



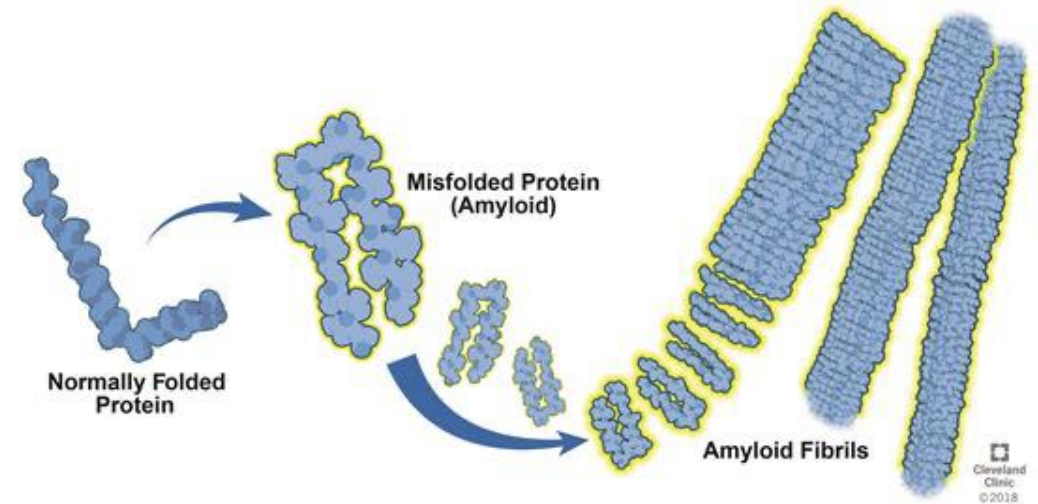
Amyloidosis

Isabelle Vande Broek



Defining Systemic Amyloidosis

- Protein misfolding disorder
- Amyloid = highly organized protein fibrils, insoluble and degradation-resistant
- Extracellular deposition of amyloid leads to organ dysfunction
- To date, 36 different proteins have been identified as amyloidogenic; at least 14 of them can cause systemic disease



PATHOGENESIS

Normal proteins, when produced in **abnormal numbers**

Production of normal amounts of **mutant proteins**

Acquired mutation

↓
Monoclonal B lymphocyte proliferation

↓
Increased plasma cells



↓
Immunoglobulin light chains

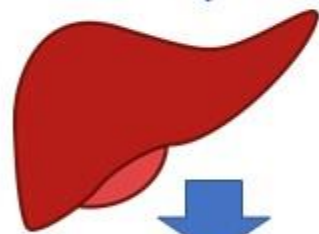
↓
Incomplete proteolysis

↓
AL protein

Chronic Inflammation

↓
Macrophages activation

↓
IL1 & IL6



↓
Increased **SAA protein**

↓
Incomplete proteolysis

↓
AA protein

Eg : Transthyretin (TTR)

Mutation

↓
Mutant TTR

↓
Aggregation

↓
ATTR protein

AMYLOIDOSIS

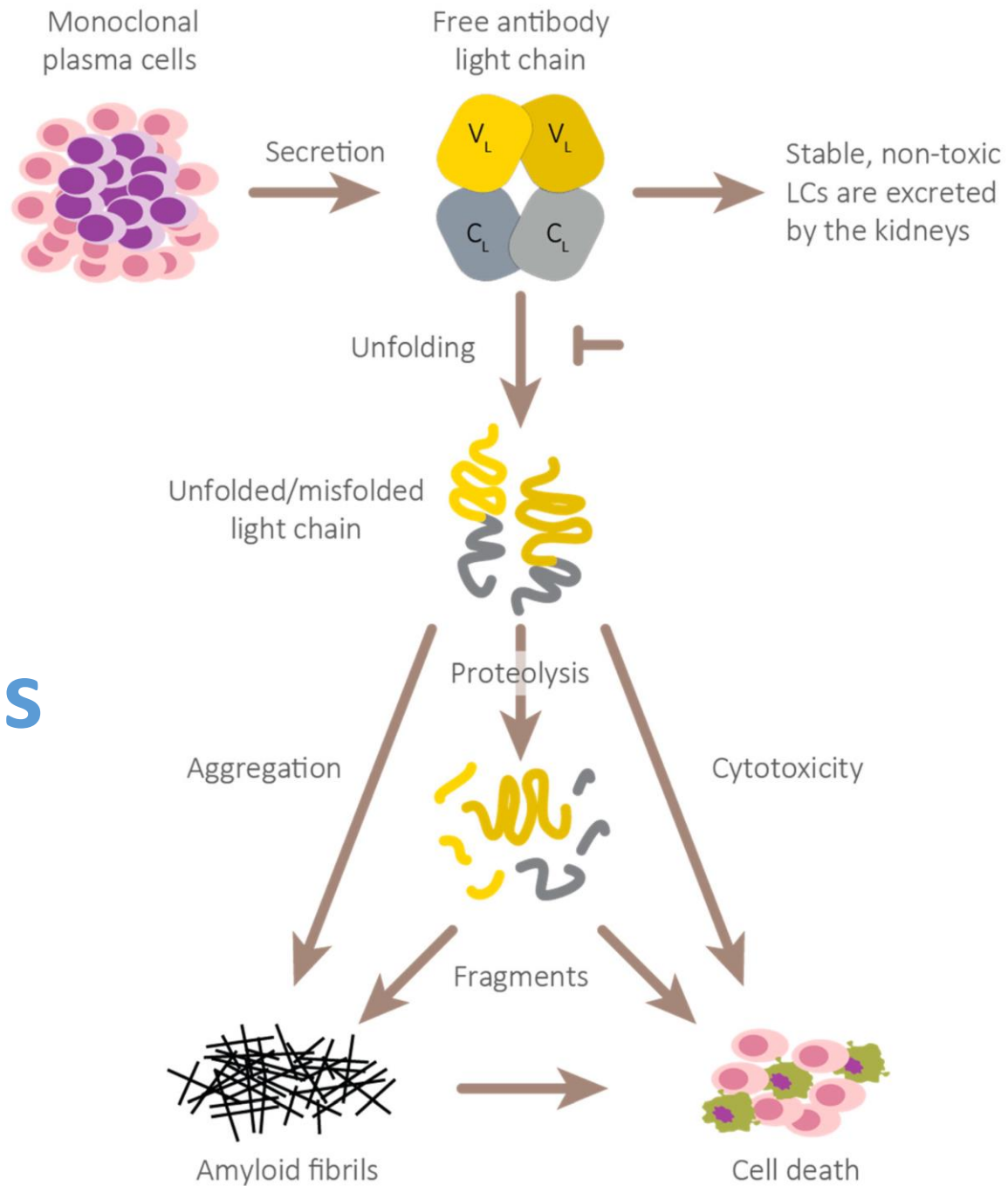
TABLE 1. Classification of the Most Common Amyloidoses

Type of amyloidosis	Precursor protein component	Clinical presentation
AL ^a (previously referred to as primary amyloidosis)	κ or λ immunoglobulin light chain	Systemic or localized; see text
AH	γ, μ, α, δ, ε immunoglobulin heavy chain	Systemic or localized; see text
ATTR		
Wild-type ATTR ^b (age-related amyloidosis)	Normal transthyretin	Restrictive cardiomyopathy; carpal tunnel syndrome Lumbar spinal stenosis Biceps tendon rupture
Variant ATTR ^b (also referred to as hereditary ATTR)	Mutant transthyretin	Polyneuropathy phenotype, cardiomyopathy phenotype, and mixed phenotype; leptomeningeal involvement; vitreous opacities
AA (previously referred to as secondary amyloidosis)	Serum amyloid A	Renal presentation most common; associated with chronic inflammatory conditions; underlying disease is typically acquired, but hereditary in case of familial periodic fever syndromes
ALECT2	Leukocyte chemotactic factor 2	Acquired; renal or liver presentation
Aβ2M	β ₂ -microglobulin	Acquired in patients on long-term dialysis; carpal tunnel syndrome, large joint arthropathy
AApoA-IV	Apolipoprotein A-IV	Acquired; renal or cardiac amyloidosis
Rare hereditary amyloidosis types		
AGel; also known as familial amyloidosis, Finnish type	Gelsolin	Triad of corneal lattice dystrophy, facial nerve paralysis, and cutis laxa
AFib	Fibrinogen α-chain	Usually renal presentation
ALys	Lysozyme	Sicca syndrome, renal dysfunction, liver or spleen rupture, gastrointestinal ulcers
AApoA-I	Apolipoprotein A-I	Mutation-dependent, can affect various organs
AApoA-II	Apolipoprotein A-II	Renal amyloidosis
AApoC-II	Apolipoprotein C-II	Renal amyloidosis
AApoC-III	Apolipoprotein C-III	Renal amyloidosis, sicca syndrome

^aAL/AH amyloidosis is the only form of amyloidosis that is secondary to a clonal plasma cell disorder. AL amyloidosis can be associated with multiple myeloma or more rarely with other B-cell-secreting disorders.

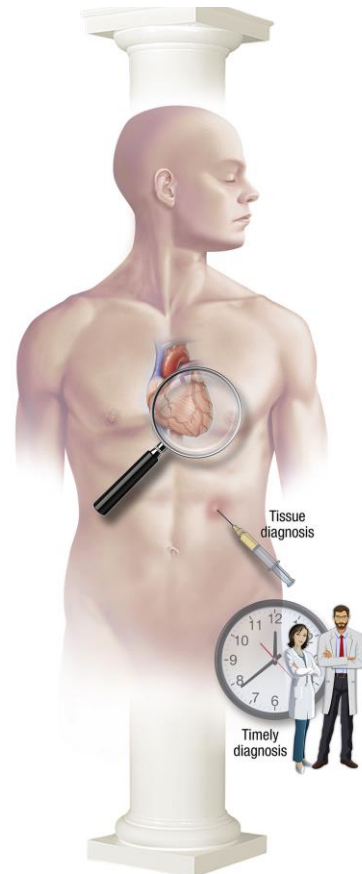
^bTTR refers to transthyretin, previously known as prealbumin.

AL amyloidosis



How we diagnose & manage AL amyloidosis : 3 fundamental pillars to improve outcome

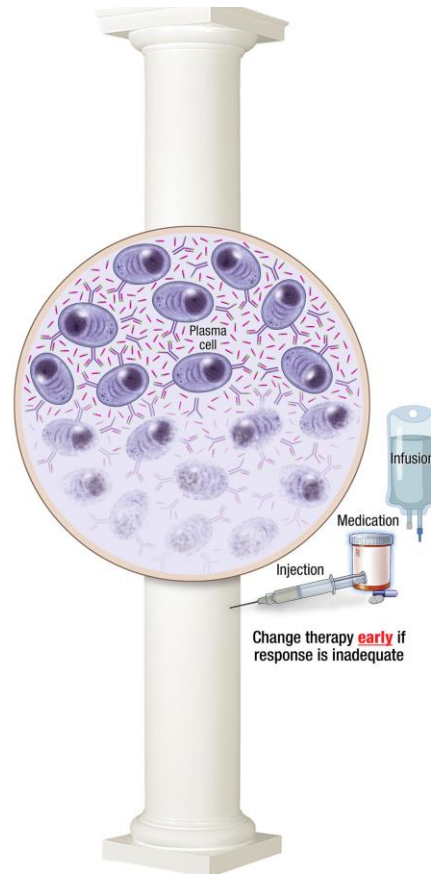
EARLY RECOGNITION



©MAYO CLINIC

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ANTI-PLASMA CELL THERAPY



SUPPORTIVE CARE



Cibeira et al. Blood 2011
Muchtar et al. Br J Haematol 2019
Sidana et al. Am J Hematol 2019

Management of amyloidosis

Pillar 1 : Early recognition

Early recognition is important to avoid further organ damage

Recognition of amyloidosis = CHALLENGE

< non – specific symptoms

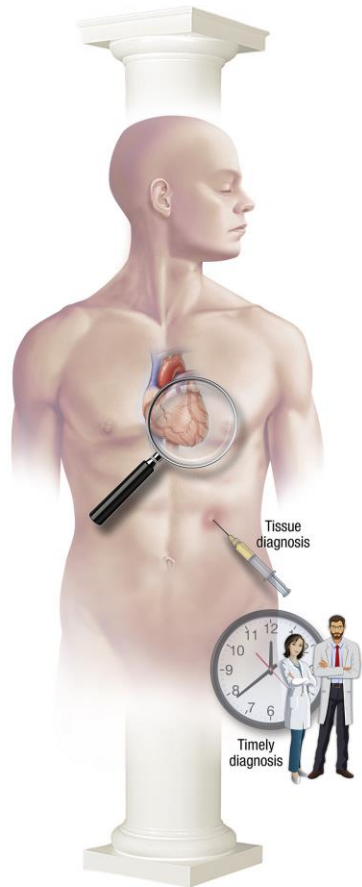
< heterogeneity in presentation

Many specialists can be involved

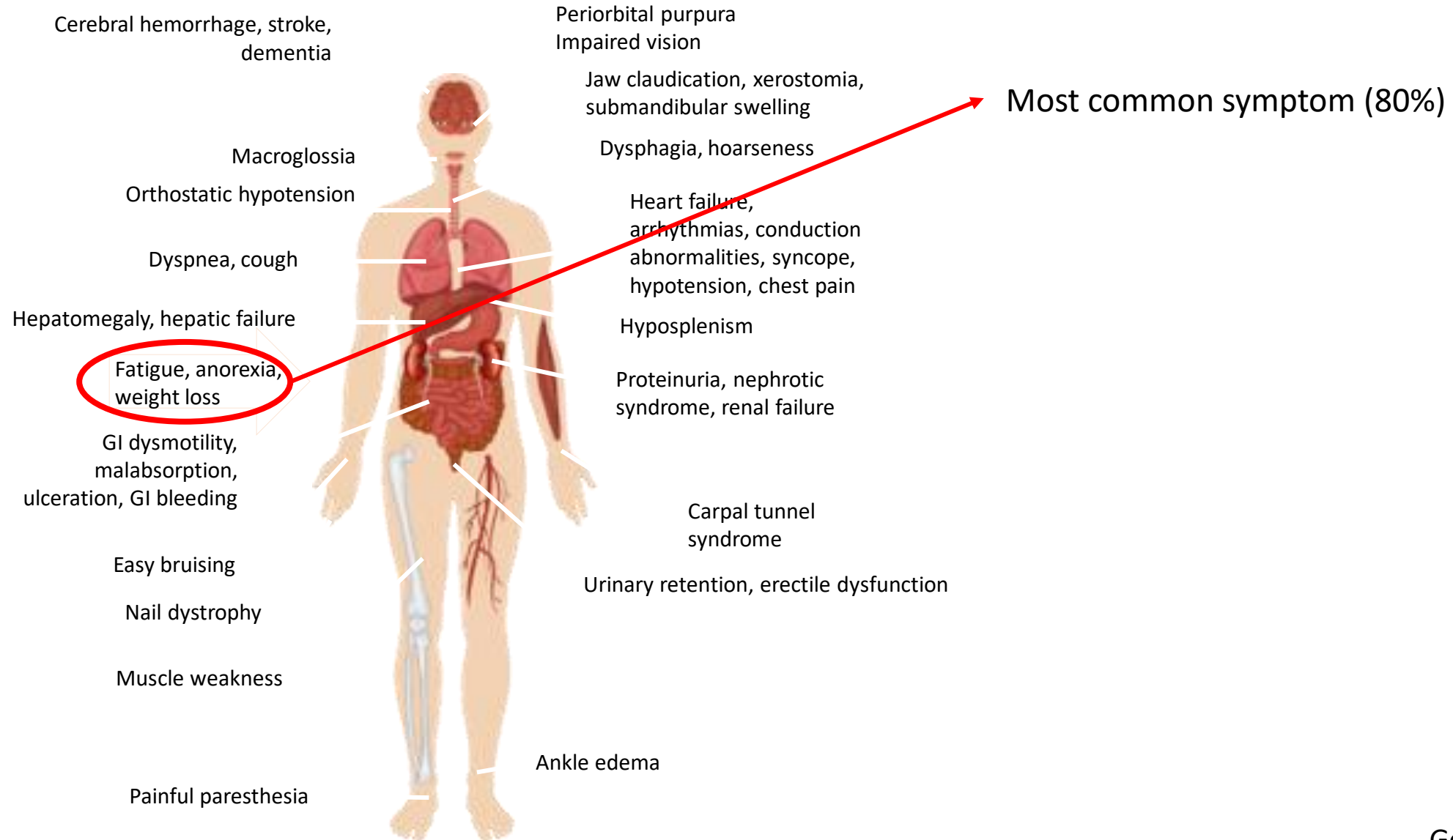
FACTS :

- Median time from symptom onset to diagnosis = 6-12 m
- 3-4 physicians visited before diagnosis is established
- Misdiagnosis = not uncommon.

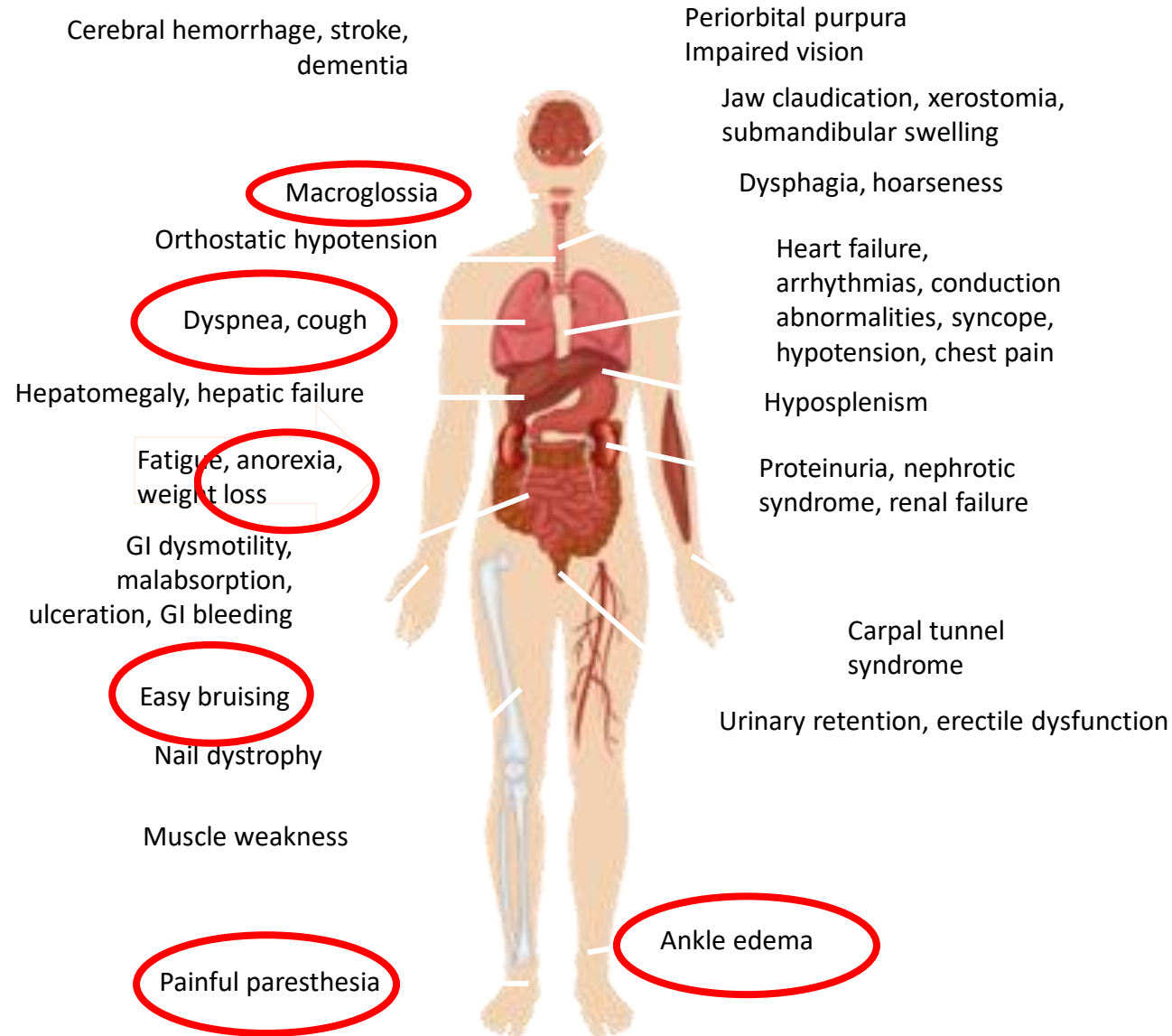
Further contributes to diagnosis delay !



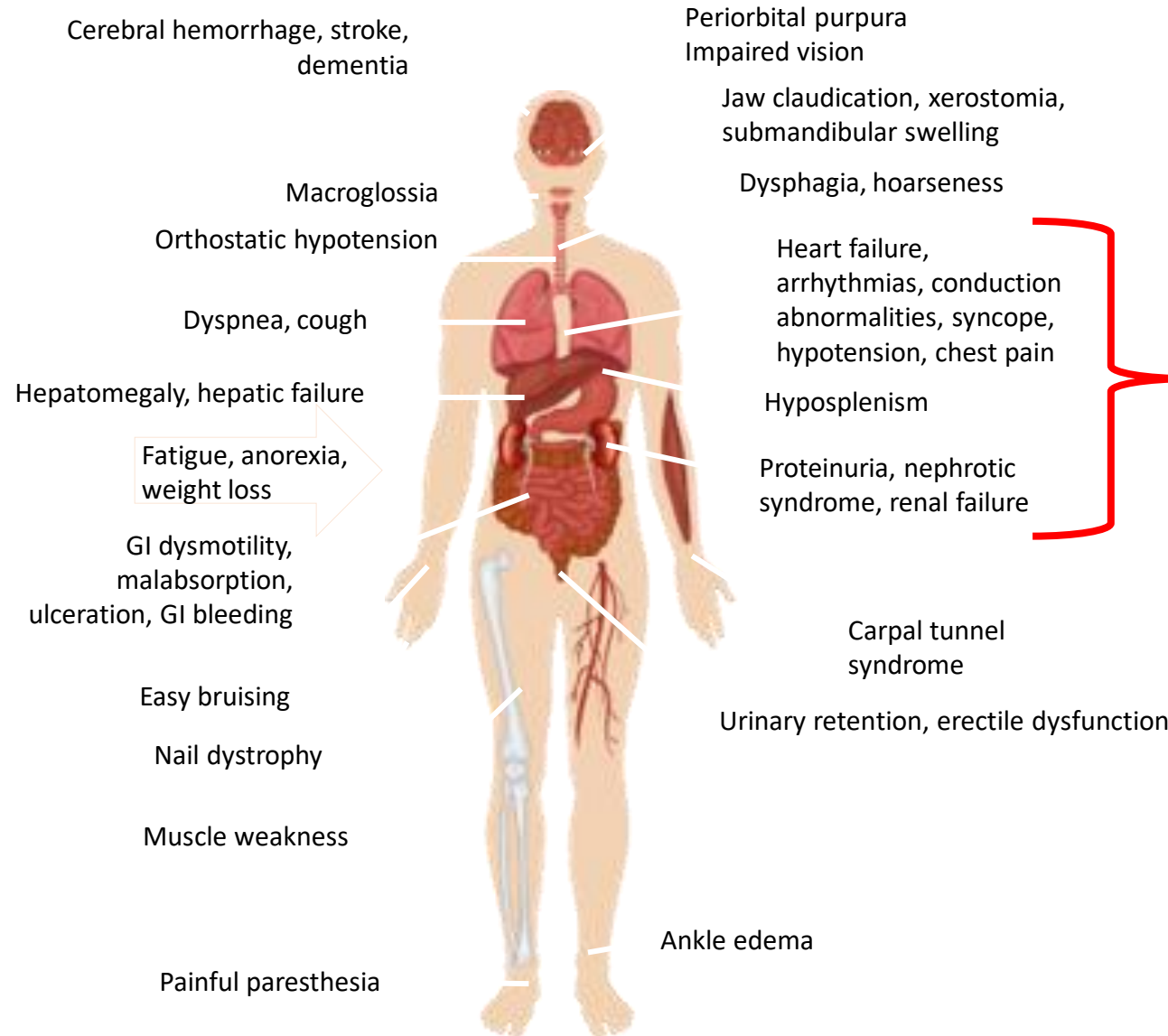
Presentation and Organ involvement



Presentation and Organ involvement



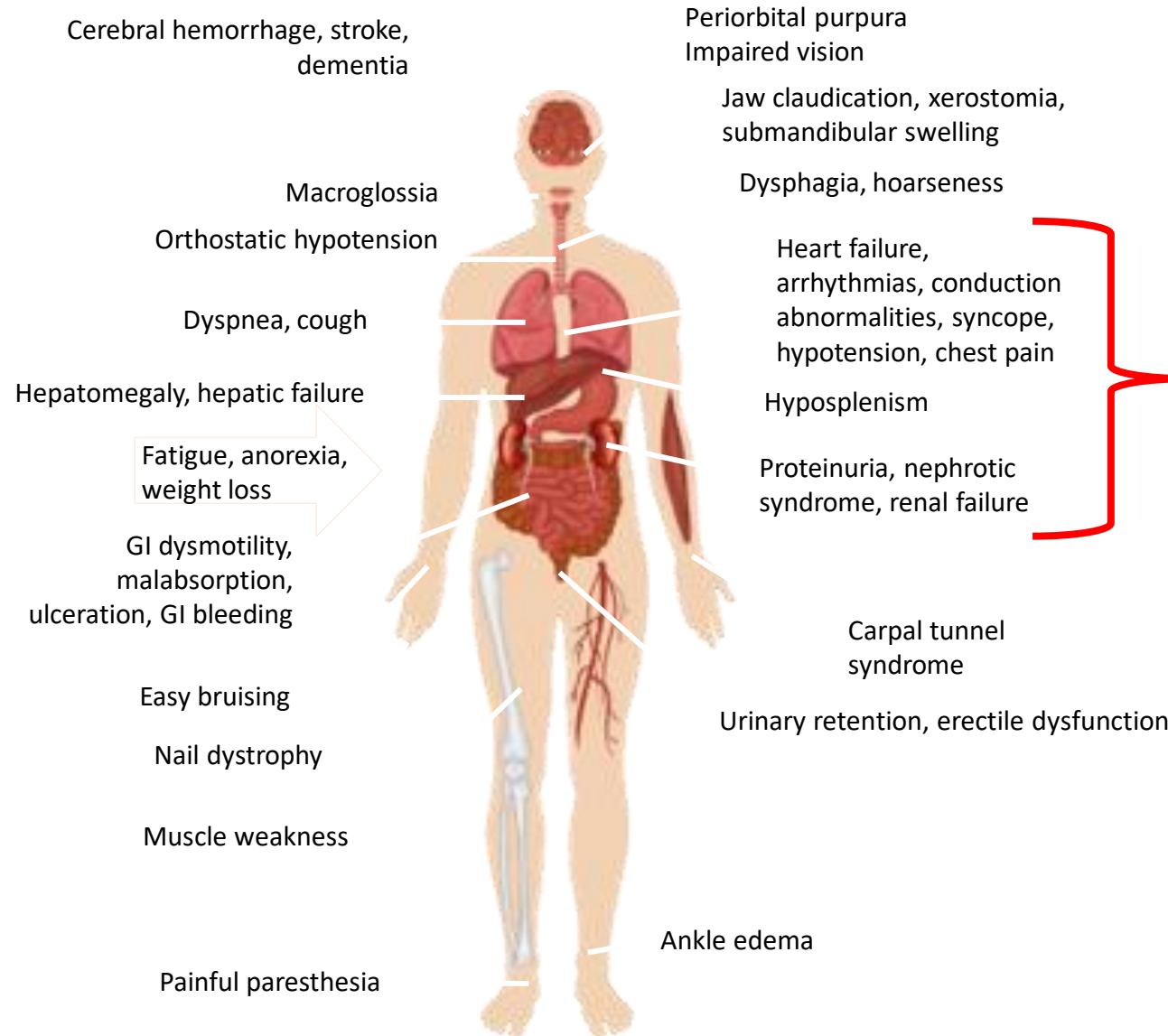
Presentation and Organ involvement



Most common involved organs (60-80% of patients):

- Heart
- Kidneys

Presentation and Organ involvement

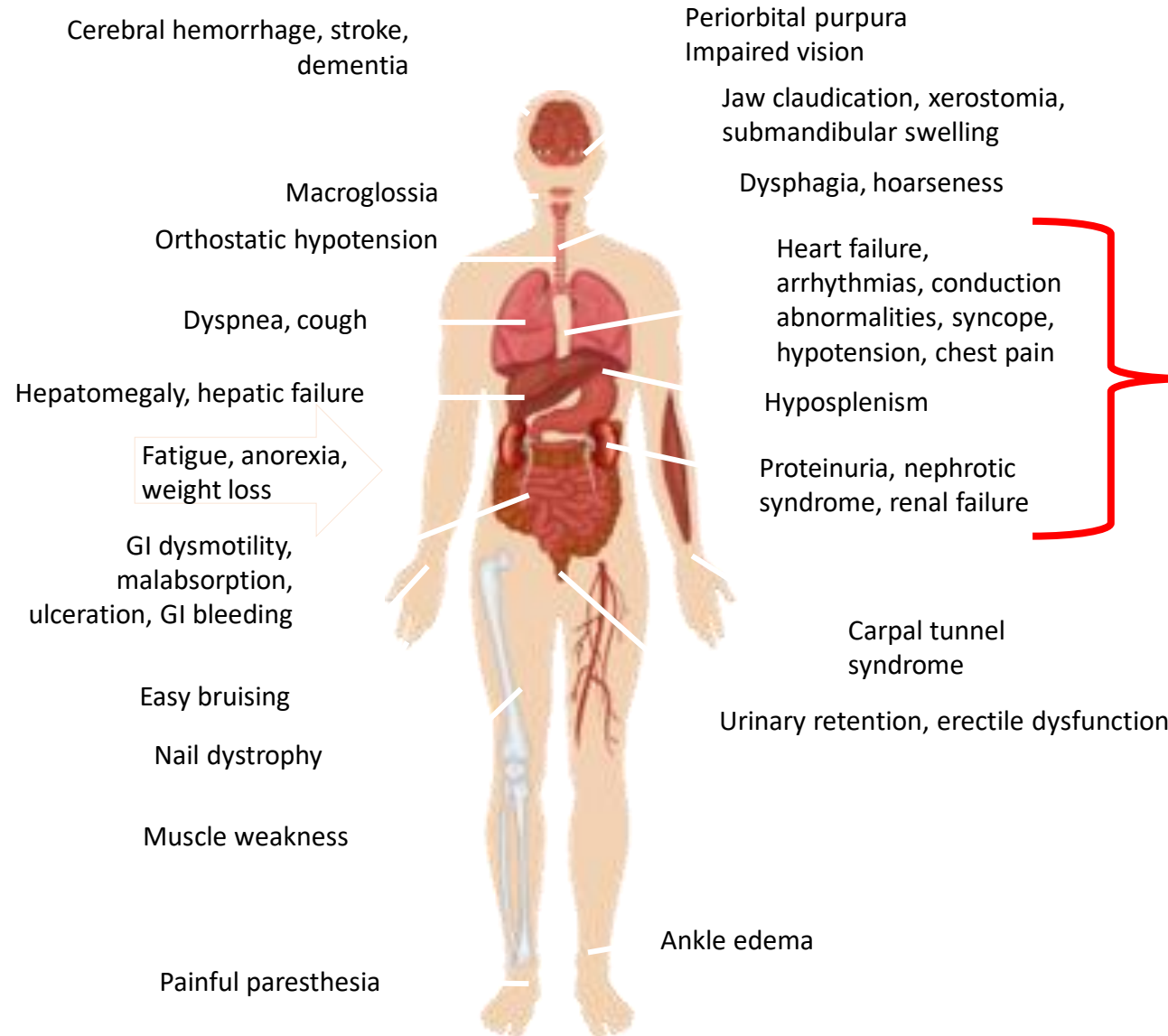


Most common involved organs (60-80% of patients):

Heart

- Typical echocardiographic findings
 - ✓ Thickened heart walls
 - ✓ Restrictive filling pattern
- Elevated soluble cardiac biomarkers (Troponin & NatriumProBNP)

Presentation and Organ involvement

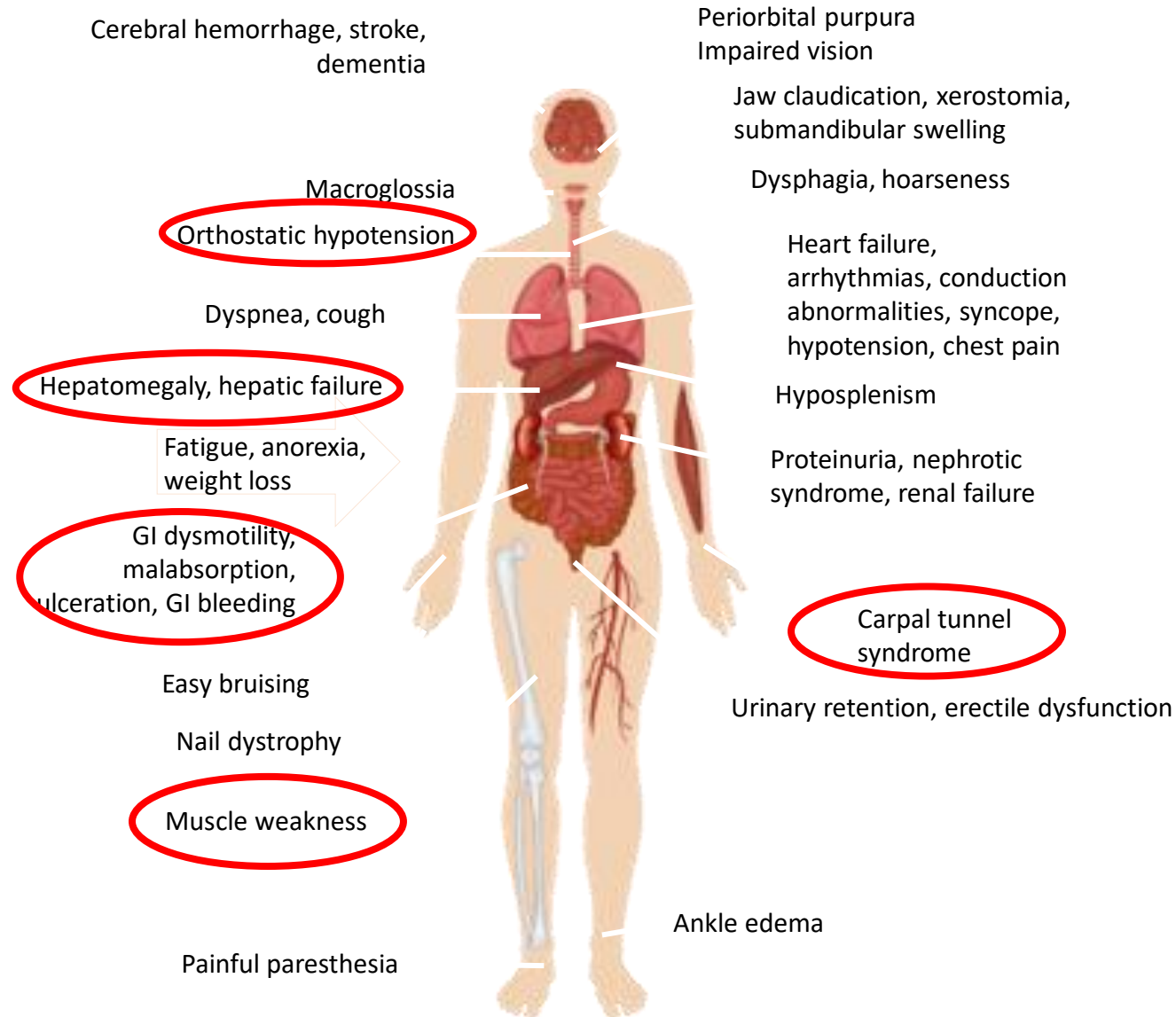


Most common involved organs (60-80% of patients):

Kidneys

- Proteinuria
- With or without renal failure

Presentation and Organ involvement



Other organs involved :

Nerve system (peripheral, autonomic)

Liver

Gastro intestinal tract

Muscles / Joints

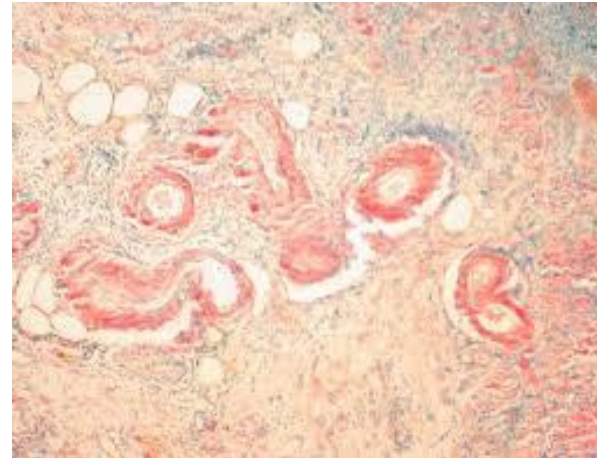
Clotting factor deficiencies (ex fX)

Skin

(spleen, lungs)

Diagnosis of AL Amyloidosis

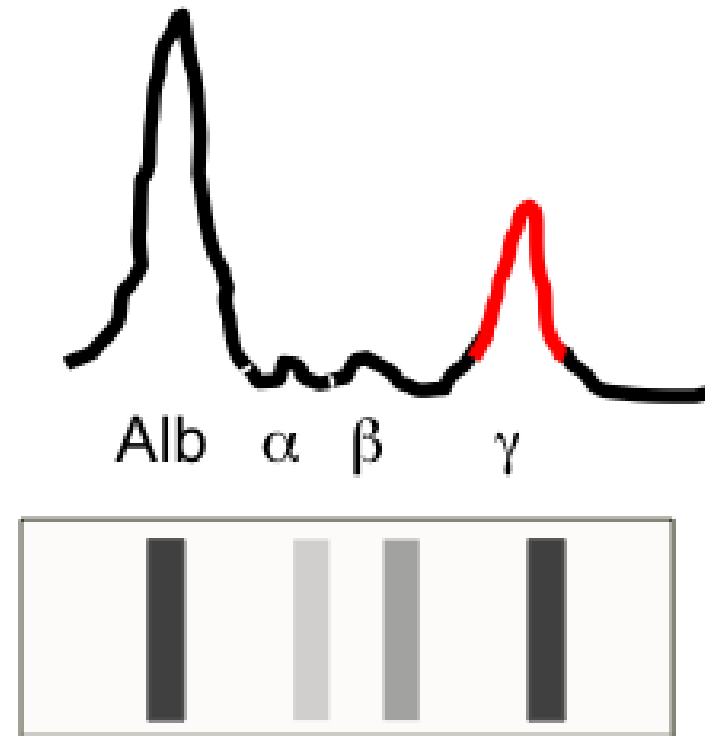
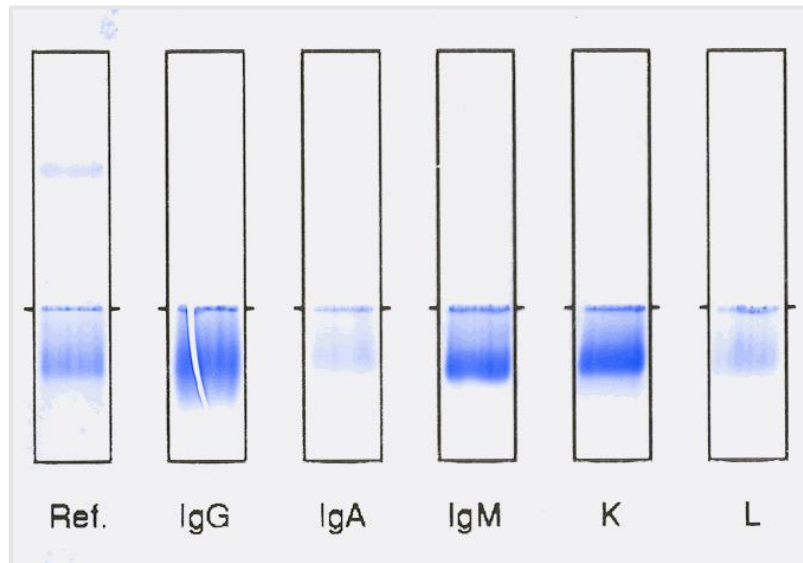
- Diagnosis relies on **demonstration of amyloid deposits** on a tissue sample
- **Tissue source**
 - Affected organ
 - Or a more accessible tissue :
 - ex subcutaneous fat
 - NOTE : Fat aspiration + BM biopsy : yields diagnosis in ~ 90% of *patients*
 - CONGO Red staining = “gold standard”



Evaluation of patients with AL amyloidosis

- Screening for a **monoclonal protein**

- Serum electrophoresis
- Immunofixation
- Serum Free Light Chain (FLC) assay



- **Bone marrow biopsy**

- BM plasmacytosis : associated MM ?
- Exclude other B cell secretory diseases (Waldenstrom, NHL, CLL)
- Demonstrate amyloid deposition

Prognosis of amyloidosis

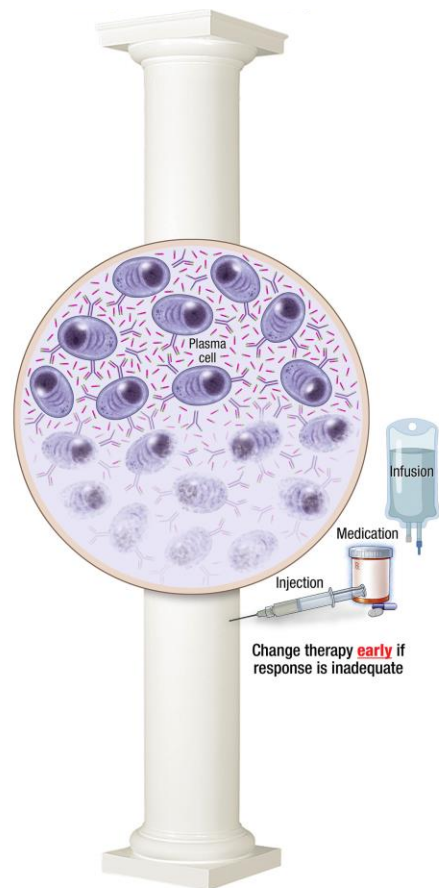
- Prognosis depends on 2 compartments of the disease
 - 1. Organ involvement**
 - ✓ Degree of heart involvement = most important predictor of short & long term survival
 - ✓ Number of involved organs and hepatic as well as autonomic involvement influence survival
 - 2. Underlying plasma cell clone**
 - ✓ Predictor of long term survival
- Despite improvement in survival in recent years, proportion of patients dying within 6-12m of diagnosis remains fixed at 25%

Staging & Prognostic impact of organ damage

Staging system	Markers and thresholds	Stages	Outcomes*
CARDIAC STAGING	NT-proBNP >332 ng/L cTnT >0.035 ng/mL (or cTnI > 0.01 ng/mL)	I. no markers above the cutoff II. one marker above the cutoff IIIa. both markers above the cutoff and NT-proBNP <8500 ng/L IIIb. both markers above the cutoff and NT-proBNP ≥8500 ng/L	I. median survival not reached, 60% surviving 10 years II. median survival 49 months IIIa. median survival 14 months IIIb. median survival 5 months
REVISED MAYO STAGING	NT-proBNP >1800 ng/L cTnT >0.025 ng/mL dFLC >180 mg/L	I. 0 markers above the cutoff II. 1 marker above the cutoff III. 2 markers above the cutoff IV. 3 markers above the cutoff	I. median survival not reached, 55% surviving 10 years II. median survival 57 months III. median survival 18 months IV. median survival 6 months
RENAL STAGING	eGFR <50 mL/min per 1.73 m ² proteinuria >5 g/24h	I. both eGFR above and proteinuria below the cutoffs II. either eGFR below or proteinuria above the cutoffs III. both eGFR below and proteinuria above the cutoffs	I. 1% risk of dialysis at 2 years II. 12% risk of dialysis at 2 years III. 48% risk of dialysis at 2 years

Management of amyloidosis

Pillar 2 : Plasma-cel directed therapy



Mainstay of treatment = targeting the underlying PC clone
→ decrease amyloid deposition as source of tissue injury
→ ↓ tissue injury & ↑ organ recovery

Another approach : targeting amyloid deposits using monoclonal antibodies : has been investigated – non has yet reached a regulatory approval stage

Treatment of amyloidosis : challenges

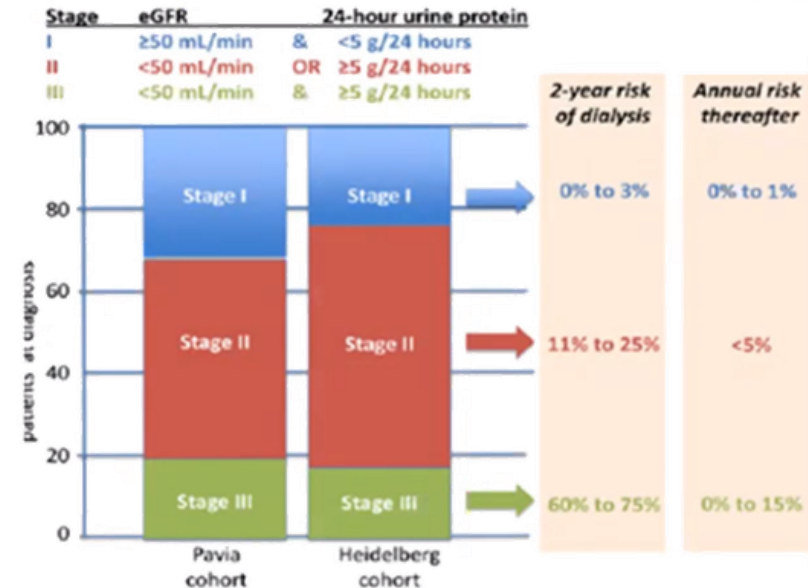
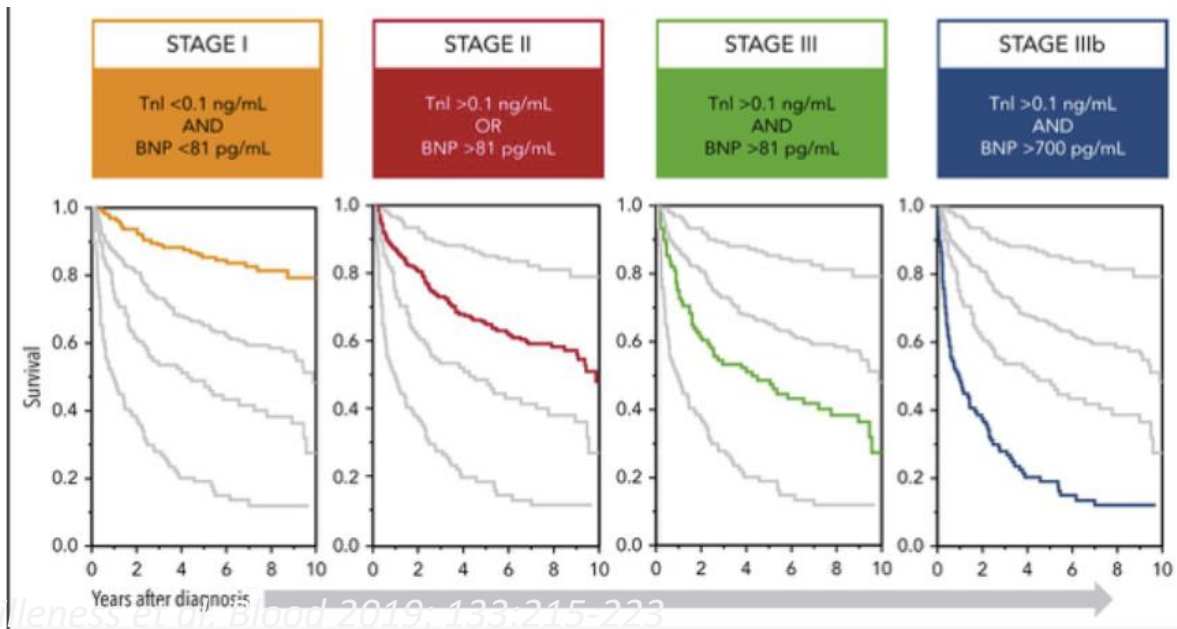
Early response is critical to maximize organ recovery and survival

Deep responses are **difficult** to achieve

Organ responses are **slow**

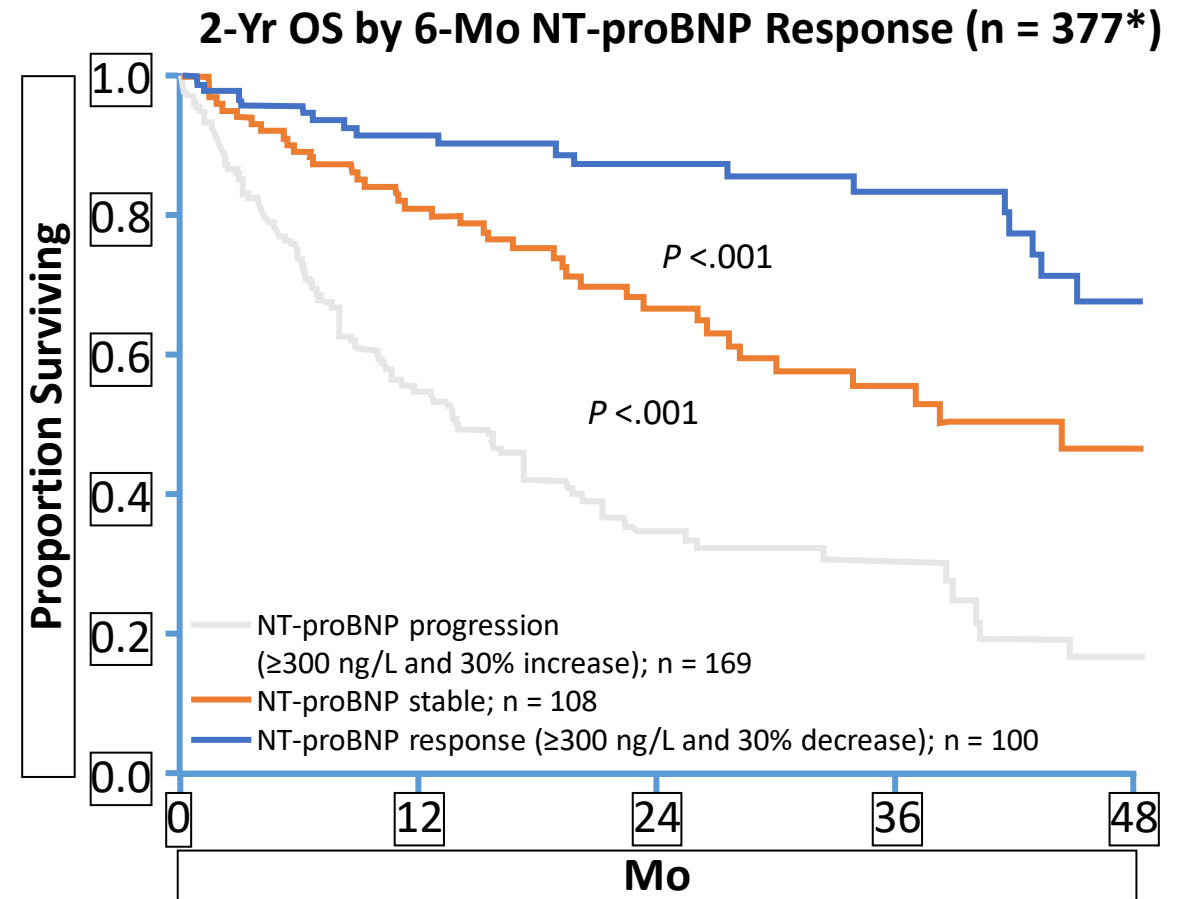
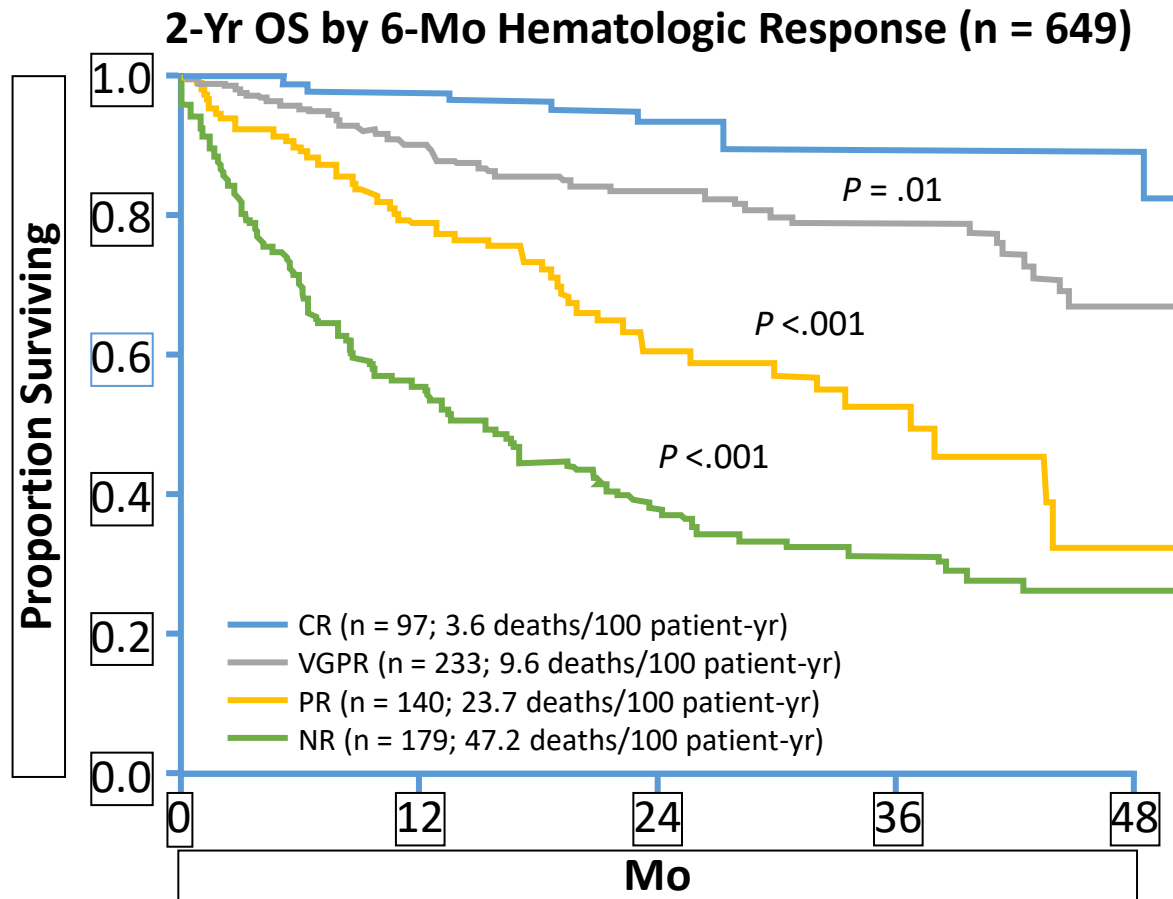
Patients with cardiac AI die even when in a deep hematological response

A high proportion of renal stage II & III patients still progress to dialyse



OS in Amyloidosis by Hematologic and Organ Response

- Multicenter analysis of 816 patients with AL amyloidosis



*Baseline NT-proBNP ≥ 650 ng/L.

Goals for Therapy : recommendations

■ HEMATOLOGICAL RESPONSE (HR)

- ✓ Goal of treatment = at least haematologic **very good partial response (VGPR)**
= difference between involved and uninvolved light chains (dFLC) < 40 mg/L
- ✓ **Optimal response = CR** : normalization of FLC ratio and negative immunofixation
 - But this has to be weighted against toxicity of therapy (so it can only be achieved in a limited number of pts)
 - So VGPR is a realistic treatment goal (can be achieved in 40-80% of pts with modern therapies)
- ✓ Patients who do not achieve at least PR after 2 cycles of VGPR after 4 cycles of therapy should be offered alternative therapy

■ ORGAN RESPONSE (OR)

- Preferred organ response = improvement of organ function to near normal value
- OR criteria are binary = response versus no response
- Lags behind HR with several months

Overview :

Hematologic and organ response criteria

Response type	Criteria
Hematologic response ⁶³	
Complete response	Negative serum and urine immunofixation and normal serum immunoglobulin κ/λ FLC ratio
Very good partial response	dFLC <40 mg/L
Partial response	dFLC decrease of >50%
No response	Less than a partial response
Organ response ^{19,63}	
Cardiac response	Decrease of NT-proBNP by >30% and 300 ng/L (if baseline NT-proBNP >650 ng/L)
Renal response	At least 30% decrease in proteinuria or drop below 0.5 g/24 h, in the absence of renal progression, defined as a >25% decrease in eGFR
Hepatic response	50% decrease in abnormal alkaline phosphatase value or decrease in radiographic liver size by at least 2 cm

dFLC, difference between involved and uninvolved serum immunoglobulin free light chains (a value adequate to measure response is deemed to be 50 mg/L); eGFR, estimated glomerular filtration rate; FLC, free light chain; NT-proBNP, N-terminal brain natriuretic peptide.

Initial therapy

- Consider high dose + autoSCT in selected pts

- Risk adapted :
select candidates for SCT

Mayo Eligibility Criteria for ASCT

“Physiologic” age ≤ 70 years

Performance score ≤ 2

Systolic blood pressure ≥ 90 mm Hg^a

Troponin T level < 0.06 ng/mL (or high-sensitivity troponin T level < 75 ng/mL)

Creatinine clearance ≥ 30 mL/min^b (unless on long-term dialysis)

New York Heart Association class I/II

^aCaution as well for patients with systolic blood pressure < 100 mm Hg.

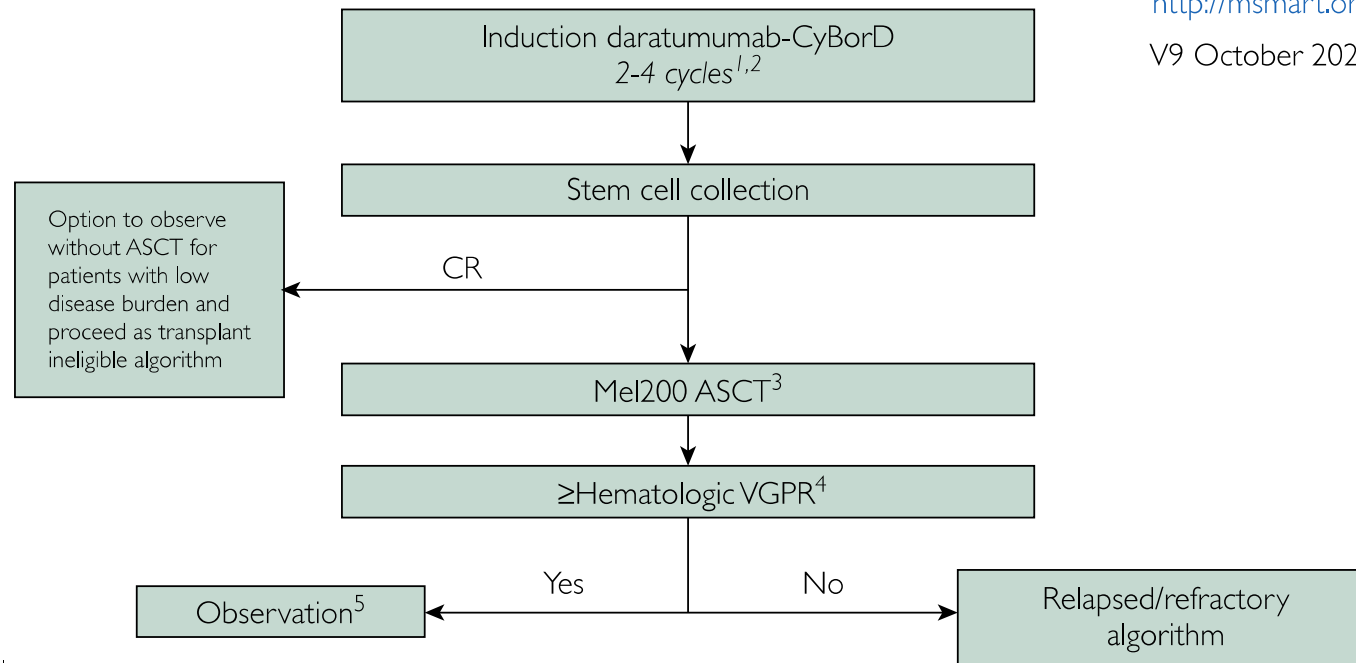
^bSelected patients may become eligible for autologous stem cell transplant with cardiac and renal transplant.

Treatment algorithm for newly diagnosed transplant eligible AL amyloidosis patients



Newly diagnosed AL amyloidosis- transplant eligible

<http://msmart.org>
V9 October 2020



¹Consider adding doxycycline for at least a year

²If daratumumab is not accessible, CyBorD is an acceptable alternative regimen (weekly bortezomib only)

³For CrCl <30, use Mel 140 mg/m²

⁴Decision to change therapy if in VGPR but <CR is based on a number of clinical factors. Re-refer to amyloid center of excellence

⁵For patients with overt multiple, use myeloma-type maintenance; consider for BNPCs $\geq 20\%$ and high-risk FISH (del17p, t(4;14), t(14;16) and t(14;20)). Please refer for myeloma mSMART guidelines for choice of maintenance

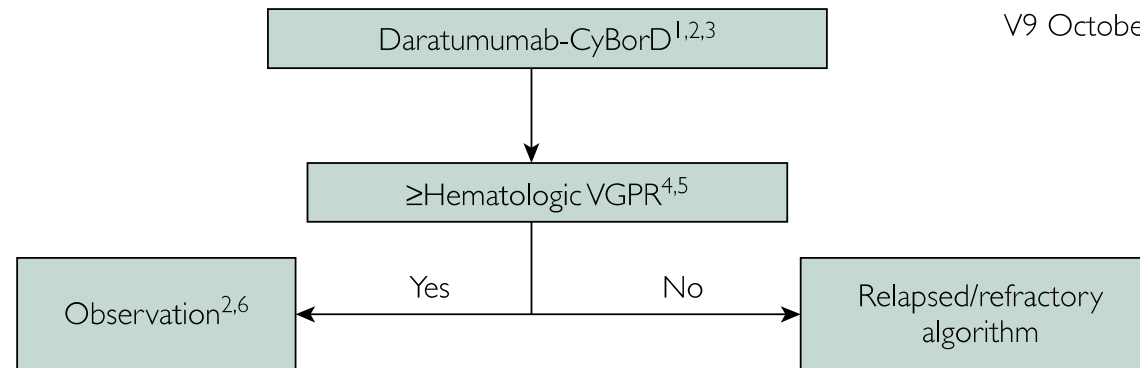
Treatment algorithm for newly diagnosed transplant non eligible AL amyloidosis patients



Newly diagnosed AL amyloidosis- transplant ^{non}eligible#

<http://msmart.org>

V9 October 2020



¹Consider adding doxycycline for at least a year

²If daratumumab CyBorD, 6 cycles followed by daratumumab monotherapy, completing up to 24 cycles. If daratumumab is not accessible, CyBorD and BMDex are acceptable alternatives regimens (weekly bortezomib)

³If young, consider stem cell collection for eventual ASCT if eligibility for transplant is foreseeable

⁴If <PR at 2d months or <VGPR with 4 cycles change therapy, unless signs of organ response are seen

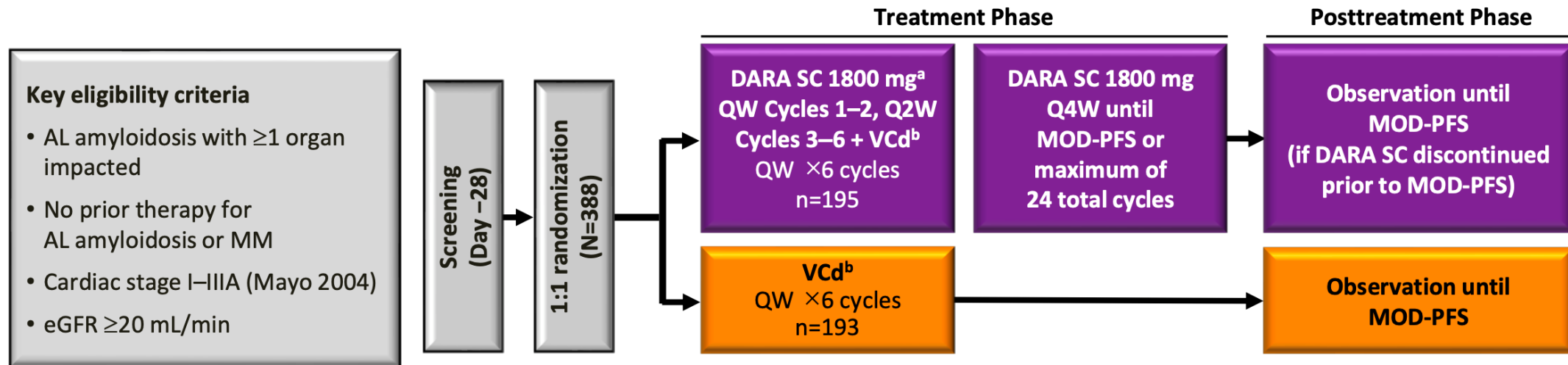
⁵Decision to change therapy if in VGPR but <CR is based on a number of clinical factors Re-refer to amyloid center of excellence

⁶Only for patients with overt multiple myeloma, BMPCs \geq 20% or high-risk FISH and who are not receiving extended duration daratumumab, consider maintenance. Lenalidomide should not be used in patients with advanced heart or autonomic nerve involvement

#For IgM AL amyloidosis consider referral to amyloidosis center due to a more challenging management

ANDROMEDA

Eligibility criteria & study design



Stratification criteria

- Cardiac stage (I vs II vs IIIA)
- Transplant typically offered in local country (yes vs no)
- Creatinine clearance (≥ 60 mL/min vs < 60 mL/min)

Primary endpoint: Overall hematologic CR rate

Secondary endpoints: MOD-PFS, organ response rate, time to hematologic response, overall survival, safety

ANDROMEDA is a randomized, open-label, active-controlled, phase 3 study of DARA-VCd versus VCd alone in patients with newly diagnosed AL amyloidosis

AL, amyloid light chain; CR, complete response; DARA, daratumumab; eGFR, estimated glomerular filtration rate; IV, intravenous; MM, multiple myeloma; MOD-PFS, major organ deterioration progression-free survival; PO, oral; Q2W, every 2 weeks; Q4W, every 4 weeks; QW, weekly; SC, subcutaneous; VCd, bortezomib, cyclophosphamide, and dexamethasone.

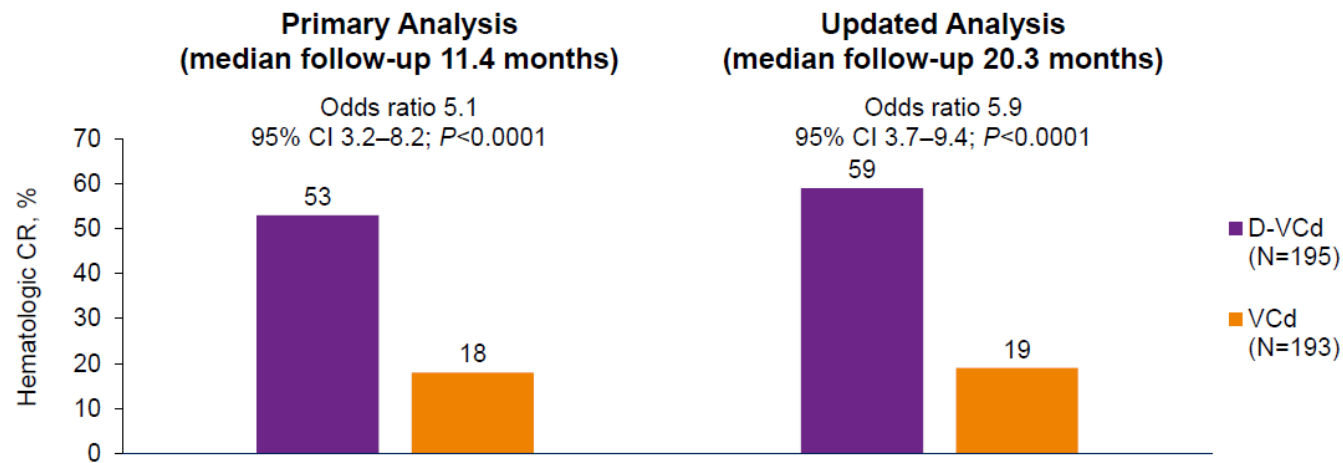
VCd in amyloidosis: bortezomib 1.5 mg/m^2

VCd in multiple myeloma: bortezomib 1.3 mg/m^2

ANDROMEDA

Hematologic CR (primary endpoint)

- **Hematologic CR** was defined as normalization of FLC levels and FLC ratio and negative serum and urine immunofixation
 - If iFLC < upper limit of normal, normalization of the uninvolved FLC and FLC ratio were not required
- **Rates of hematologic CR** remained significantly higher with D-VCd than VCd
- **Median time to hematologic CR^a** was 2.0 months with D-VCd vs 2.8 months with VCd

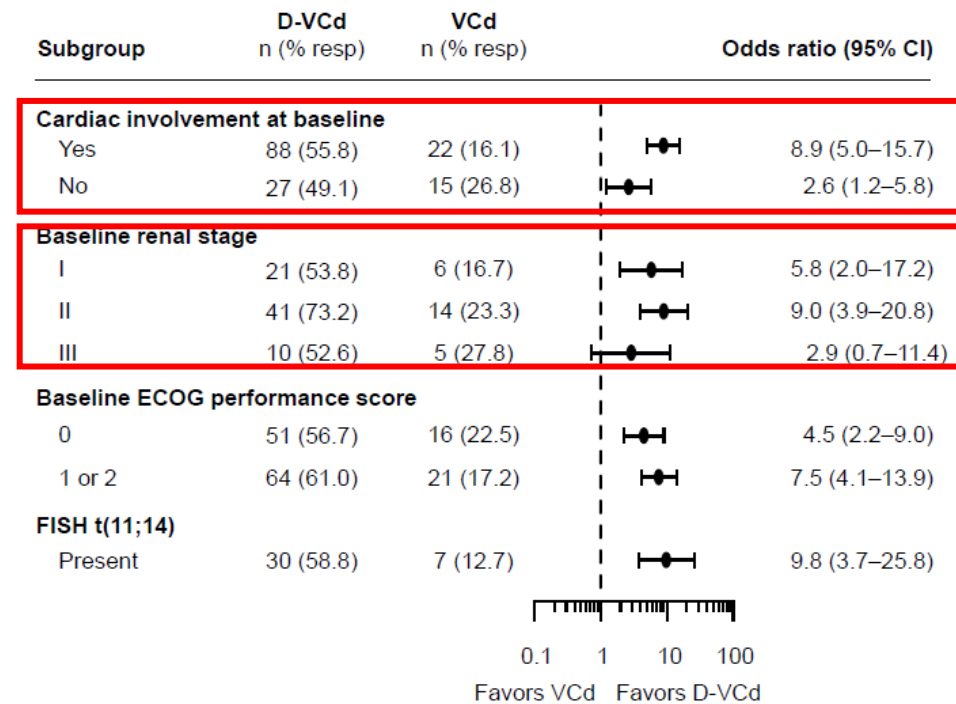
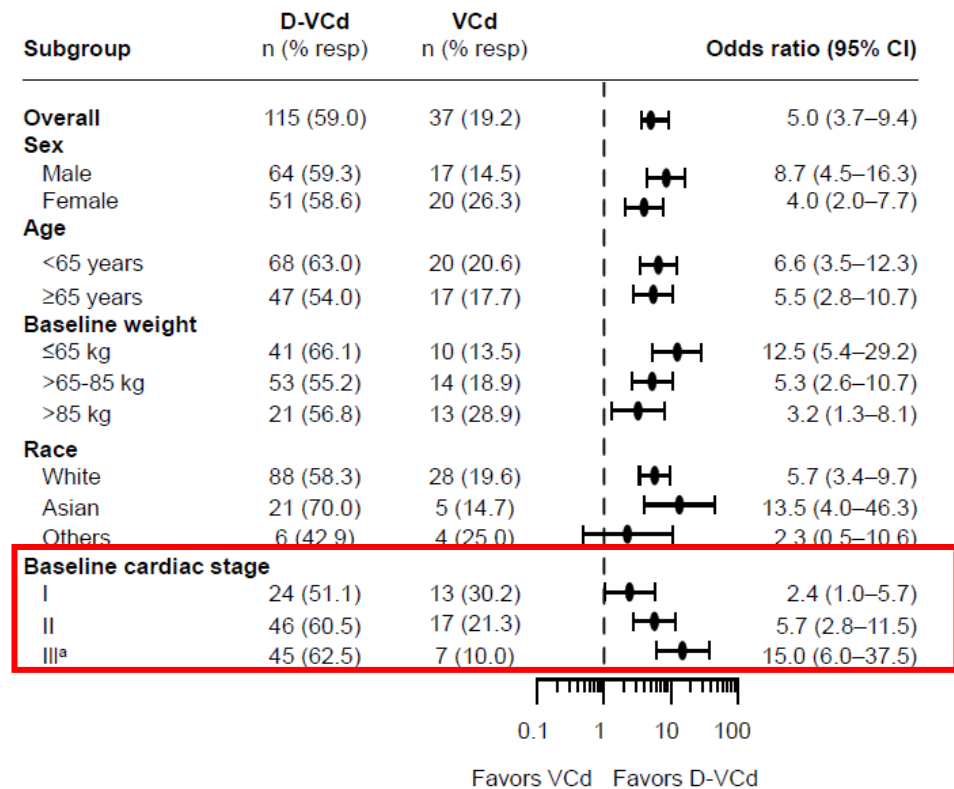


^aAmong CR responders (D-VCd, n=115; VCd, n=37).

CI, confidence interval; CR, complete response; D-VCd, daratumumab/bortezomib/cyclophosphamide/dexamethasone; FLC, free light chain; iFLC, involved free light chain.

ANDROMEDA

Hematologic CR rates remained high across all prespecified subgroups



^aCardiac stage III includes both IIIA patients and patients who were IIIA at randomization and progressed to IIIB at Cycle 1, Day 1.

CI, confidence interval; CR, complete response; D-VCd, daratumumab/bortezomib/cyclophosphamide/dexamethasone; ECOG, Eastern Cooperative Oncology Group; FISH, fluorescent in situ hybridization; resp, response.

ANDROMEDA

Conclusions

Longer follow up supports the benefit of the addition of Daratumumab to VCD

- ✓ Significantly improved hematological response
- ✓ Doubling rates of cardiac and renal response

Treatment is safe

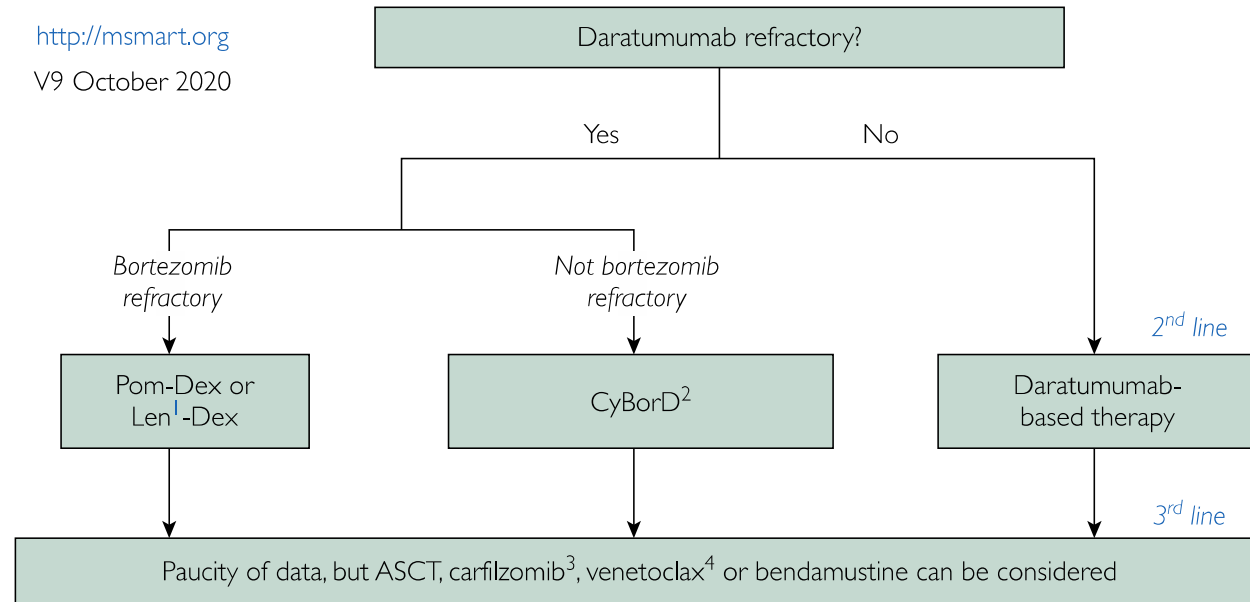
These data support D-VCD as the new standard of care for patients with AL amyloidosis

Treatment algorithm for relapsed / refractory AL amyloidosis patients



Treatment of relapsed/refractory AL amyloidosis

<http://msmart.org>
V9 October 2020

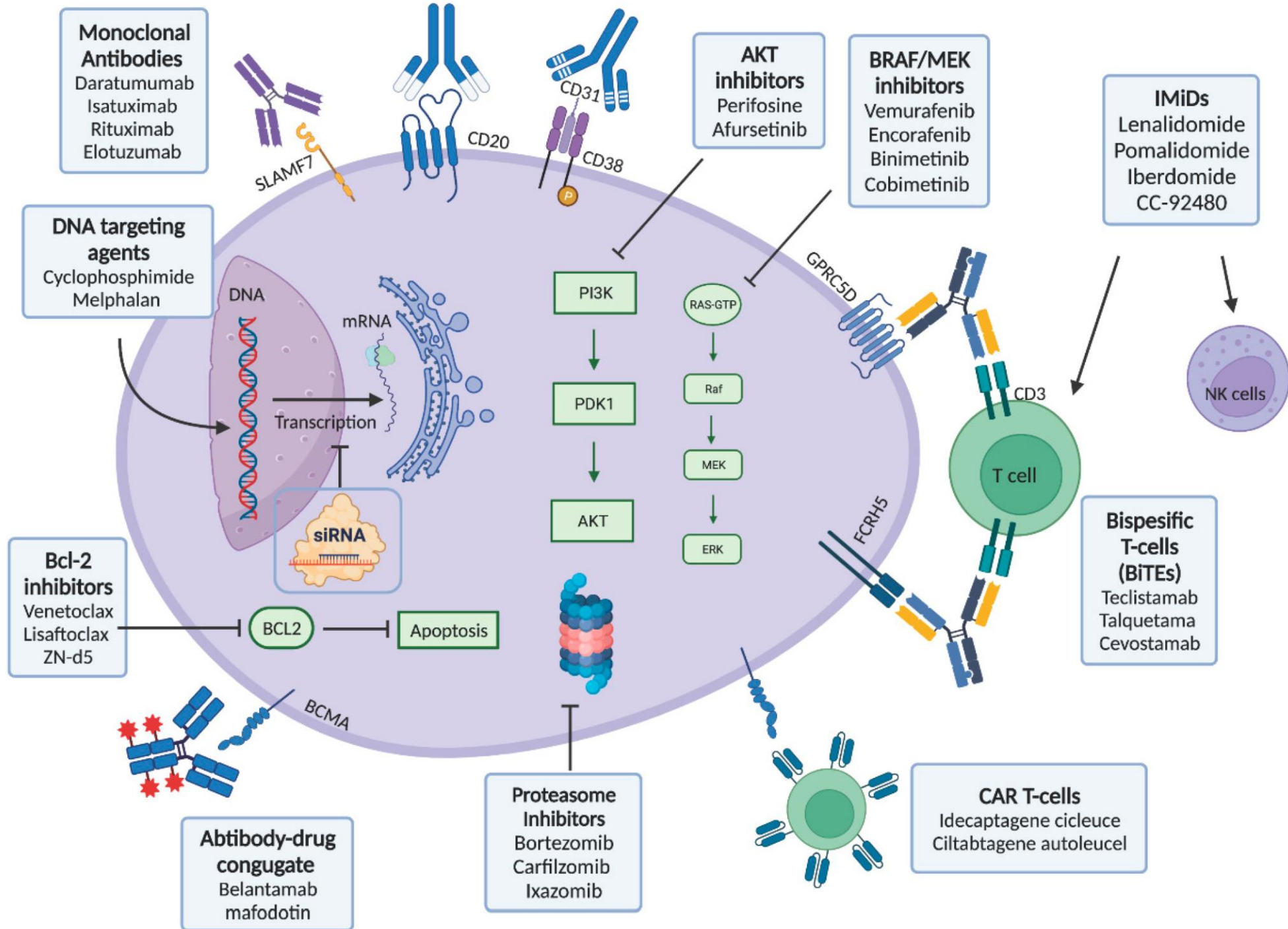


¹Starting dose of lenalidomide should be no higher than 15 mg/d

²Melphalan-dexamethasone and ixazomib-dexamethasone are appropriate if patient has significant neuropathy

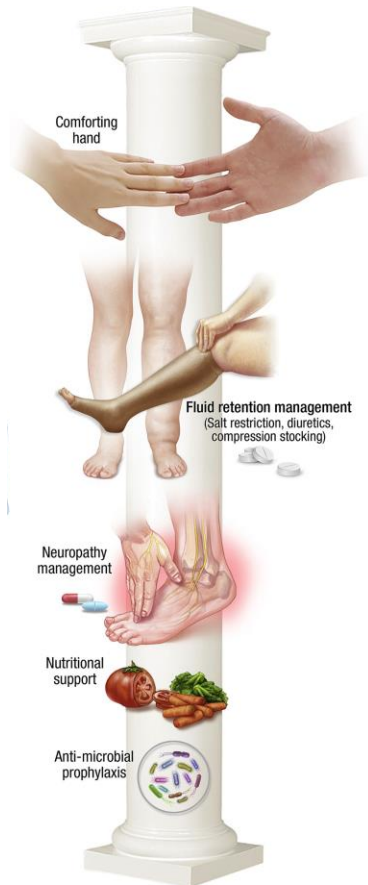
³Not recommended in patients with cardiac involvement

⁴For patients with(11;14). Be cautious of infection risk.



Management of amyloidosis

Pillar 3 : Supportive Care



A multidisciplinary approach

- Based on predominant involved organs and symptoms

Palliative care team

- Patients with advanced illness
- Counselling patients on symptom management
 - Psycho-social
 - Advanced care planning

AL Amyloidosis : Summary

- AL Amyloidosis = **rare** disease
- Management is **challenging**
 - Difficulties in diagnosis
 - Advanced disease at presentation
- Organ failures – heart especially make **treatment related toxicity very common**
- **Multidisciplinary approach**
- **Deep and rapid response** is important (impact on survival)
- **Higher quality of response** with introduction of Daratumumab
- **Supportive care** is very important