

Confers R to ATRA-induced differentiation, abrogated with ATO

More likely to present with high white blood count

#### WT1 mutation

In association with FLT3mut, worsens prognosis





## APL Treatment Evolution, moving towards a chemo-free strategy

- Anthracyclines
- ATRA
- ATRA + Chemotherapy (IDA)
- ATO
- ATRA+ ATO in non-high risk patients
- ATRA+ ATO+/- chemo (GO/IDA) and ATRA-ATO in all risk APL





ATRA

ATRA + Chemo

ATO |

ATRA-ATO in No HR APL

ATRA-ATO +/- chemo in HR APL

## Anthracyclines as APL treatment



**BLOOD** 

VOL. XLI, NO. 4

The Journal of Hematology

**APRIL 1973** 

Acute Promyelocytic Leukemia: Results of Treatment by Daunorubicin

By Jean Bernard, Marise Weil, Michel Boiron, Claude Jacquillat, Georges Flandrin, and Marie-François Gemon

Jean Bernard: Daunorubicin + massive platelet transfusions

- ➤ Up to 80% CR, 40 to 50% prolonged CR
- High sensitivity of APL to anthracyclines





Introduction | Epidemiology | Clinical Presentation | Morphology | Flow cytometry | Cytogenetic | Molecular | Traitement | Practical considerations

Anthracyclines

ATRA

ATRA + Chemo

ATO

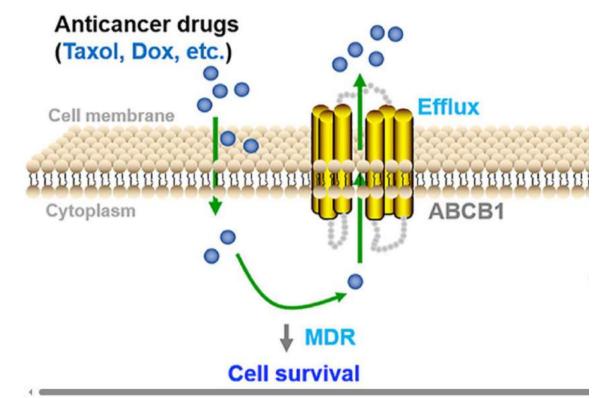
ATRA-ATO in No HR APL

ATRA-ATO +/- chemo in HR APL

British Journal of Haematology, 1995, 90, 369-374

## Low incidence of MDR1 expression in acute promyelocytic leukaemia

DORIS DRACH, SHOURONG ZHAO, JOHANNES DRACH AND MICHAEL ANDREEFF Department of Hematology, Section of Experimental Hematology, The University of Texas M.D. Anderson Cancer Center, Houston, Texas, U.S.A.









ATRA

ATRA + Chemo

ATO

ATRA-ATO in No HR APL

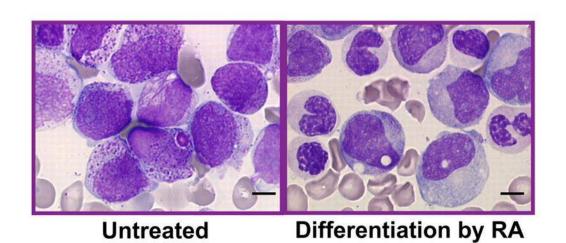
ATRA-ATO +/- chemo in HR APL

### All-trans retinoic acid (ATRA)

- ➤ Vitamin A derivative, differentiation induction
- ➤ 1988: All transretinoic acid (ATRA)

- ATRA O OH
- > 90% complete remissions, through differentiation of APL cells
- > No long-lasting CR, relapsed within a few months, despite continuous ATRA treatment









ATRA

ATRA + Chemo

ATO |

ATRA-ATO in No HR APL

ATRA-ATO +/- chemo in HR APL

# Continuous Treatment With All-Trans Retinoic Acid Causes a Progressive Reduction in Plasma Drug Concentrations: Implications for Relapse and Retinoid "Resistance" in Patients With Acute Promyelocytic Leukemia

By Josephia Muindi, Stanley R. Frankel, Wilson H. Miller Jr, Ann Jakubowski, David A. Scheinberg, Charles W. Young, Ethan Dmitrovsky, and Raymond P. Warrell Jr

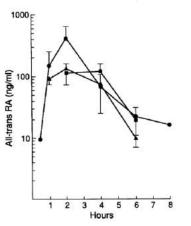


Fig. 1. Plasma concentrations ( $\pm$ SEM) of all-trans RA after the administration of a single oral dose (45 mg/m²) on day 1 of treatment in three patients ( $\oplus$ ), at the time of relapse ( $\blacksquare$ ), and at relapse ( $\blacksquare$ ) after treatment with a single dose of 90 mg/m². The calculated plasma AUC concentrations were significantly lower at the time of relapse compared with day 1 and were not increased despite the twofold escalation in dose.

Decrease in ATRA plasma levels in prolonged administration.

ATRA induced increase of CytP450 which catabolises ATRA.

- → ATRA-Chemotherapy combination
- → ATRA **intermittently** administered rather than continuously in maintenance therapy.



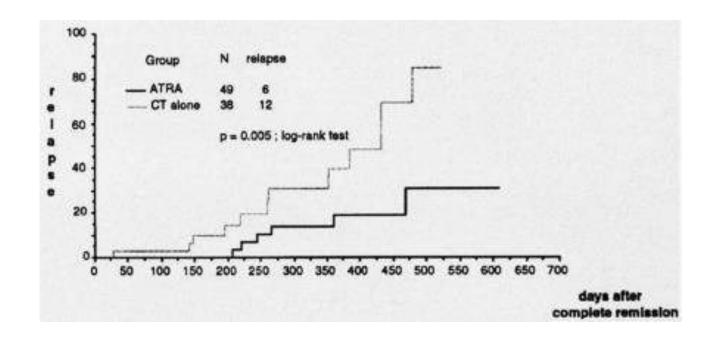


Introduction Epidemiology Clinical Presentation Morphology Flow cytometry Cytogenetic Molecular Traitement Practical considerations

Anthracyclines ATRA ATRA + Chemo ATO ATRA-ATO in No HR APL ATRA-ATO +/- chemo in HR APL

#### ATRA + Chemotherapy

- ➤ 1991: ATRA+ chemotherapy better than chemotherapy alone
- ➤90% CR, 25 % relapses



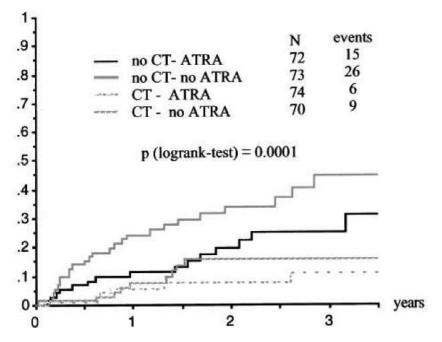






#### Maintenance with ATRA

## ➤ 1997: maintenance treatment with ATRA and low dose chemotherapy reduces relapses

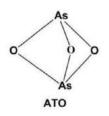


Relapse according to maintenance treatment group

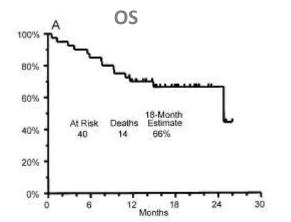


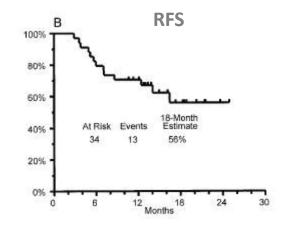


#### Arsenic trioxide (ATO) in APL



- High efficacy of ATO in APL reported in 1992 by a Chinese study, confirmed in a randomized US study
- Approved by FDA for relapsed APL in 2000

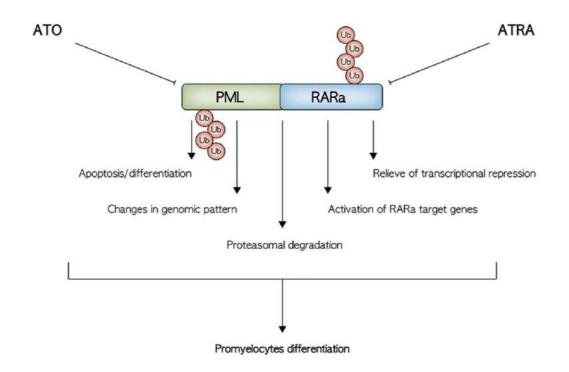






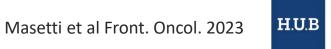


- ATRA and ATO both degrade PML/RARA
  - ATRA degrades PML/RARA through its RARA moiety and relieve transcriptional repression
  - ATO degrades PML/RARA through its PML moiety









ATRA

ATRA + Chemo

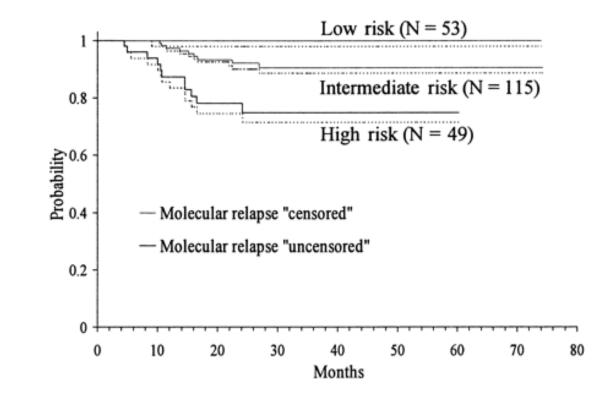
ATO

ATRA-ATO in No HR APL

ATRA-ATO +/- chemo in HR APL

## Risk-assessment, "Sanz-score"

- High risk: WBC >10.000/mm3
- Int risk:
  WBC< 10.000/mm3</p>
  Platelets <40.000/mm3</p>
- Low risk: WBC< 10.000/mm3 and Platelets >40.000/mm3









ATRA |

ATRA + Chemo

ATO

ATRA-ATO in No HR APL

ATRA-ATO +/- chemo in HR APL

#### APL0406 randomized trial for NON-high risk patients

# The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

JULY 11, 2013

VOL. 369 NO. 2

## Retinoic Acid and Arsenic Trioxide for Acute Promyelocytic Leukemia

F. Lo-Coco, G. Avvisati, M. Vignetti, C. Thiede, S.M. Orlando, S. Iacobelli, F. Ferrara, P. Fazi, L. Cicconi, E. Di Bona, G. Specchia, S. Sica, M. Divona, A. Levis, W. Fiedler, E. Cerqui, M. Breccia, G. Fioritoni, H.R. Salih, M. Cazzola, L. Melillo, A.M. Carella, C.H. Brandts, E. Morra, M. von Lilienfeld-Toal, B. Hertenstein, M. Wattad, M. Lübbert, M. Hänel, N. Schmitz, H. Link, M.G. Kropp, A. Rambaldi, G. La Nasa, M. Luppi, F. Ciceri, O. Finizio, A. Venditti, F. Fabbiano, K. Döhner, M. Sauer, A. Ganser, S. Amadori, F. Mandelli, H. Döhner, G. Ehninger, R.F. Schlenk, and U. Platzbecker for Gruppo Italiano Malattie Ematologiche dell'Adulto, the German–Austrian Acute Myeloid Leukemia Study Group, and Study Alliance Leukemia





Morphology Traitement Introduction **Epidemiology** Clinical Presentation Flow cytometry Practical considerations Cytogenetic Molecular

Anthracyclines

**ATRA** 

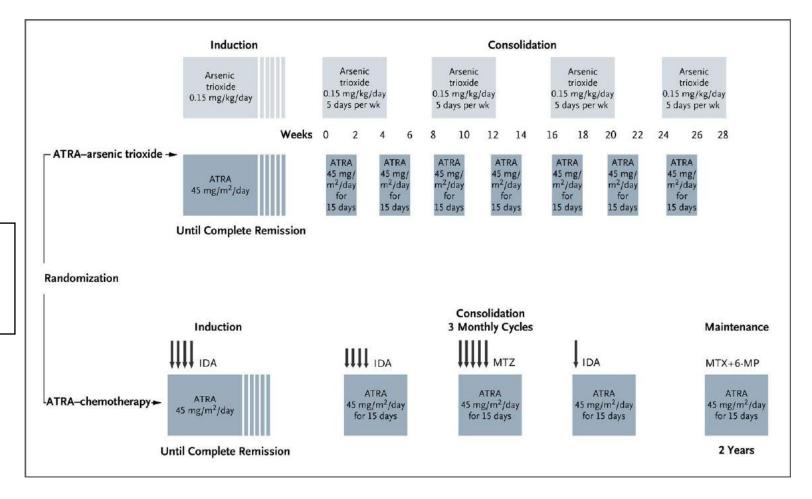
ATRA + Chemo

ATO

ATRA-ATO in No HR APL

ATRA-ATO +/- chemo in HR APL

#### APL0406 randomized trial for NON-high risk patients ATRA-ATO versus AIDA





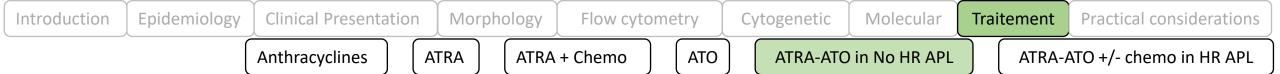
APL

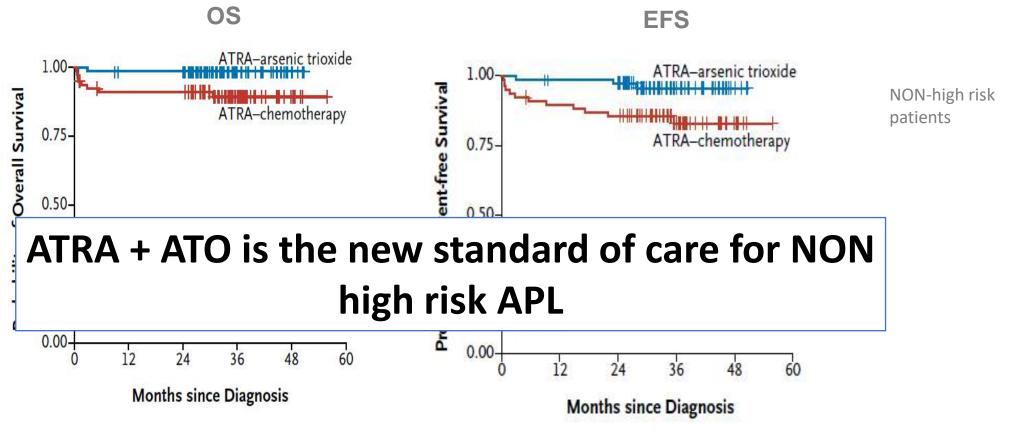
Low/intermediate Sanz

risk

 $(WBC \le 10 \times 10^9/L)$ 







ATRA + ATO is at least not inferior and may be superior to ATRA + CHT in the treatment of patients with low-to-intermediate-risk APL

Advantage in terms of EFS, relapse rate and OS at 50 mo in final analysis (276 pts)







ATRA

ATRA + Chemo

ATO

ATRA-ATO in No HR APL

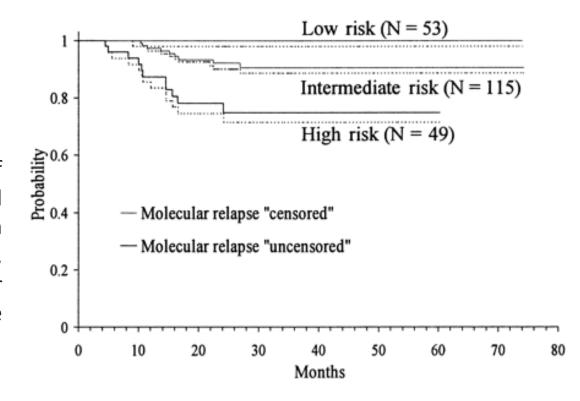
ATRA-ATO +/- chemo in HR APL

## Risk-assessment, "Sanz-score"

High risk: WBC >10.000/mm3

> Int risk:

Concerns about higher possibility of induction mortality due to increased risk of fluid overload, differentiation syndrome, respiratory failure, disseminated intravascular (DIC), coagulation and severe bleeding.









ATRA

ATRA + Chemo

ATO

ATRA-ATO in No HR APL

ATRA-ATO +/- chemo in HR APL

## All-trans-retinoic acid, idarubicin, and IV arsenic trioxide as initial therapy in acute promyelocytic leukemia (APML4)

Harry J. Iland, <sup>1,2</sup> Ken Bradstock, <sup>2,3</sup> Shane G. Supple, <sup>1</sup> Alberto Catalano, <sup>1</sup> Marnie Collins, <sup>4</sup> Mark Hertzberg, <sup>2,3</sup> Peter Browett, <sup>5</sup> Andrew Grigg, <sup>6,7</sup> Frank Firkin, <sup>7,8</sup> Amanda Hugman, <sup>1</sup> John Reynolds, <sup>4</sup> Juliana Di Iulio, <sup>4</sup> Campbell Tiley, <sup>9,10</sup> Kerry Taylor, <sup>11</sup> Robin Filshie, <sup>7,8</sup> Michael Seldon, <sup>10,12</sup> John Taper, <sup>13</sup> Jeff Szer, <sup>6,7</sup> John Moore, <sup>14,15</sup> John Bashford, <sup>16</sup> and John F. Seymour, <sup>4,7</sup> for the Australasian Leukaemia and Lymphoma Group

Table	<ol> <li>Component</li> </ol>	s of the API	ML4 protocol
-------	-------------------------------	--------------	--------------

Induction	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
ATRA	45 mg/m²/d PO	Days 1-36 in divided doses
Idarubicin	12 mg/m²/d IV (ages 1-60)	Days 2, 4, 6, and 8
	9 mg/m²/d IV (ages 61-70)	
	6 mg/m²/d IV (ages > 70)	
ATO	0.15 mg/kg/d IV	Days 9-36 as a 2-hour IV infusion
		Supplemental potassium and magnesium as required to maintain
		serum levels in the upper half of the respective normal ranges
Prednisone	1 mg/kg/d PO	Days 1-10 or until WBC count falls below 1 × 10°/L or until
		resolution of differentiation syndrome (whichever occurs last)
Hemostatic support	Products administered once or twice	Platelets > 30 × 10 <sup>9</sup> /L
	daily as required to achieve specified targets	Normal prothrombin time
		Normal activated partial thromboplastin time
		Fibrinogen > 1.5 g/L
Consolidation cycle 1 (3-4 wks after		
the end of induction)		
ATRA	45 mg/m²/d PO	Days 1-28
ATO	0.15 mg/kg/d IV	Days 1-28
Consolidation cycle 2 (3-4 wks after		
the end of consolidation cycle 1)		
ATRA	45 mg/m²/d PO	Days 1-7, 15-21, 29-35
ATO	0.15 mg/kg/d IV	Days 1-5, 8-12, 15-19, 22-26, 29-33
Maintenance: 8 cycles (3-4 wks after		
the end of consolidation cycle 2)		
ATRA	45 mg/m²/d PO	Days 1-14
MTX	5-15 mg/m²/wk PO	Days 15-90
6MP	50-90 mg/m²/d PO	Days 15-90

PO indicates oral administration.





Introduction | Epidemiology | Clinical Presentation | Morphology | Flow cytometry | Cytogenetic | Molecular | Traitement | Practical considerations

Anthracyclines

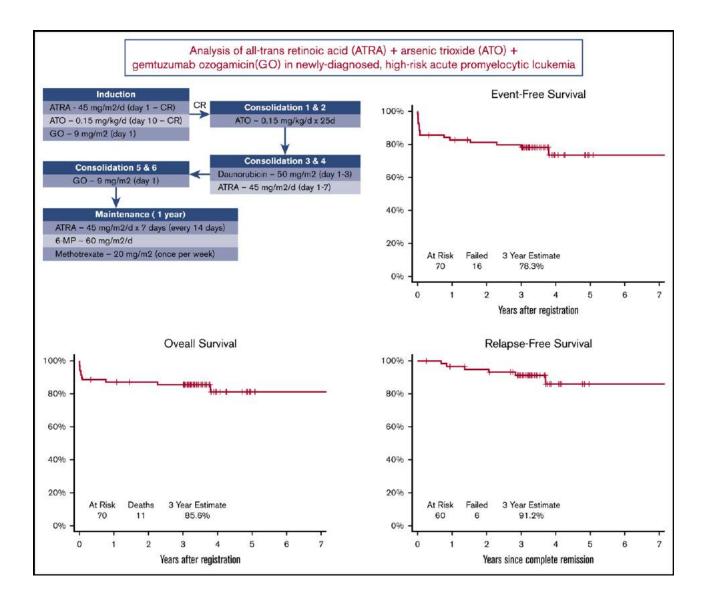
ATRA

ATRA + Chemo

ATO

ATRA-ATO in No HR APL

ATRA-ATO +/- chemo in HR APL







Introduction | Epidemiology | Clinical Presentation | Morphology | Flow cytometry | Cytogenetic | Molecular | Traitement | Practical considerations

Anthracyclines

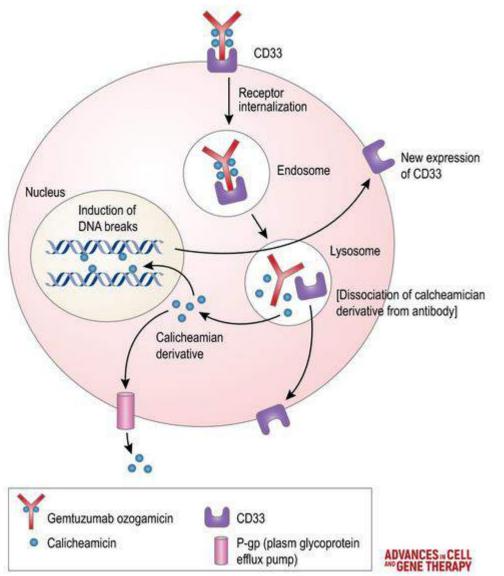
ATRA

ATRA + Chemo

ATO

ATRA-ATO in No HR APL

ATRA-ATO +/- chemo in HR APL



Gemtuzumab Ozogamicin

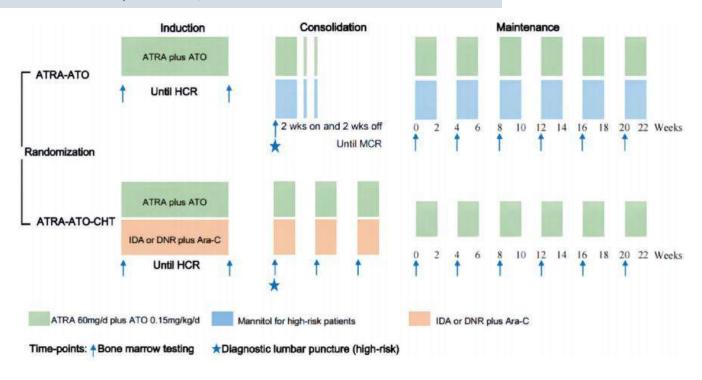


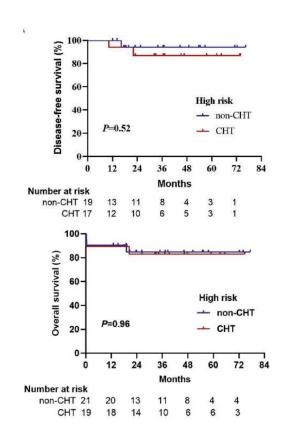










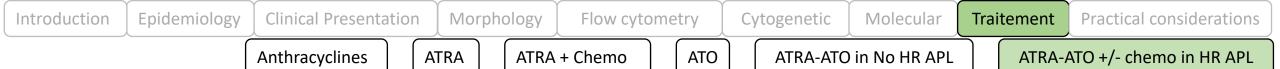


ATRA and ATO without CHT or GO was effective and safe for all-risk APL, suggesting that chemotherapy may be unnecessary for high-risk patients

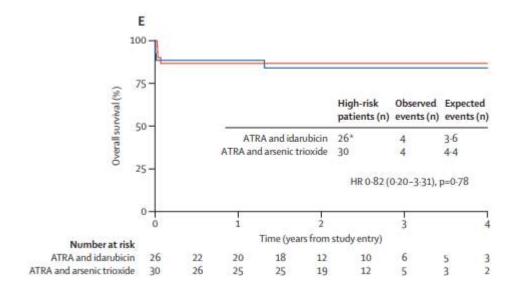








Arsenic trioxide and all-trans retinoic acid treatment for acute promyelocytic leukaemia in all risk groups (AML17): results of a randomised, controlled, phase 3 trial



ATRA and ATO is a feasible treatment in low-risk and high-risk patients with acute promyelocytic leukaemia, with a high cure rate and less relapse than, and survival not different to ATRA and idarubicin with a low incidence of liver toxicity.

NSTITUT

INSTITUUT

JULES BORDET

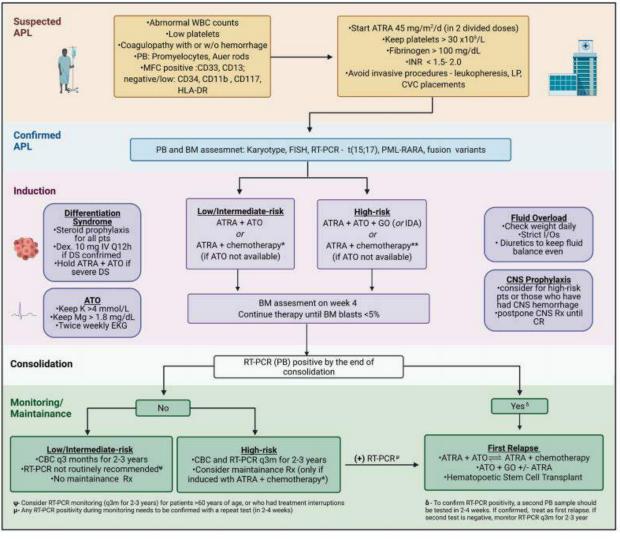


Introduction | Epidemiology | Clinical Presentation | Morphology | Flow cytometry | Cytogenetic | Molecular | Traitement | Practical considerations

1st LINE – Classic APL

2<sup>nd</sup> line – Classic APL

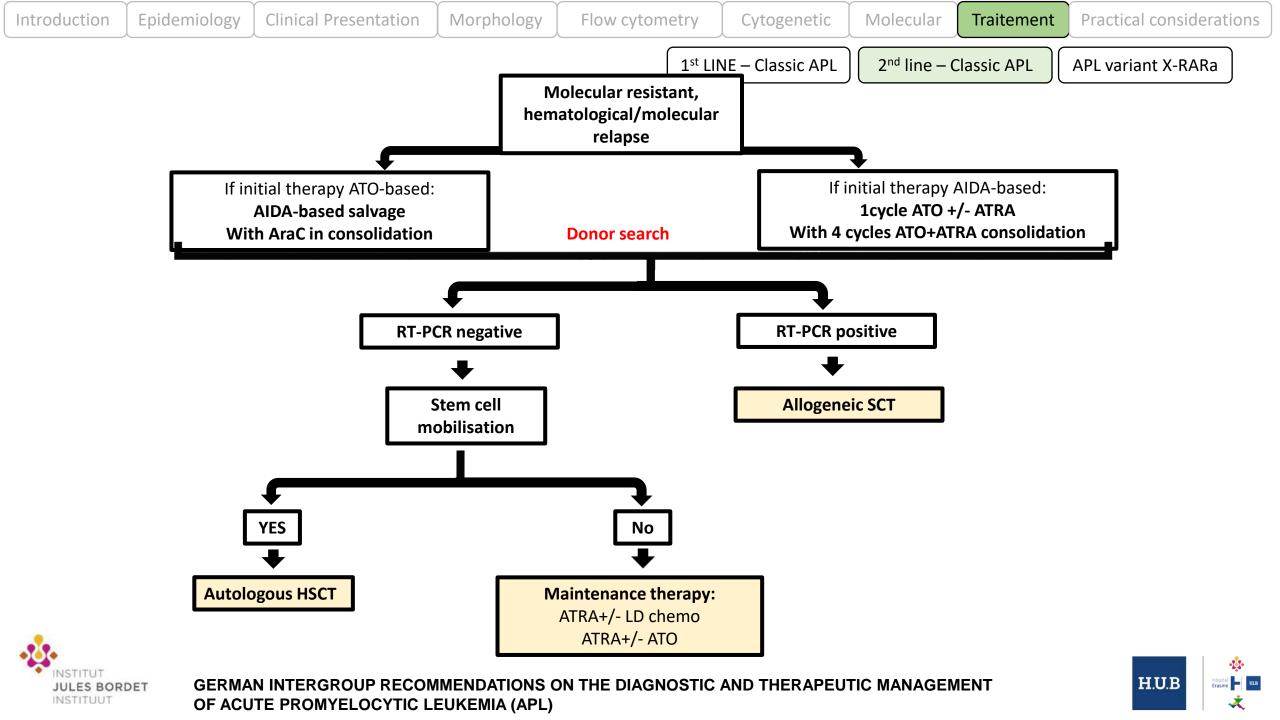
APL variant X-RARa



- ATRA should be started as soon as APL is suspected
- Correct coagulation and avoid invasive procedures
- ATO or chemotherapy may be delayed until the genetic diagnosis is confirmed
- Confirm diagnosis with cytogenetic/molecular biology analysis
- Treat according to disease prognostic risk
- CNS prophylaxis in selected patients, after the achievement of CR







Introduction | Epidemiology | Clinical Presentation | Morphology | Flow cytometry | Cytogenetic | Molecular

1st LINE – Classic APL

2<sup>nd</sup> line – Classic APL

Traitement

APL variant X-RARa

Practical considerations

### X-RARs fusions identified in APL: APL Variant

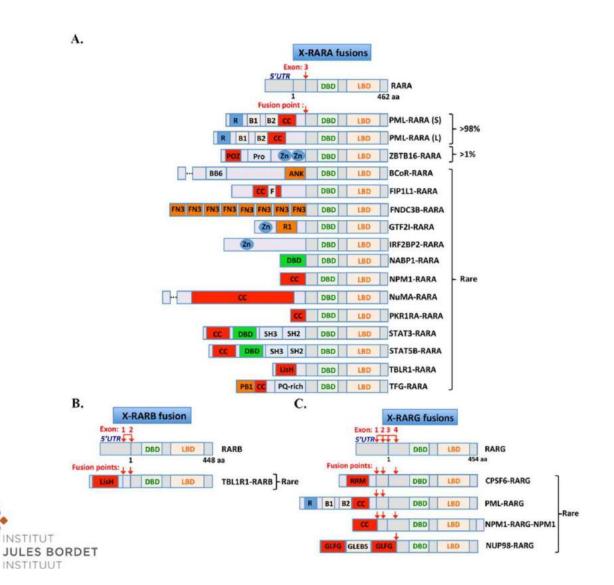


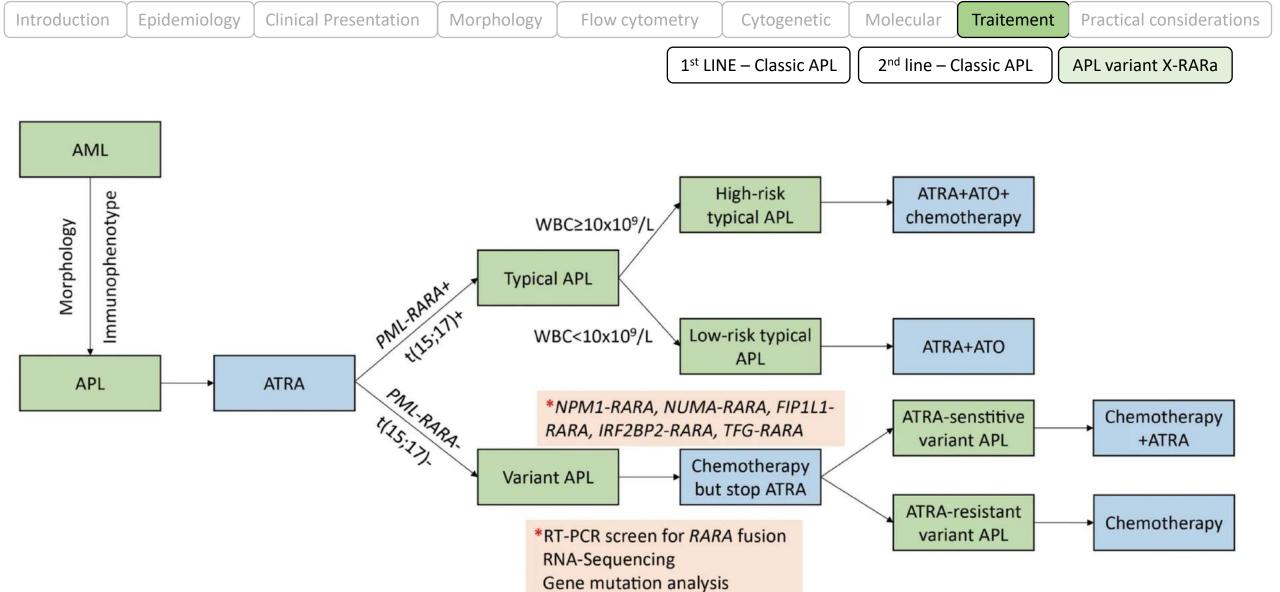
Table 2. ATRA/ATO therapy response for X-RARs fusions.

<b>Fusion Protein</b>	ATRA Response	ATO Response	Blast Decrease	Blast Differentiation	Self-Renewal of Bone Marrow
X-RARA					
PML-RARA	Sensitive	Sensitive	Yes	Yes	Yes
ZBTB16-RARA *	Resistant	Resistant	Yes	Yes	No
BCoR-RARA	Resistant	Resistant	ND	Yes a	ND
FIP1L1-RARA	Sensitive a	ND	Yes a	Yes a	Yes <sup>a</sup>
FNDC3B-RARA	Uncertain	ND	No	Yes a	No
GTF2I-RARA	Resistant	Resistant	No	No	No
IRF2BP2-RARA	Likely	Resistant	No	Yes <sup>a</sup>	Yes a
NABP1-RARA *	Uncertain	ND	No	Yes	ND
NPM1-RARA	Sensitive	ND	Yes	Yes	Yes
NuMA-RARA	Likely	ND	ND	Yes	ND
PRKAR1A-RARA	Uncertain	Uncertain	ND	Yes	ND
STAT3-RARA	Resistant	Resistant	No	No	ND
STAT5b-RARA	Resistant	Resistant	No	No	No
TBLR1-RARA	Resistant	Resistant	No	No	No
TFG-RARA	Sensitive	ND	Yes	ND	Yes
X-RARB				7 1 1 1 7 1	
TBLR1-RARB	Resistant	ND	No	No	No
X-RARG					
CPSF6-RARG	Resistant	Resistant	No	No	No
NPM1-RARG-NPM1	Resistant	Resistant	No	No	No
NUP98-RARG	Resistant	Resistant	No	No	No
PML-RARG	Resistant	ND	ND	No	ND

<sup>\*</sup> ZBTB16-RARA (PLZF-RARA); NABP1-RARA (OBFC2A/RARA). ND: Non-determined; <sup>a</sup> (in 1 case). Uncertain: ATRA treatment combined with additional chemotherapy and/or stem cell transplantation.













### **Practical considerations**

- 1. ATRA
- 2. ATO
- 3. Coagulopathy
- 4. Leukocytosis
- 5. Differentiation syndrome





**ATRA** 

- Vitamine A- metabolite
- FAT soluble Oral administration with meals.
- 45 mg/m2 in two equally divided doses.

- Leukocytosis, Differentiation syndrome, pseudotumor cerebri
- Common adverse events: fatigue, headache, fever, dermatitis, nasal stuffiness, hepatitis.
- Interactions: i.e. posaconazole





Introduction | Epidemiology | Clinical Presentation | Morphology | Flow cytometry | Cytogenetic | Molecular | Traitement | Practical considerations

ATRA

ATO

Coagulopathy

Leukocytosis

Differentiation Syndrome

**ATRA** 

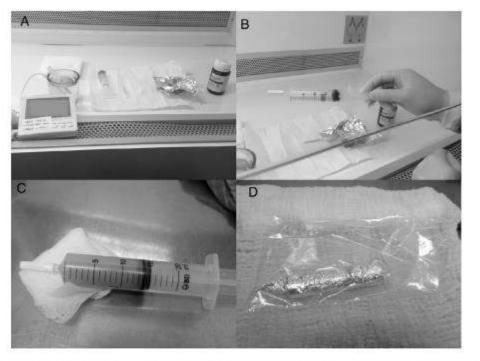


Figure 1 – Process to manipulate all-trans retinoic acid (ATRA). (A) Materials: gown, gloves, class II-B2 biological safety cabinet, thermometer, 20-mL syringe, luer lock or other available syringe/lock system, light protection (e.g.: aluminum foil or other effective system), distilled water heated to 40 °C and ATRA. (B) Syringe filled with 5-10 mL of heated distilled water with ATRA and air space for effective mixing. (C) Final product after vigorous shaking. (D) ATRA protected from the light.





ATRA

OT

Coagulopathy

Leukocytosis

Differentiation Syndrome

## Pseudotumor cerebri (ATRA)

Idiopathic intracranial hypertension

More common in children than adults

ATRA can induce the production of cerebrospinal fluid and inhibits its reabsorption

15% of pediatric patients

#### Clinical feature

Headache, papilledema, and/or vision loss.

**Elevated ICP** 

Normal CSF composition.

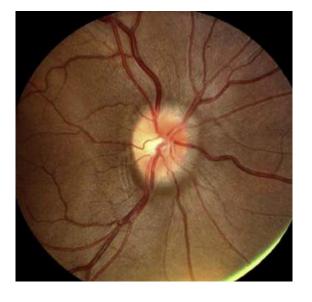
Negative CT/MRI

Papilledema is common

#### **Treatment**

Lumbar puncture

Temporary discontinuation ATRA, steroids, Acetazolamide

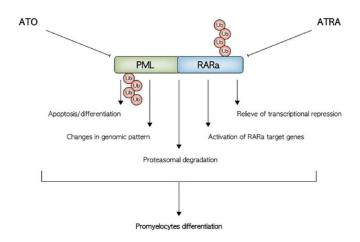






**ATC** 

- 0.15 mg/Kg IV over 2 hours in induction
- Peripheral line
- Oral formulation available in China
- ATO should be restricted to cases confirmed to be PML/RARA



 Adverse events: QT prolongation, Leukocytosis, Differentiation Syndrome, hepatitis, neuropathy





Introduction Epidemiology Clinical Presentation Morphology Flow cytometry Cytogenetic Molecular Traitement **Practical considerations** 

ATRA

**ATO** 

Coagulopathy

Leukocytosis

**Differentiation Syndrome** 

QTc monitoring and adaptation according to protocol

>450 msec for men and >460 msec for women: stop ATO and other QT prolonging drugs.

Once QTc normalized, resume ATO at 50% dose for the first 7 days, and then if no further prolongation occurred progressively escalate to standard dose in two weeks.

### DON'T USE BAZETT FORMULA

Bazett correction tends to overestimate true corrected QT

- Eletrolytic disturbances: keep the serum potassium > 4.0 mEq/L and serum magnesium > 0.8 mmol/l
- Pay attention to drugs that can prolong QT- posaconazole; ondasentron; fluoroquinolones.....







**ATRA** 

**ATO** 

Coagulopathy

Leukocvtosis

**Differentiation Syndrome** 

# Coagulopathy

- Start ATRA (ATRA downregulates both TF and CP, highly expressed by APL blasts)
- Fibrinogen/platelets/fresh frozen plasma to maintain:

Fibrinogen> 100-150 mg/dl

Platelets > 30000-50000/mcl

INR< 1.5

- Heparin, tranexamic acid → No benefit
- Avoid invasive procedures due to bleeding risk (lumbar puncture, central venous line) placement...)
- Monitor coagulation until normalisation





Epidemiology Morphology **Practical considerations** Introduction Clinical Presentation Flow cytometry Cytogenetic Molecular Traitement

**ATRA** 

**ATO** 

Coagulopathy

Leukocytosis

Differentiation Syndrome

## Leukocytosis

Cytoreductive chemotherapy should be started without delay

- Possibilities:
  - idarubicin or daunorubicin alone or combined with cytarabine
  - GO
  - Hydroxycarbamide
- Leukapheresis should be avoided due to risk of precipitating fatal hemorrhage
- Prophylactic corticosteroids can be given, which may reduce the risk of APL differentiation syndrome Methylprednisolone 0.5 mg/kg





Introduction Epidemiology Clinical Presentation Morphology Flow cytometry Cytogenetic Molecular Traitement Practical considerations

ATRA

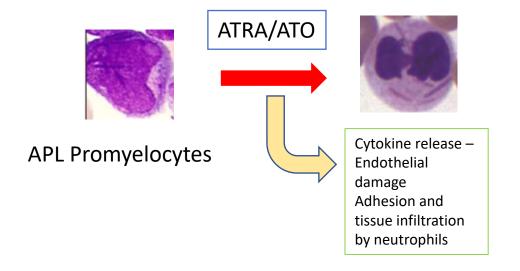
АТО

Coagulopathy

Leukocytosis

Differentiation Syndrome

### Differentiation syndrome



#### Clinical features

Fever ≥ 38° C
Weight gain > 5 kg
Hypotension
Dyspnoea
Radiographic opacities
Pleural or pericardial effusion
Acute renal failure

#### Grading of DS severity:

Severe: ≥ 4 features Moderate: 3 features Indeterminate: 1–2 features

#### Treatment of presumed APL DS:

#### Start empiric treatment

Dexamethasone 10 mg every 12 h

If no improvement within 24 h: increase frequency to every 6 h

Stop/taper once complete relief of signs/symptoms

#### +

#### What to do with ATRA/ATO?

Hold: if severe DS OR no response to dexamethasone OR organ failure present and admission to ICU needed

Restart: once severe DS AND any organ failure resolved



#### Aggressive supportive care measures

(based on clinical features present)
Oxygenation/mechanical ventilation
Fluid management/renal replacement therapy
Management of coagulopathy



#### Rule out "mimickers" AND consider empiric treatment

(based on clinical features present)
Infection/Sepsis
Pulmonary embolus
Diffuse alveolar haemorrhage
Congestive heart failure
Anaphylactic reaction to drugs
Other causes of acute renal failure

- 25% of patients
- Associated with high white blood cells, poor PS and hypoalbuminemia
- An increase of WBC levels above 10000 /mcl after treatment initiation with ATRA and/or ATO should be interpreted as a sign of ATRA/ATO-induced differentiation and should not lead to reclassification of the patient as having high-risk disease







## Take Home Messages

- APL is a medical emergency
- If you suspect APL, ask for PML/RARα FISH/PCR and START ATRA
- Treat coagulopathy aggressively and avoid invasive procedures
- Chemo-free approach SOC in non high risk patients and in high risk?
- Morphological variant (macro versus microgranular) ≠ Molecular variant (X-RARα)
- Special adverse events with ATRA ATO to be aware of





### Leukemia and Bone Marrow Transplantation Team

Pr Sebastian Wittnebel

Dr Fabio Andreozzi

Dr Sarah Buntinx

Pr Philippe Lewalle

Dr Adriano Salaroli

Dr Chloé Spilleboudt







CONTACT

F. Andreozzi

fabio.andreozzi@hubruxelles.be

+32 2 5413668