

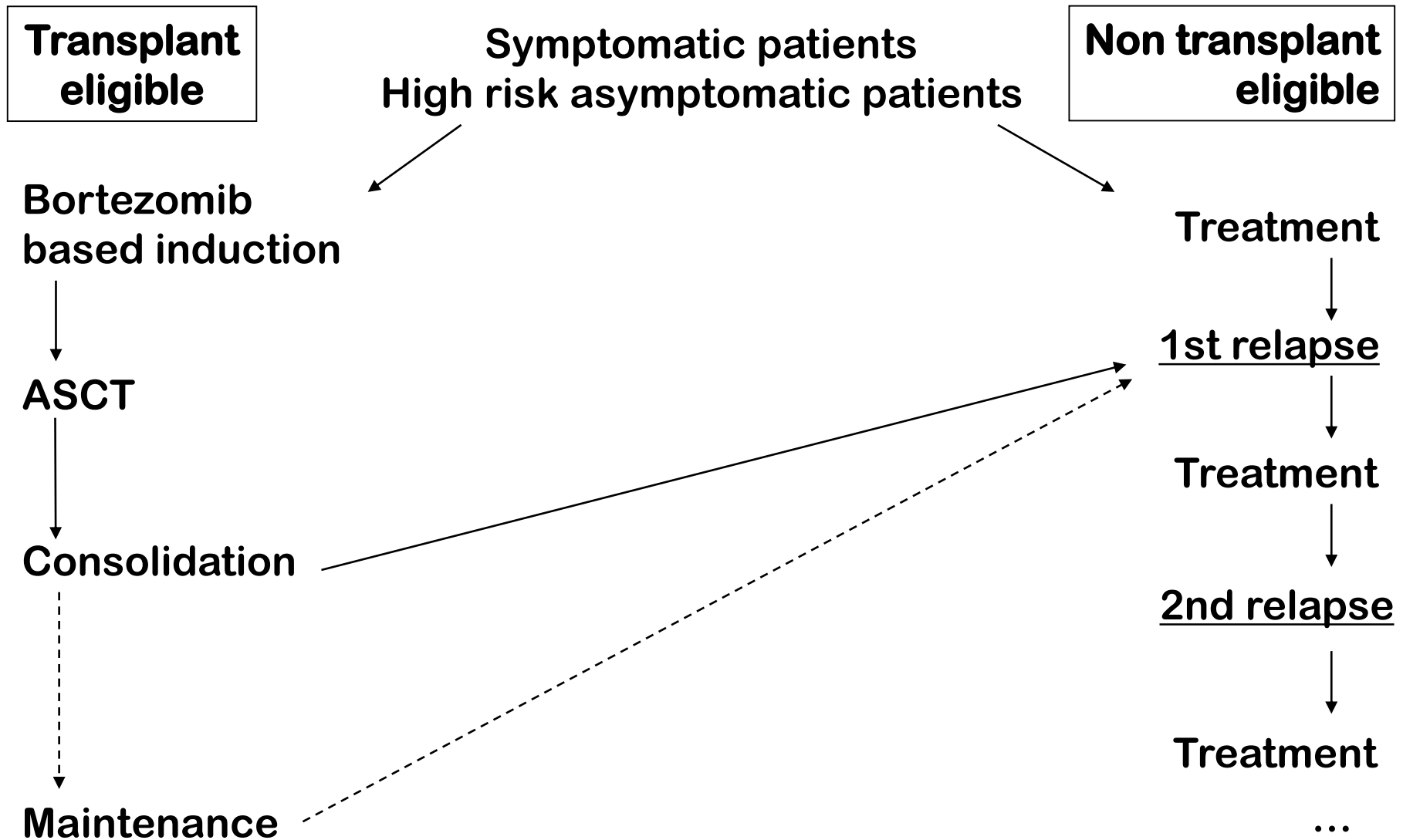
# **POST-ASH 2016**

## **Plasma cell disorders**

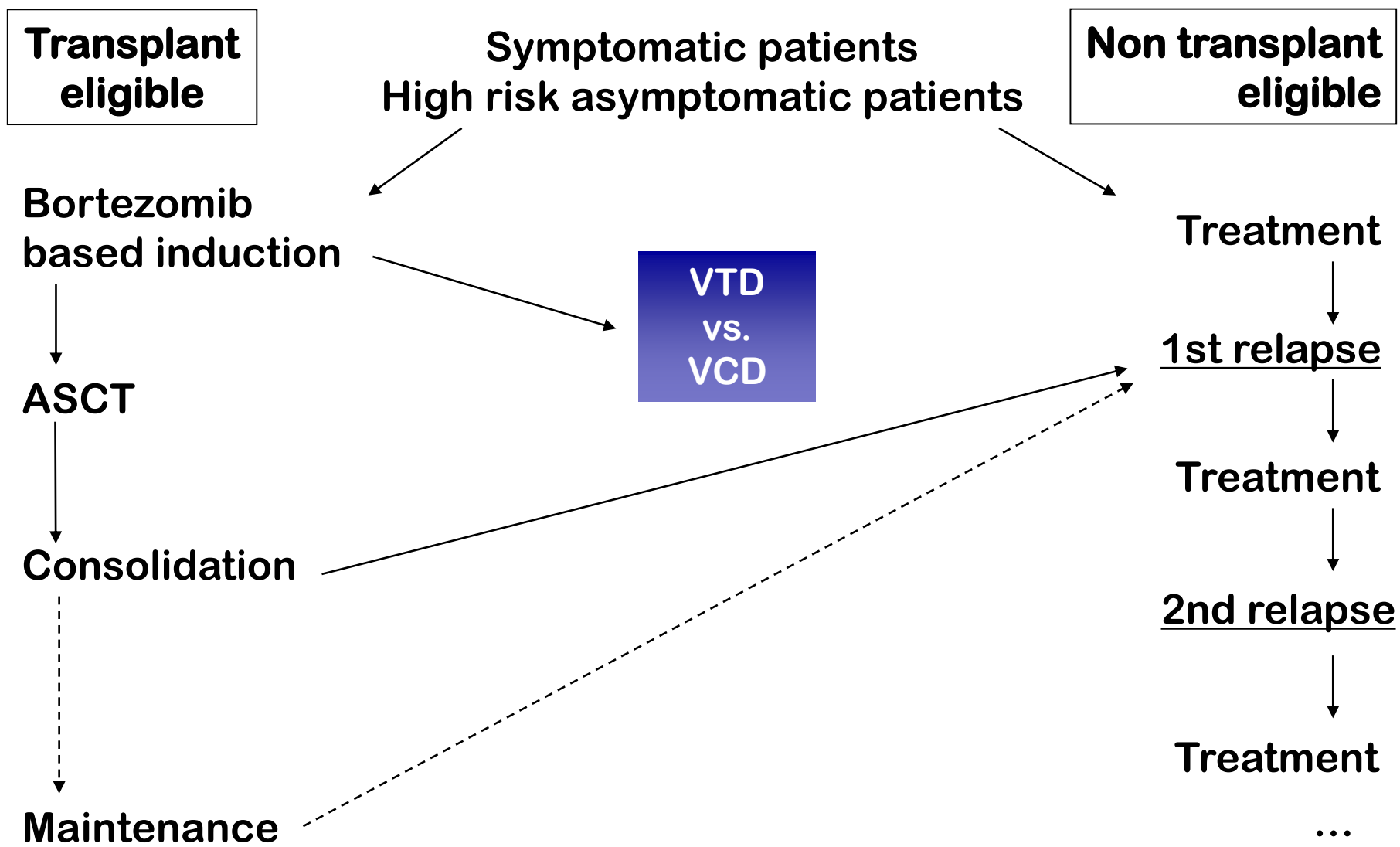
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**UZ Brussel**

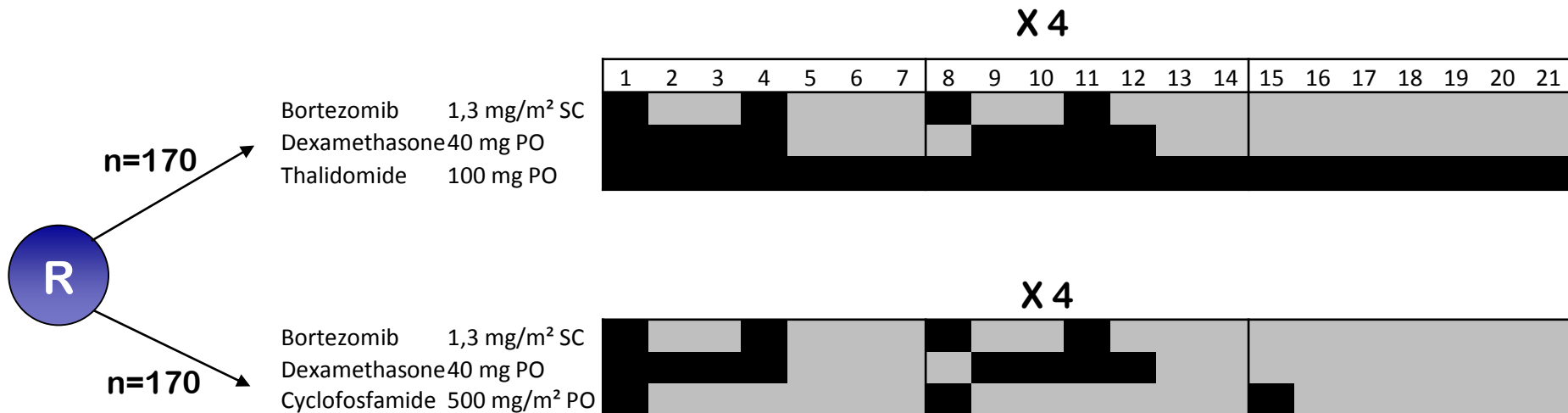
# Current treatment paradigm of myeloma in Belgium



# Choice of induction regimen ?



# VTD vs. VCD : trial design



- Randomised, open label, multicentric phase 3 study
- VTD (x4) vs. VCD (CyBorD) (x4) before ASCT
- Inclusion : newly diagnosed symptomatic MM (< 66 y)
- Primary endpoint : percentage of patients reaching VGPR of better (after 4 cycles)
- Stratification based upon ISS (1/2 vs. 3) and adverse cytogenetics (del 17p; t(4;14) vs. all other)

# VTD vs. VCD : outcome & safety

## Responses

	VTD n = 169	VCD n =169	p
<b>Intention to treat analysis</b>			
≥CR	13,0 %	8,9 %	0,22
≥VGPR	66,3 %	56,2 %	0,05
≥PR	92,3 %	83,4 %	0,01

## SAE

	VTD n = 169	VCD n =169	p
<b>Grade III, IV</b>			
Neuropathy	4,0 %	2,2 %	
Neutropenia	11,9 %	22,5 %	

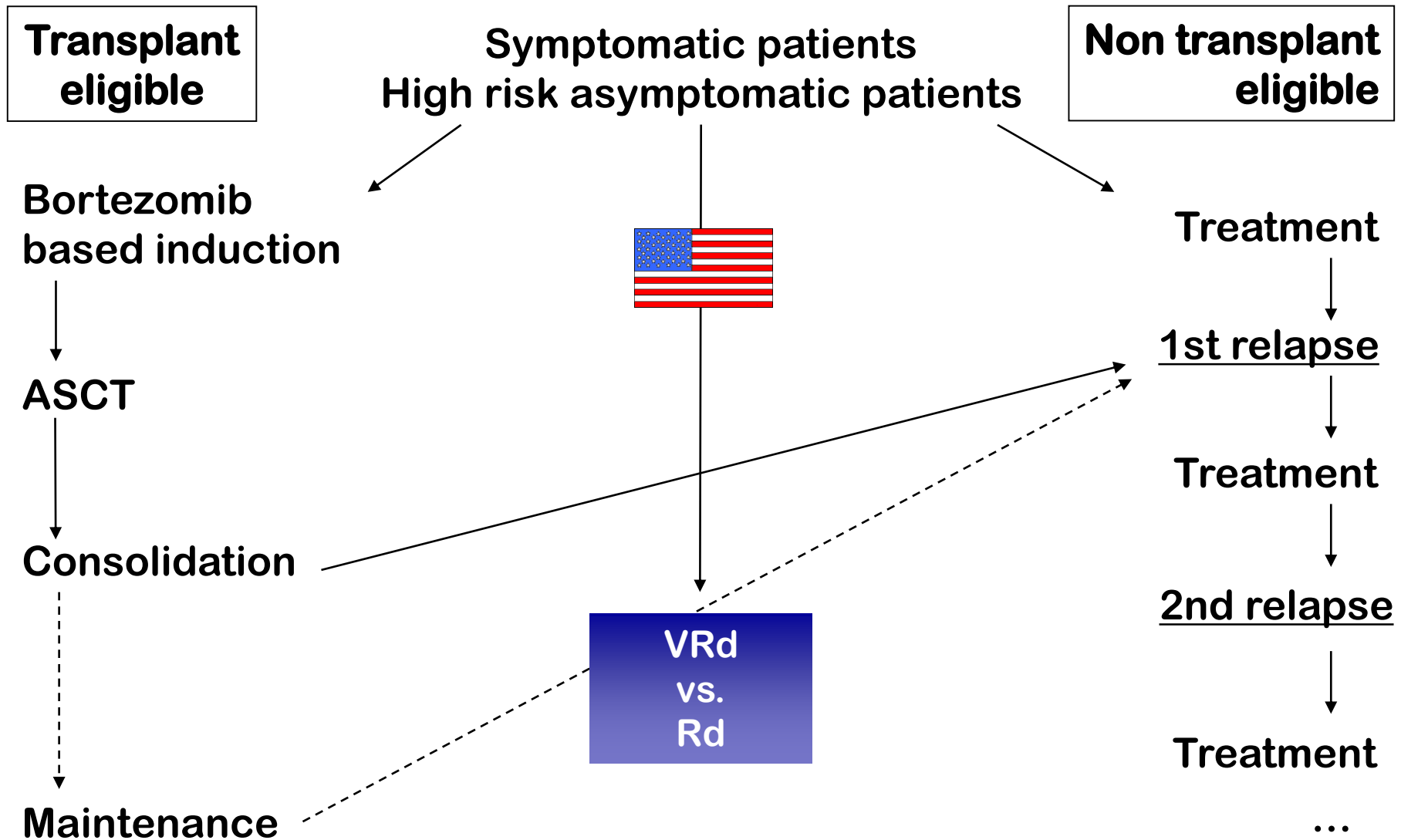
**Median number CD34+ stem cells higher in the VTD arm**

# VTD vs. VCD : conclusions

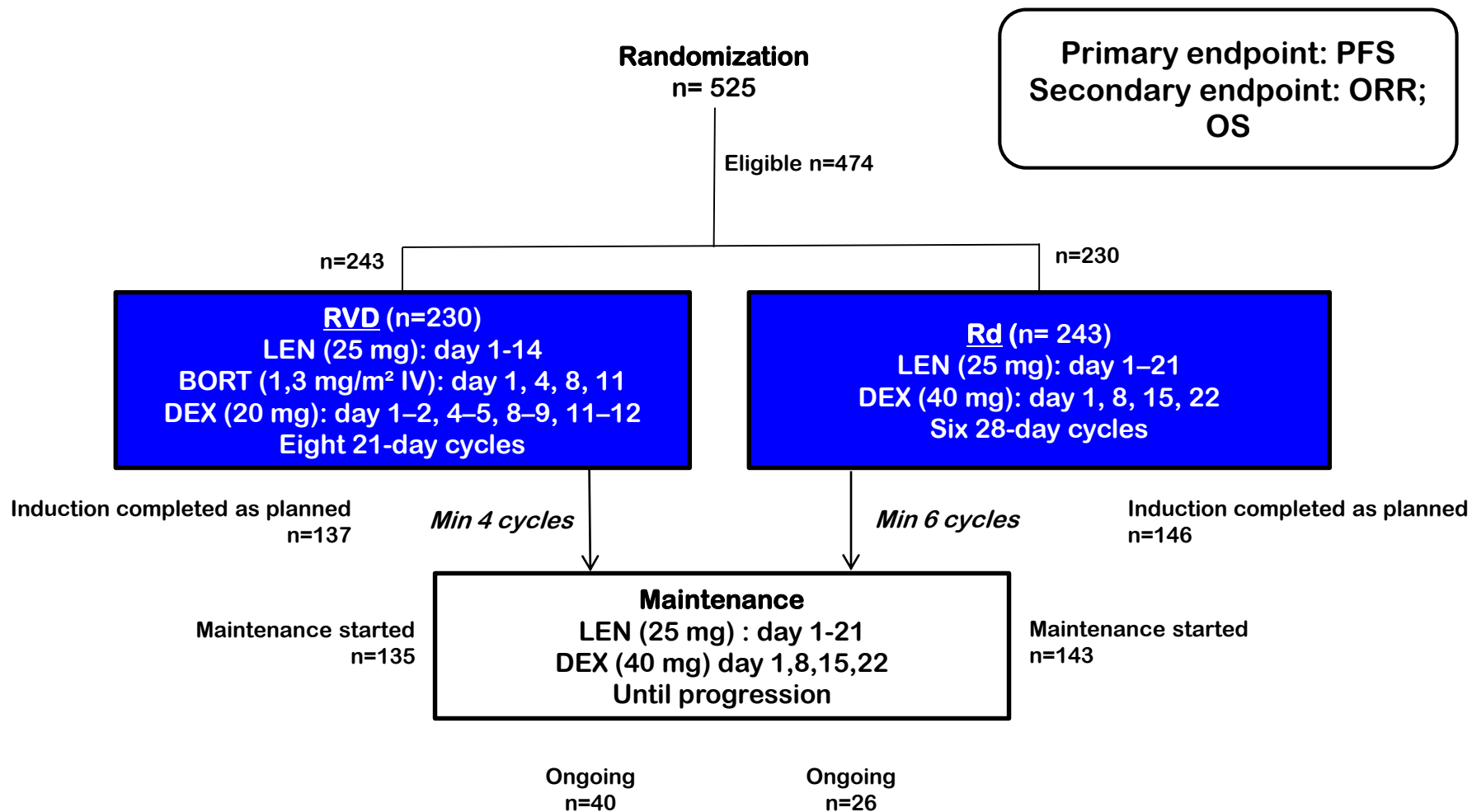
- **First prospective randomised trial : VTD vs VCD**
- **VGPR and PR rates are significantly superior in the VTD arm: synergistic activity of PI + IMiD.**
- **Median number CD34+ stem cells higher in the VTD.**
- **Hematologic toxicity increased in the VCD arm, while peripheral neuropathy rate was higher in the VTD arm.**

**Data supports the preferential use of VTD over VCD prior to ASCT.**

# Upfront use of triplet regimen without intent of ASCT



# VRd vs. Rd : trial design

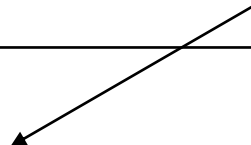




# VRd vs. Rd : trial population

Factor	Overall %	Treatment arm	
		RVd, %	Rd, %
Female	42	37	47
Age ≥ 65 yr	43	38	48
SWOG PS > 1	14	12	16
sb2m ≥ 4 mg/L	53	51	56
CRP ≥ 8 ml/L	23	21	26
Creatinine ≥ 2 mg/dL	5	5	5
LDH ≥ 190 U/L	36	36	36
Albumin < 3.5 g/dL	42	41	44
Hb < 10 g/dL	32	33	31
Platelet count < 150 x 10 <sup>9</sup> /L	4	5	4
ISS stage III	33	32	34

**Median age : 63 y**



# VRd vs. Rd : outcome

- Median follow up : 55 months, median age 63 years ! (28-87)
- ISS stage 3 : 33 %
- Median duration of maintenance : 385 days

**FIRST trial**  
Median age : 73 y  
PFS : 25,5 mo

	RVd	Rd
PFS median, months	43	30
	HR: 0.712 (0.560–0.906; <i>P</i> = 0.0018)	
OS, median, months	75	64
	HR = 0.709 (0.516–0.973); <i>P</i> = 0.025	
ORR, %	81	71
CR	16	8
VGPR	28	23

RVd remains superior to Rd for PFS and OS when adjusted for age

# VRd vs. Rd : side effects

## Tolerability

≥ grade 3 Neurologic



≥ grade 3 Pain



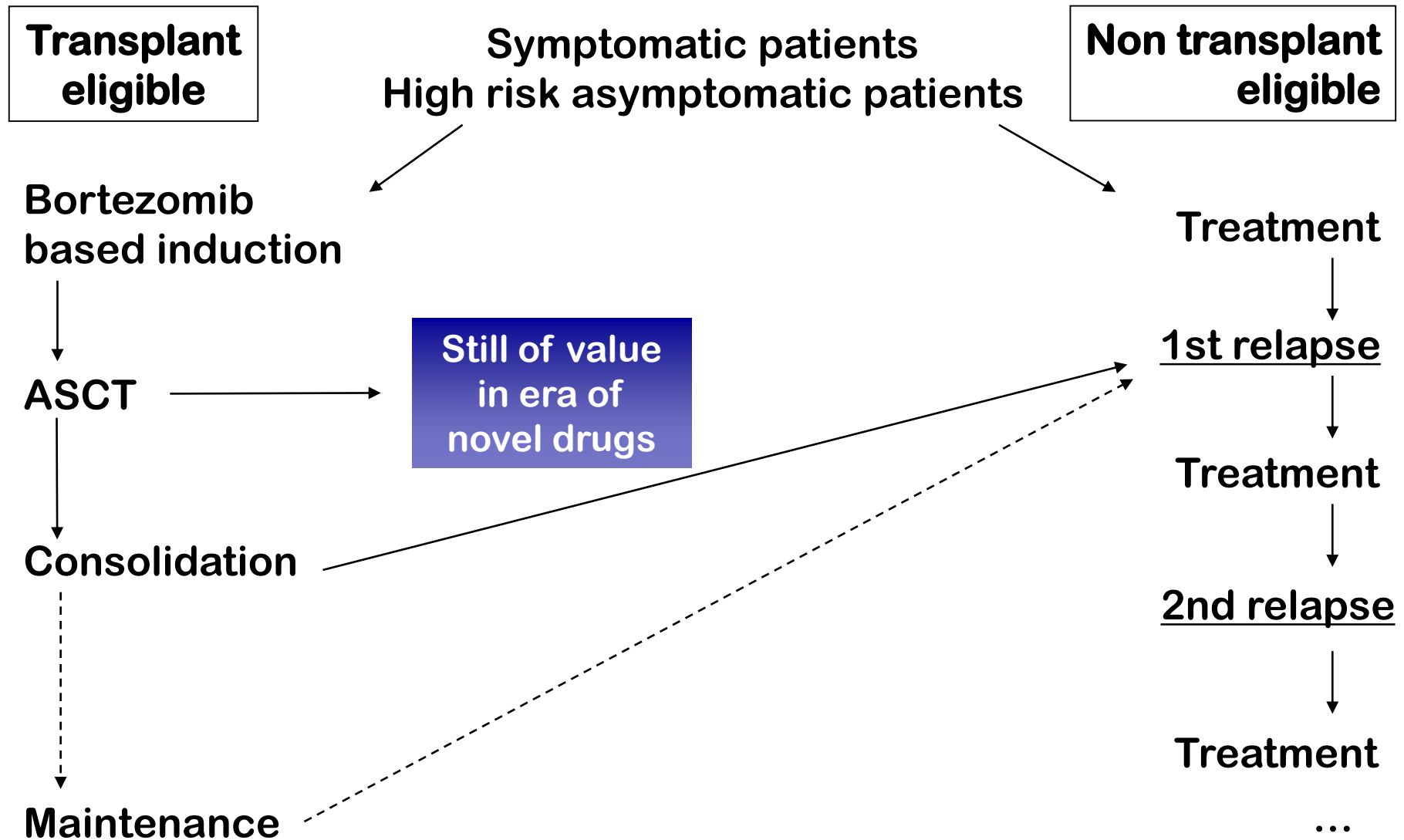
≥ grade 3 Sensory



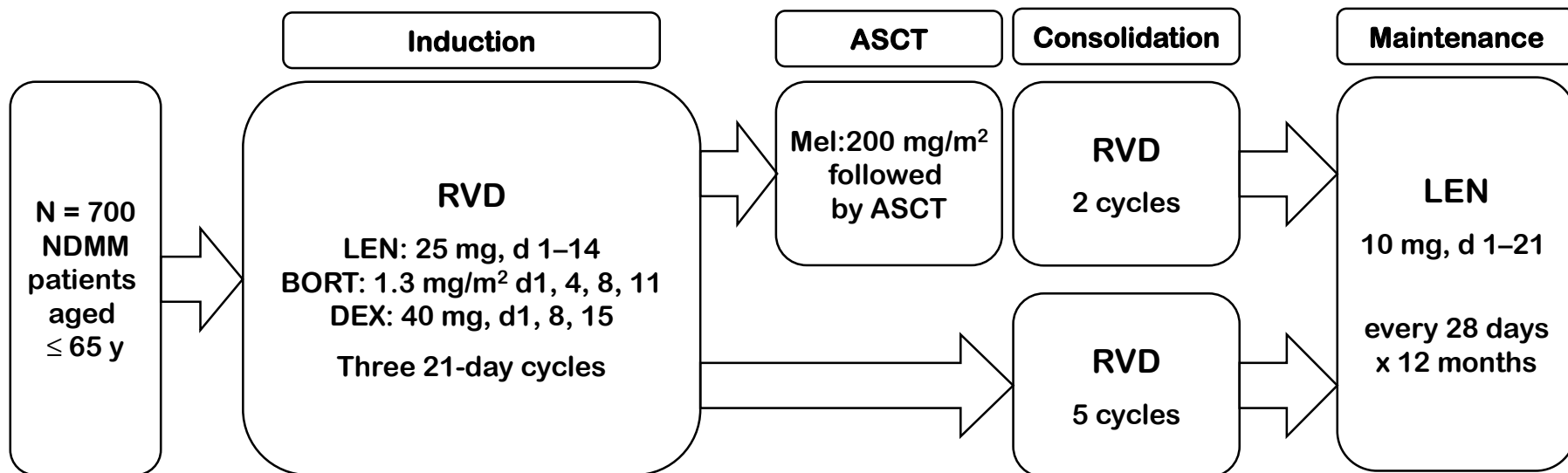
≥ grade 3 Gastrointestinal



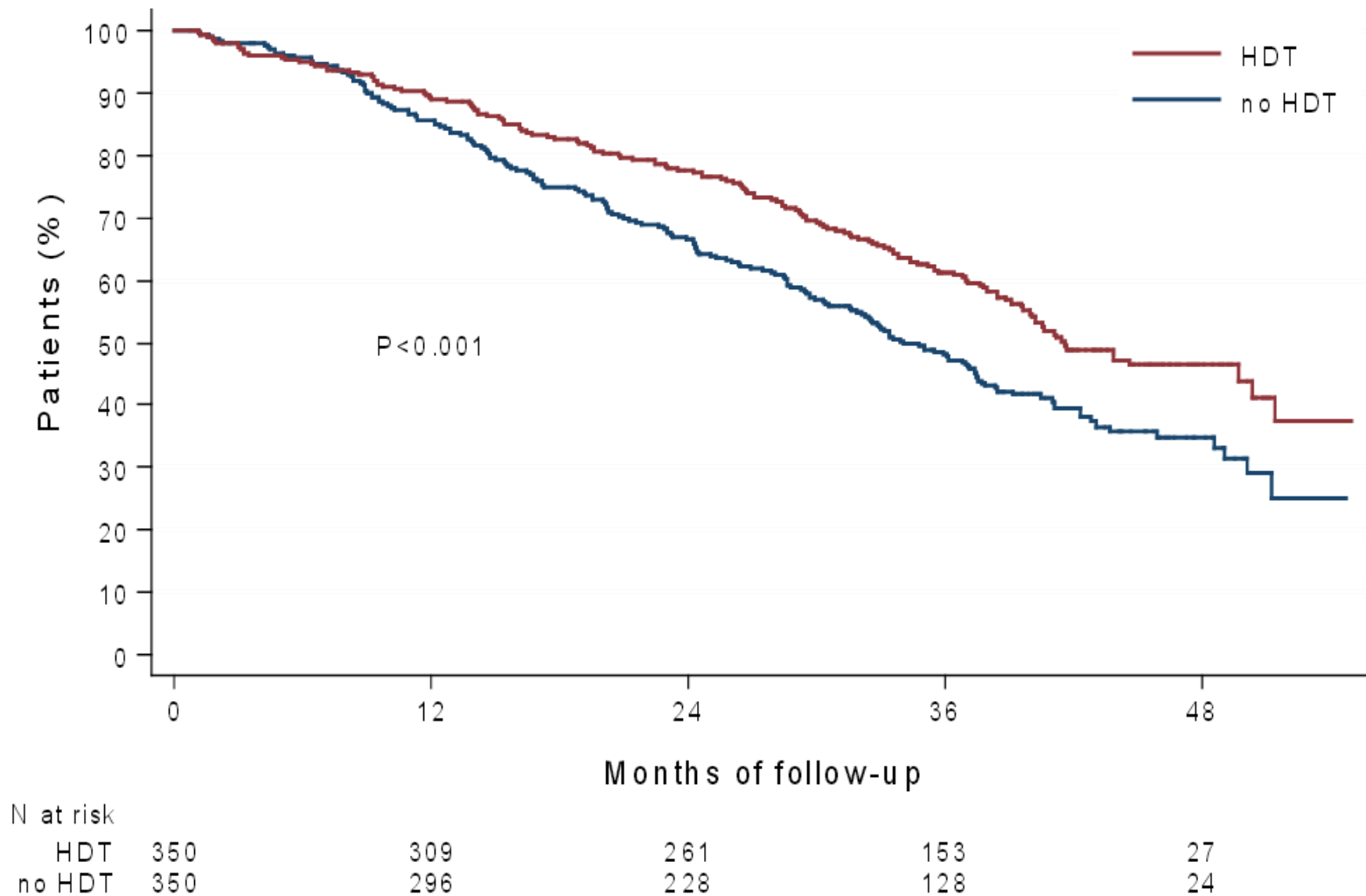
# ASCT : still of value ?



# RVD with ASCT vs. RVD without ATSC : trial design



# RVD with ASCT vs. RVD without ATSC : PFS



# RVD with ASCT vs. RVD without ATSC : outcome

	<b>RVd + ASCT (n = 350)</b>	<b>RVd, no ASCT (n = 350)</b>
<b>PFS median, months</b>	<b>43</b>	<b>34</b>
<b>4-yr PFS, %</b>	<b>47</b>	<b>35</b>
<b>HR = 0.69 (95% CI, 0.56-0.84); P &lt; .001</b>		
<b>4-yr OS, %</b>	<b>81</b>	<b>83</b>
<b>HR = 1.2 (95% CI, 0.7-1.8); NS</b>		
<b>ORR, %</b>	<b>99</b>	<b>98</b>
<b>CR, %</b>	<b>59</b>	<b>49</b>
<b>≥ VGPR, %</b>	<b>88</b>	<b>78</b>
<b>MRD neg by FCM, %</b>	<b>80</b>	<b>65</b>

PFS benefit of ASCT was consistent across subgroups including age ( $\leq$  or  $>$  60 yrs), sex, Ig isotype (IgG or others), ISS stage (I or II or III), cytogenetics (standard or high risk), and response after 3 cycles of RVd (CR or not)

# RVD with ASCT vs. RVD without ATSC : toxicity

## Grade 3 or 4 Adverse Events of Interest

Grade 3/4 AEs, %	ASCT (n = 350)	RVD (n = 350)
Neutropenia	89	31
Thrombocytopenia	78	9
Infections	18	10
Thromboembolic events	5	4
Peripheral neuropathy	11	11

## Cause of death

	ASCT, n = 54	RVD, n = 48
Myeloma	33/54 (65 %)	40/48 (83 %)
Toxicity	9/54 (16%)	4/48 (8%)
SPM	6/54 (11 %)	1/48 (2%)
Other	4/54 (7%)	3/48 (6 %)



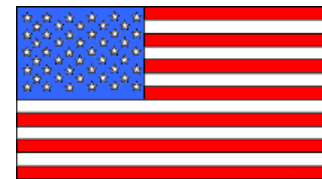
# RVD with ASCT vs. RVD without ATSC : conclusions

## ASCT after VRD:

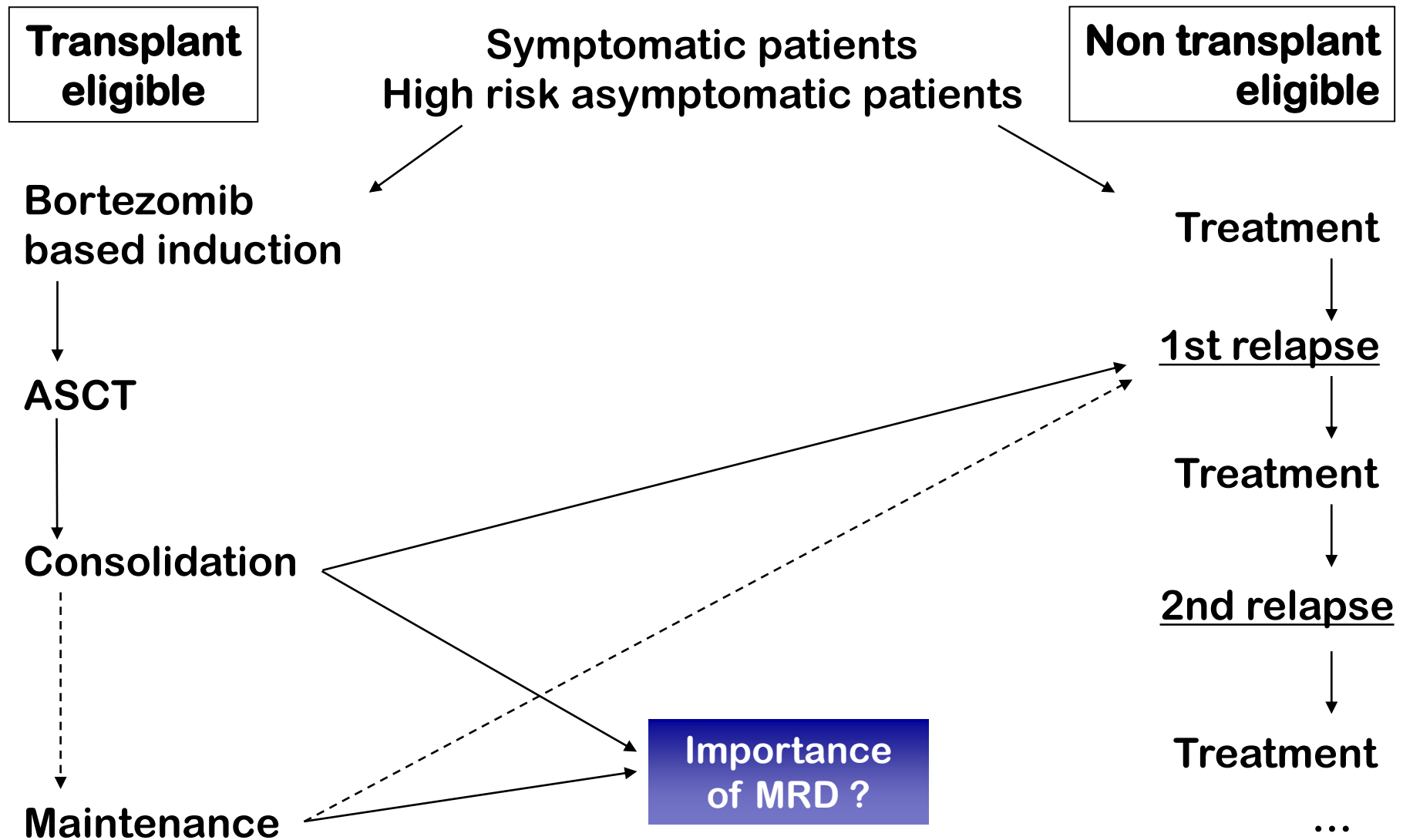
- is feasible
- is associated with an acceptable TRM of 1,4 %
- increases MRD negativity (80 vs. 65 %,  $p < 0,01$ )
- increases PFS @ 4 years (47 vs. 35 %,  $p < 0,001$ )
- increases TTP @ 4 years (49 vs. 35 %,  $p < 0,001$ )

Long term follow-up is necessary for conclusions regarding OS (@ 4 years – 81% and 83 %)

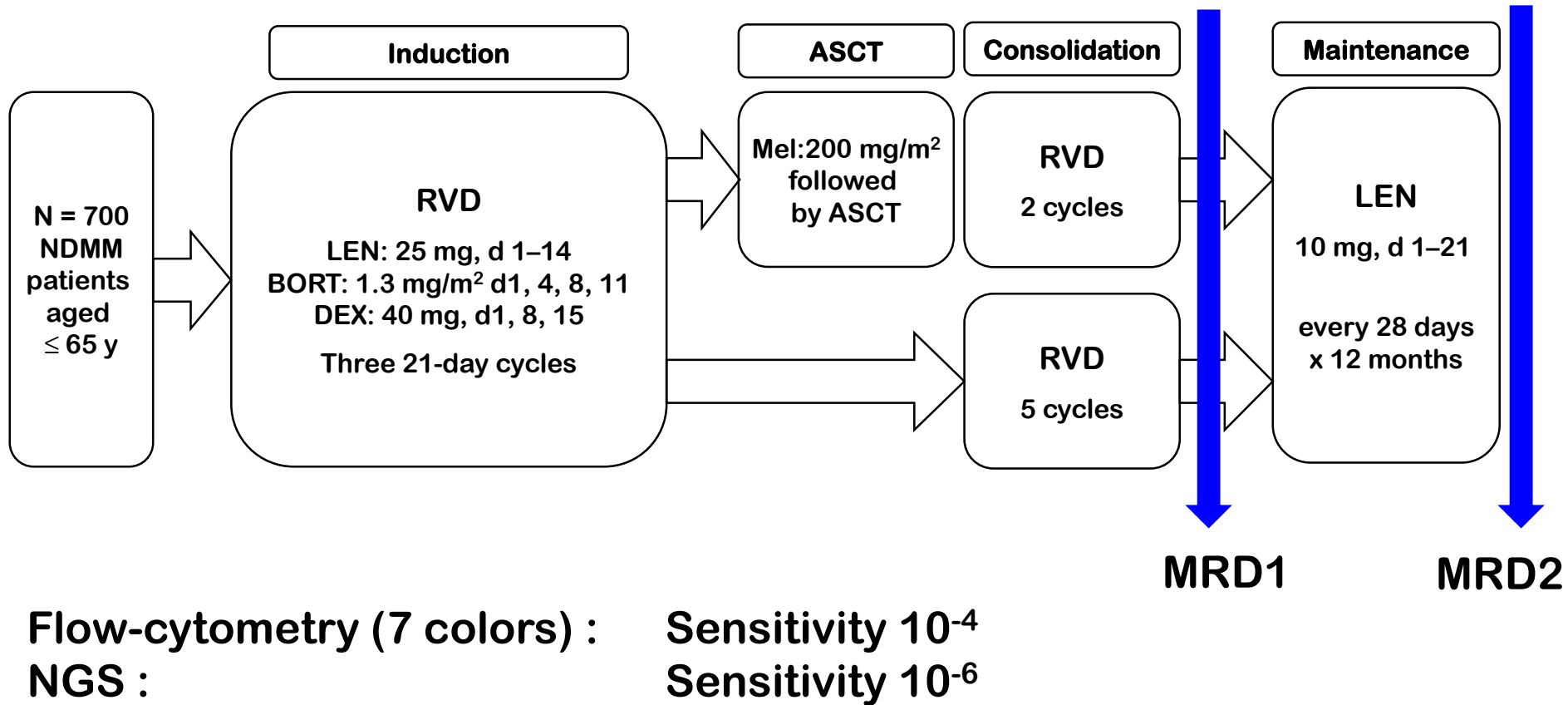
Impact of continued lenalidomide maintenance ?



# What is the impact of MRD ?



# MRD in IFM/DFCI 2009 : trial design



# MRD in IFM/DFCI 2009 : techniques

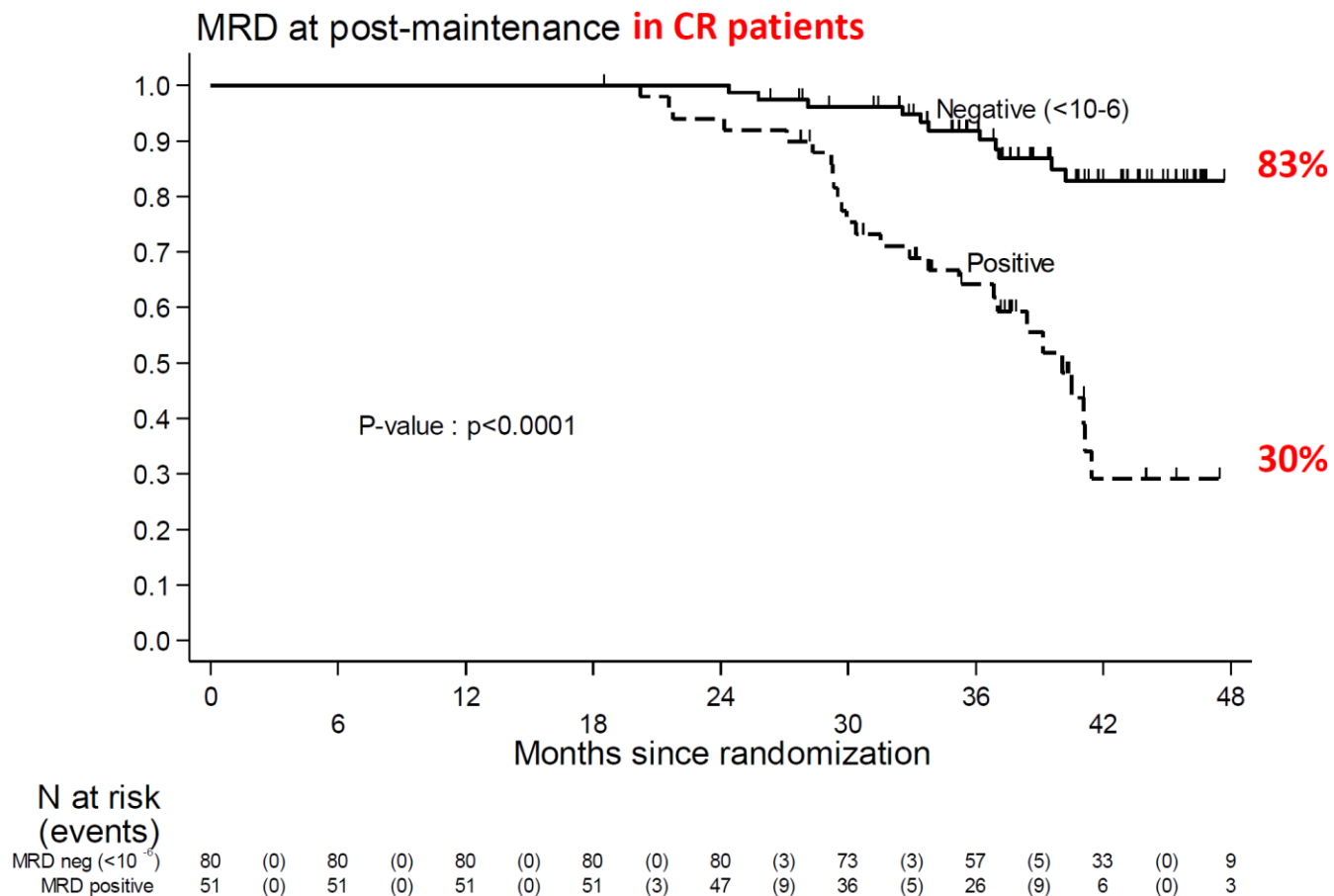
	<b>Advantages</b>	<b>Disadvantages</b>
<b>NGS (Sequentia)</b>	<b>Sensitivity (<math>&lt;10^{-6}</math>)</b>	<b>Diagnostic sample needed</b>
	<b>Frozen sample</b>	<b>~92 % feasible</b>
	<b>Standardized</b>	
<b>Flow cytometry</b>	<b>No diagnostic sample</b>	<b>Fresh sample (&lt;24-48h)</b>
	<b>100 % feasible</b>	<b>Sensitivity (<math>&lt;10^{-4}</math>)</b>
		<b>No standardization</b>

# MRD in IFM/DFCI 2009 : techniques

	<b>Advantages</b>	<b>Disadvantages</b>
<b>NGS (Sequentia)</b>	<b>Sensitivity (<math>&lt;10^{-6}</math>)</b>	<b>Diagnostic sample needed</b>
	<b>Frozen sample</b>	<b>~92 % feasible</b>
	<b>Standardized</b>	
<b>Flow cytometry</b>	<b>No diagnostic sample</b>	<b>Fresh sample (&lt;24-48h)</b>
	<b>100 % feasible</b>	<b>Sensitivity (<math>&lt;10^{-4}</math>)</b>
		<b>No standardization</b>

# MRD in IFM/DFCI 2009 : impact (post-maintenance)

375 CR/sCR, only 131 MRD



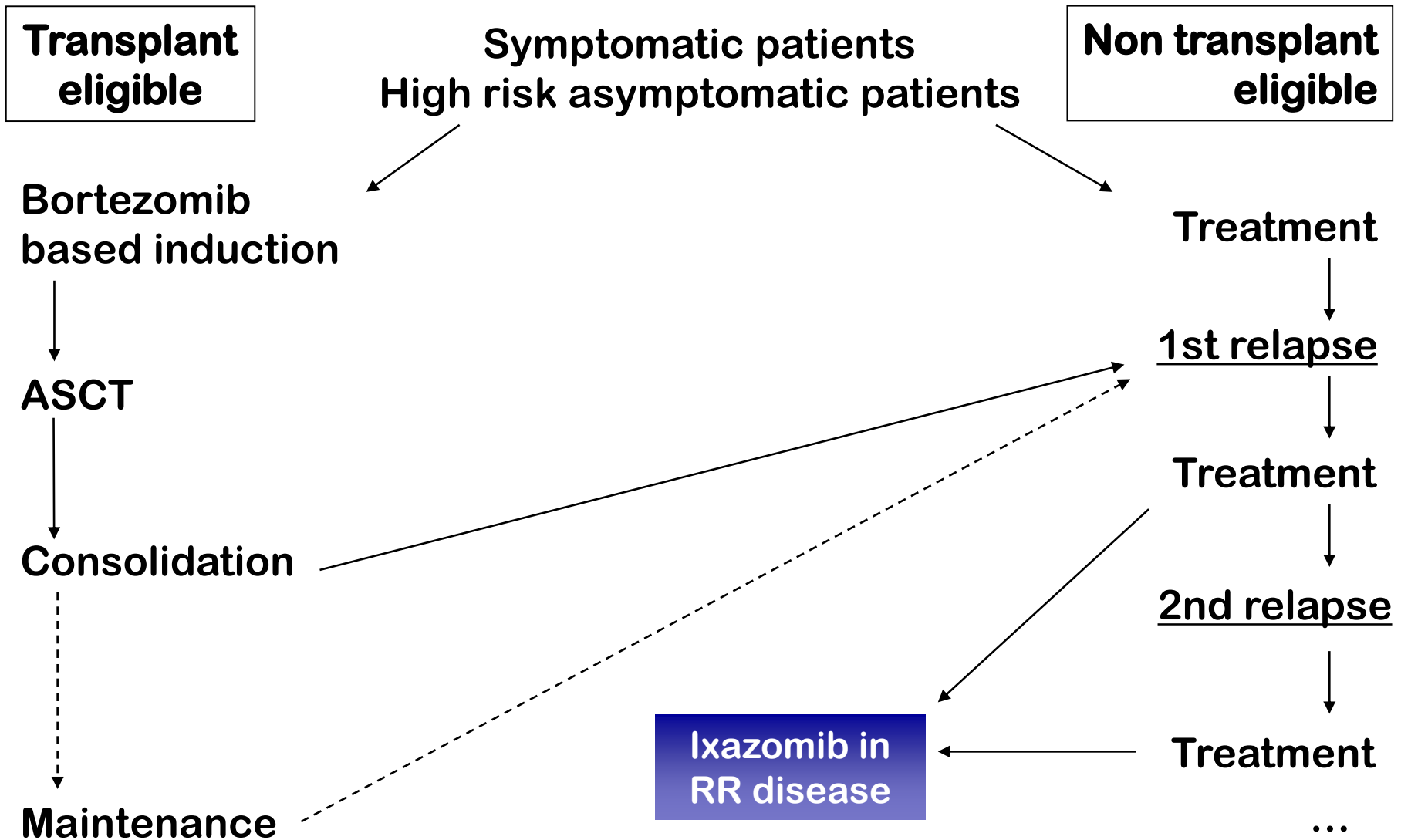
Evaluation of Minimal Residual Disease (MRD) By Next Generation Sequencing (NGS) Is Highly Predictive of Progression Free Survival in the IFM/DFCI 2009 Trial

Avet-Loiseau (abstract n° : 191)

# MRD in IFM/DFCI 2009 : conclusions

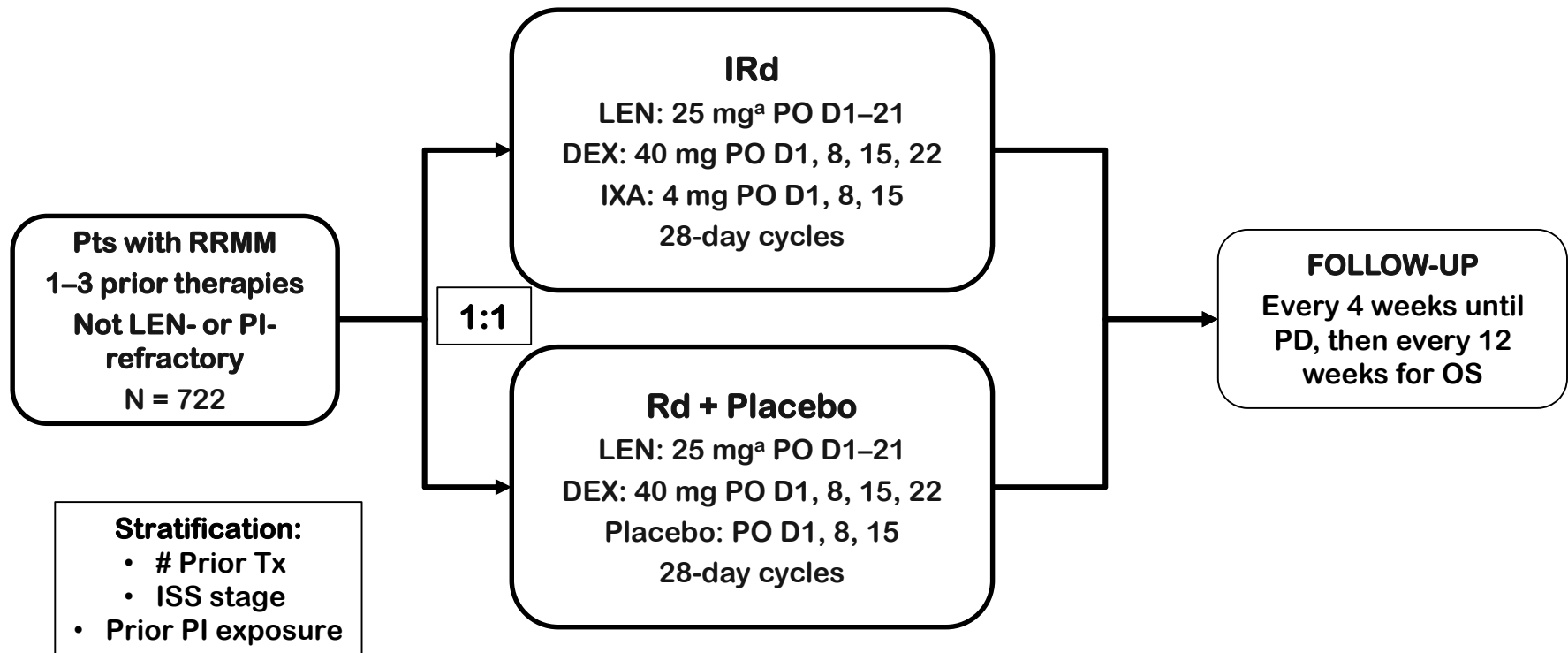
- **MRD NGS is feasible in 92% of the patients**
- **MRD NGS is highly sensitive ( $< 10^{-6}$ )**
- **This sensitivity is achieved in 100% of the patients**
- **$10^{-6}$  level is the most powerful cutoff for PFS**
- **13/26 pts with t(4;14) achieved MRD negativity vs. no with del(17p)**
- **May identify patients cured from myeloma**

# Ixazomib – an oral PI





# IRd vs. Rd in RRMM : trial design



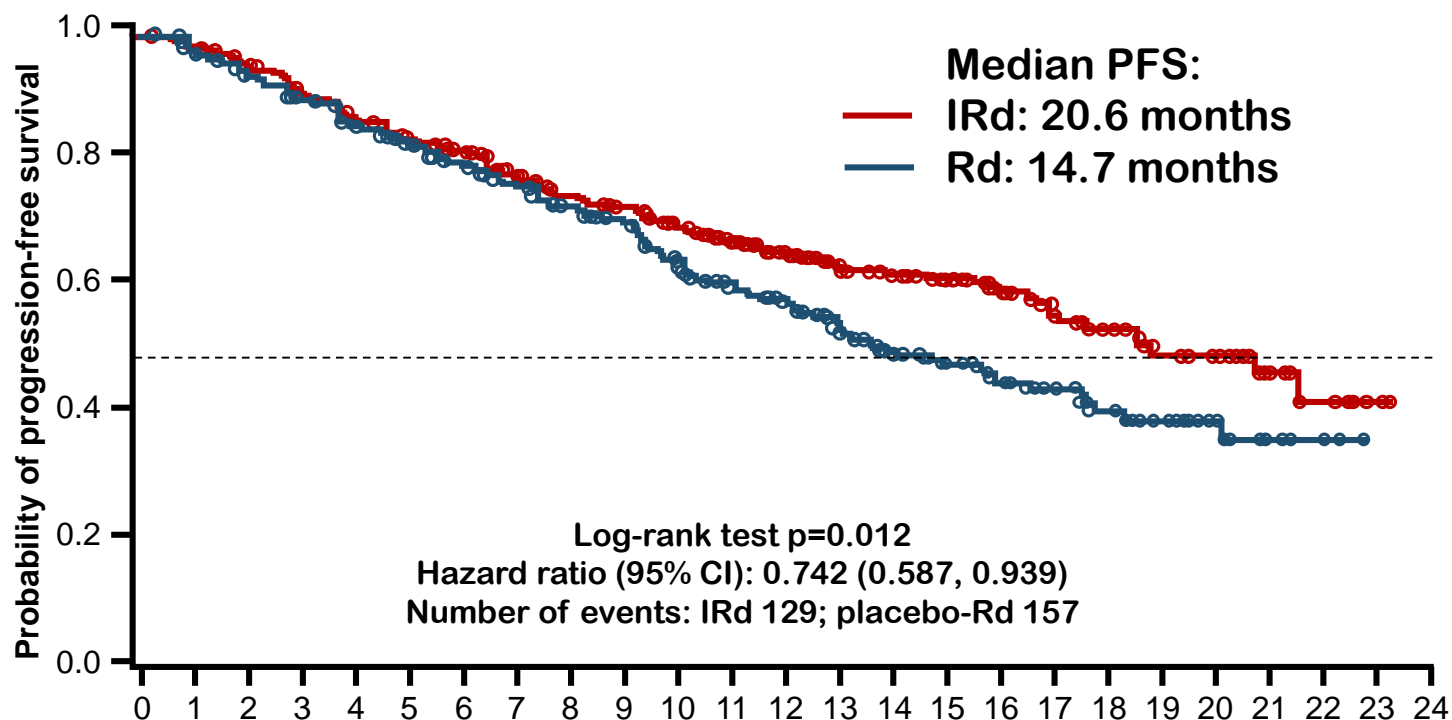
Primary endpoint: PFS by independent review committee using IMWG criteria

Key secondary endpoints: OS, OS in high-risk pts<sup>b</sup> with del(17)

Data presented are from the 1<sup>st</sup> of 3 planned interim analyses

# IRd vs. Rd in RRMM : PFS

Median follow-up: ~15 months



Number of patients at risk:

Time from randomization (months)

IRd	360	345	332	315	298	283	270	248	233	224	206	182	145	119	111	95	72	58	44	34	26	14	9	1	0
Placebo-Rd	362	340	325	308	288	274	254	237	218	208	188	157	130	101	85	71	58	46	31	22	15	5	3	0	0

Ixazomib, an Investigational Oral Proteasome Inhibitor (PI), in Combination with Lenalidomide and Dexamethasone (IRd), Significantly Extends Progression-Free Survival (PFS) for Patients (Pts) with Relapsed and/or Refractory Multiple Myeloma (RRMM): The Phase 3 Tourmaline-MM1 Study (Moreau, Abst. n° 727)

# IRd vs. Rd in RRMM : responses

	<b>IRd (n = 360)</b>	<b>Rd (N = 362)</b>	<b>HR / OR (IRd vs Rd)</b>	<b>P-value</b>
<b>Confirmed ORR (<math>\geq</math> PR)</b>	<b>78.3</b>	<b>71.5</b>	<b>OR, 1.44</b>	<b>0.035</b>
<b>CR+VGPR</b>	<b>48.1</b>	<b>39.0</b>	<b>OR, 1.45</b>	<b>0.014</b>
<b>CR</b>	<b>11.7</b>	<b>6.6</b>	<b>OR, 1.87</b>	<b>0.019</b>
<b>PR</b>	<b>66.7</b>	<b>64.9</b>	-	-
<b>VGPR</b>	<b>36.4</b>	<b>32.3</b>	-	-
<b>Median time to first response, mos</b>	<b>1.1</b>	<b>1.9</b>	-	-
<b>Median duration of response, mos</b>	<b>20.5</b>	<b>15.0</b>	-	-
<b>Median TTP, mos</b>	<b>21.4</b>	<b>15.7</b>	<b>HR, 0.712</b>	<b>0.007</b>

**Median number of treatment cycles: 17 (range 1–34) for IRd and 15 (range 1–34) for Rd**  
48% and 43% of patients had received  $\geq 18$  cycles respectively  
20% and 19% of patients had received  $\geq 25$  cycles respectively

# IRd vs. Rd in RRMM : PFS in prespecified subgroups

	IRd (n = 360)	Rd (N = 362)	HR (IRd vs Rd)	P-value
<b>Median PFS, mos</b>				
All patients	20.6	14.7	0.742	0.012
Standard-risk patients	20.6	15.6	0.640	<0.05
All high-risk patients	21.4	9.7	0.543	-
Patient with del(17p)*	21.4	9.7	0.596	-
Patients with t(4;14) alone	18.5	12.0	0.645	-

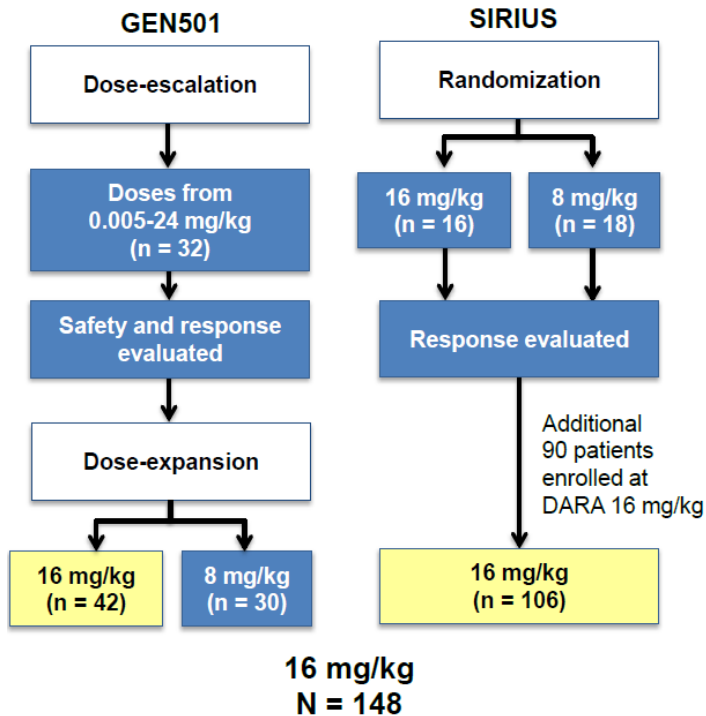
\* Alone or in combination with t(4;14) and/or t(14;16) or in combination with t(4;14) or t(14;16)

- Median OS was not reached in either arm
- In the IRd arm, median PFS in high-risk patients was similar to that in the overall patient population and in patients with standard-risk cytogenetics

# IRd vs. Rd in RRMM : conclusions

- IRd (compared to Rd) in RRMM was associated with:
  - An improvement in PFS
  - Improved TTP and response rates
  - Improved PFS in high-risk patients, similar to standard-risk patients
- Ixazomib added limited additional toxicity to that seen with Rd
  - Low rates of PN and no cardiovascular or renal signals

# Daratumumab monotherapy in RRMM : trial design



## GEN501<sup>1</sup>

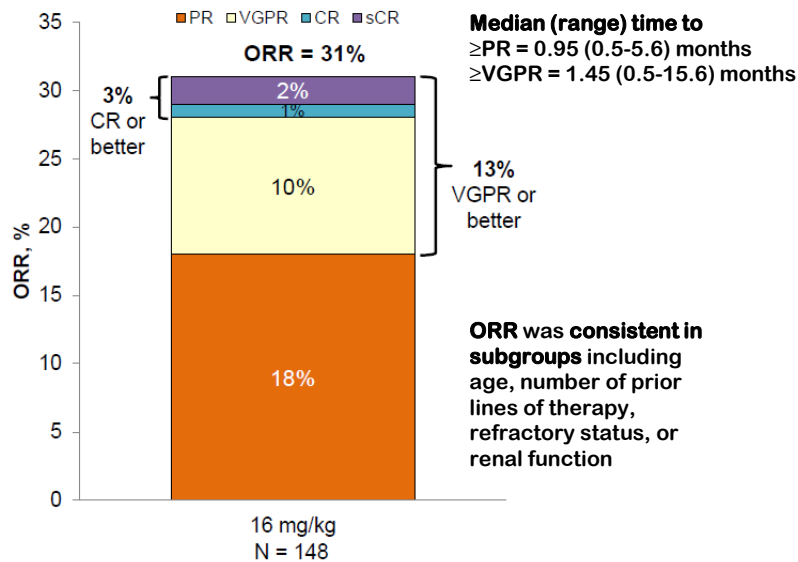
- Open-label, multicenter, phase 1/2, dose-escalation and dose-expansion study
- Relapsed from or refractory to  $\geq 2$  prior lines of therapy including PIs and IMiDs

## SIRIUS<sup>2</sup>

- Open-label, multicenter, phase 2 study
- Patients had received  $\geq 3$  prior lines of therapy, including a PI and an IMiD, or were double refractory to a PI and an IMiD

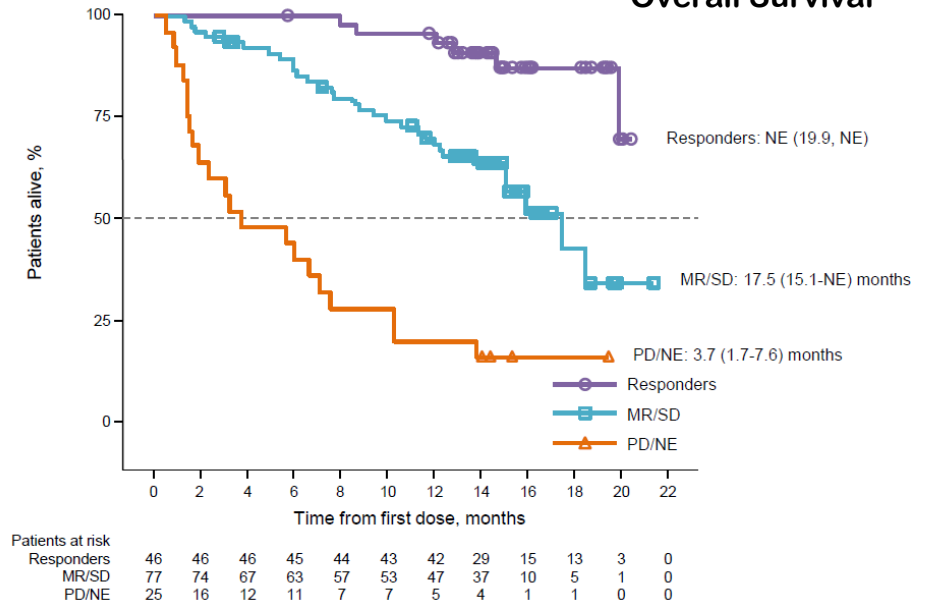
# Daratumumab monotherapy in RRMM : outcome

## Response Rate



- Median duration of response = 7.6 months (95% CI, 5.6-NE)
- At a median follow-up of 14.8 months, 50% (95% CI, 33.6-63.9) of responders were progression-free at 12 months.

## Overall Survival



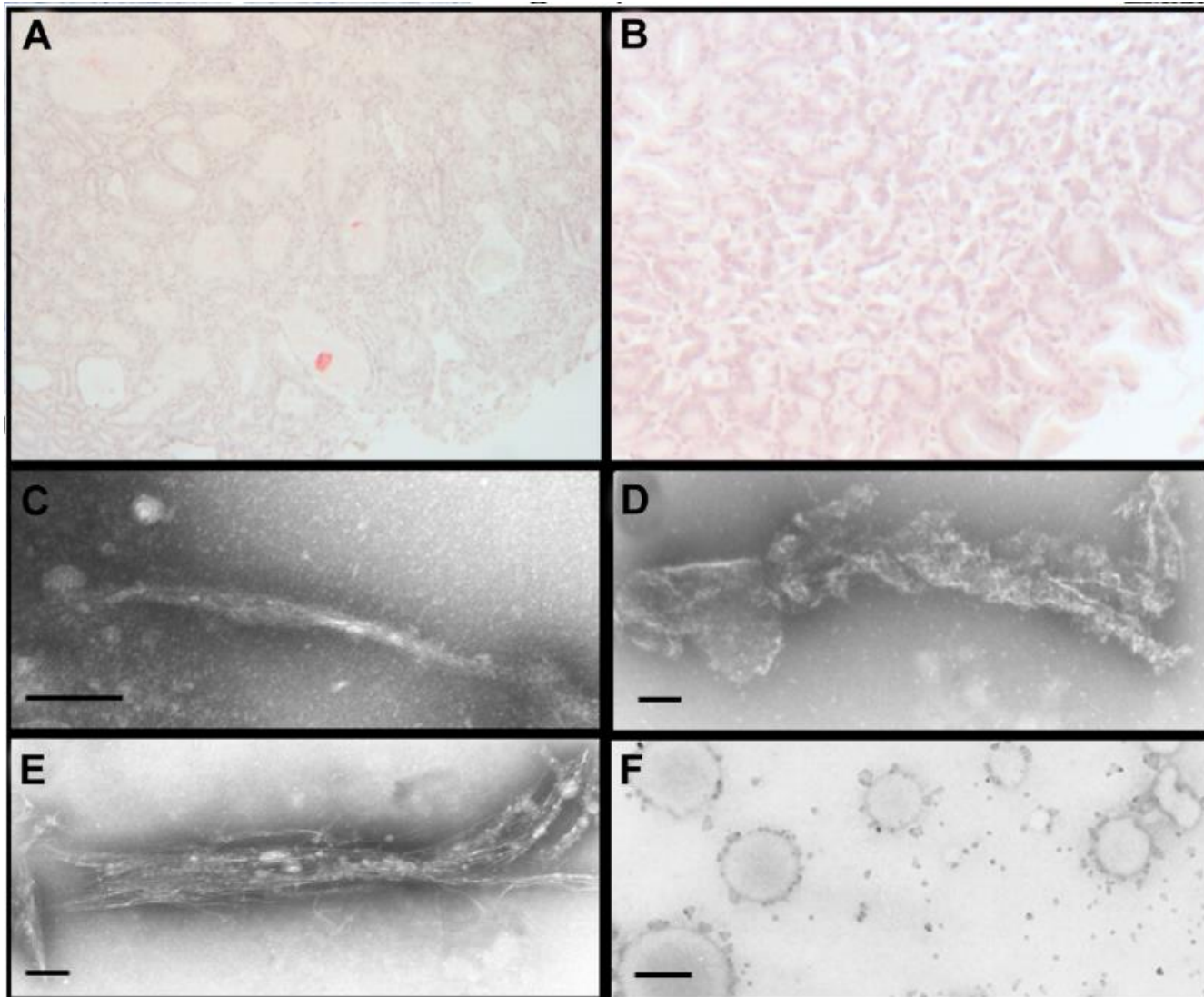
- In the combined analysis, median OS = 19.9 months (95% CI, 15.1-NE)
- 1-year overall survival rate = 69% (95% CI, 60.4-75.6)

# New drugs in myeloma

<u>PD-1 antibodies</u>	Study phase	Abstr. N°
<b>Pembrolizumab</b>		
+ LEN/DEX	1	505
+ POM/DEX	2	506
<b>Pidilismab</b>		
+ LEN/DEX	1/2	1838
+ DC fusion vaccine	1	4218
<u>Bruton tyrosine kinase inhibitor</u>		
<b>Ibrutinib</b>		
+ CFZ	1/2b	377
<u>Kinesin spindle protein inhibitor</u>		
<b>Finalisib</b>		
+/- CFZ	2	728
+ CFZ	1	376
<u>Anti-CD38</u>		
<b>Daratumumab</b>	1/2a + 2	29
+ LEN/DEX	1/2a	507
+ POM/DEX	1b	508
<b>Isatuxumab</b>	2	509
MOR202	1/2a	3035
<u>BCL-2 inhibitor</u>		
<b>Venetoclax</b>	1	4219
+ BOR/DEX	1b	3038
<u>HDAC inhibitor</u>		
<b>Panabinstat</b>		
+ LEN/DEX	2	4226
<b>Ricolinostat</b>		
+ POM/DEX	1b	4228
+ BOR/DEX	1b	1827
<b>Vorinostat</b>		
+ BOR/DOXO/DEX	1/2	4260
+ BOR/DEX	2	1852
+ LEN/DEX	2b	4264

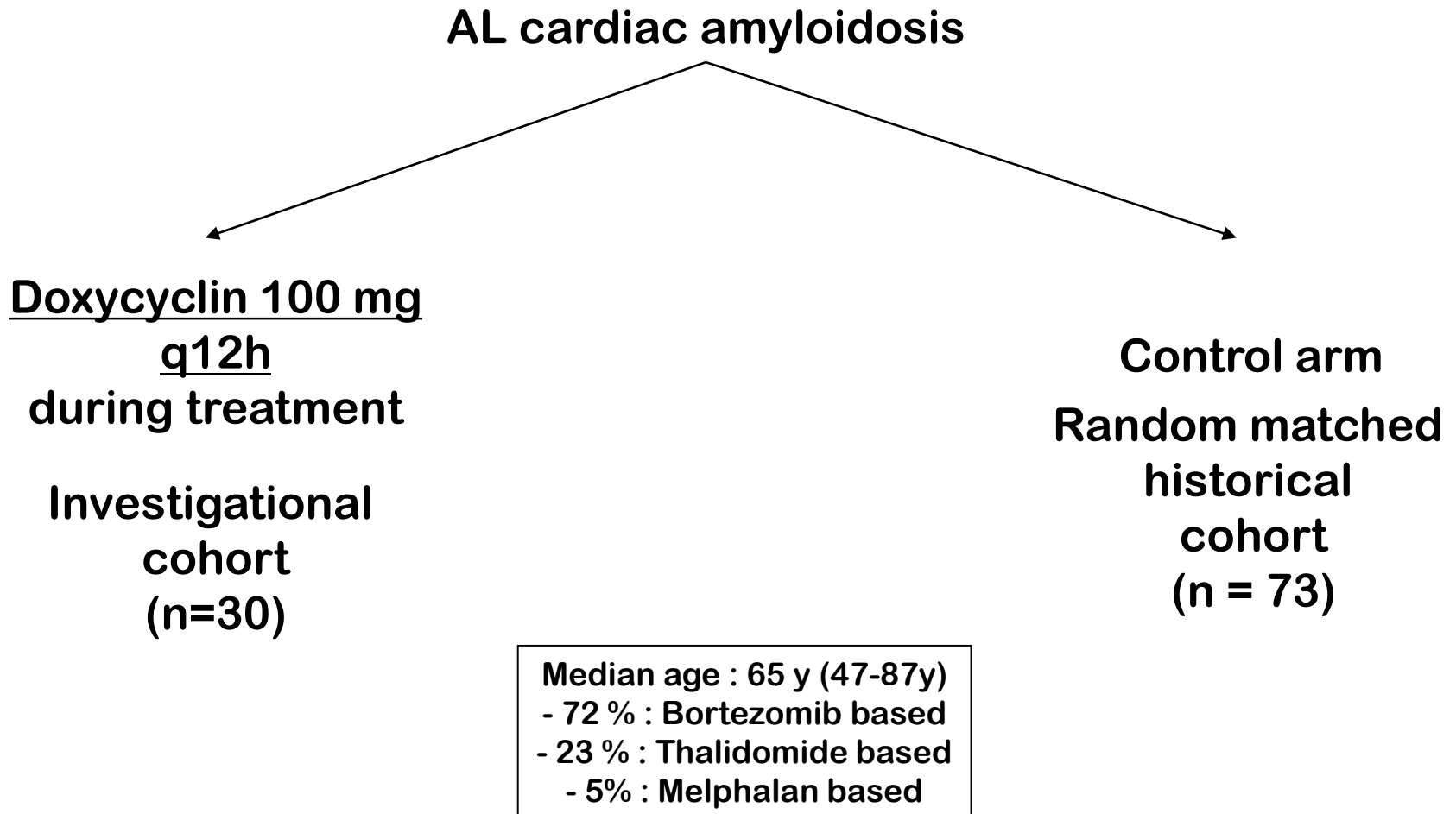


# Docycyclin reduces amyloid deposition

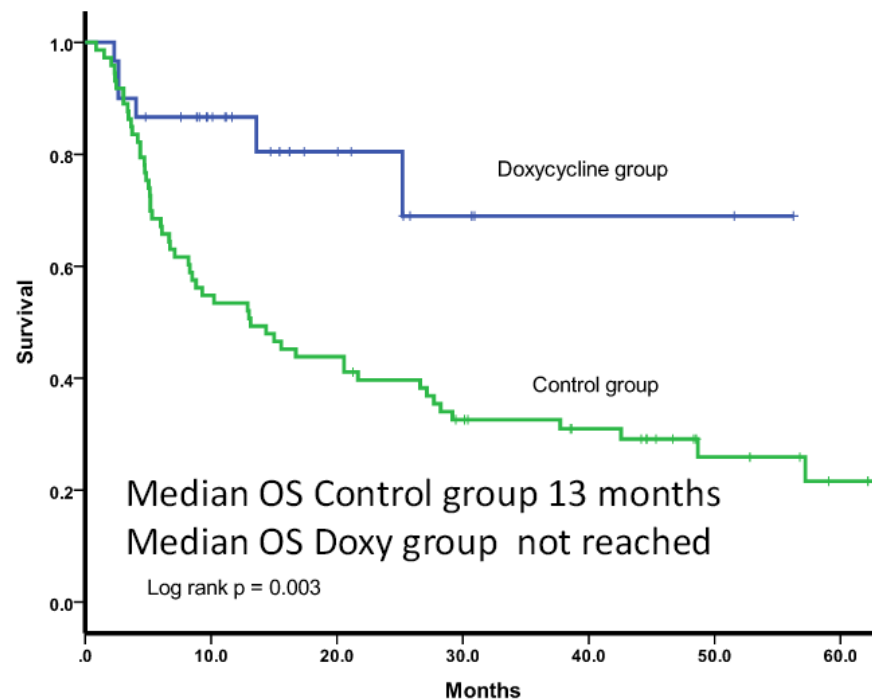
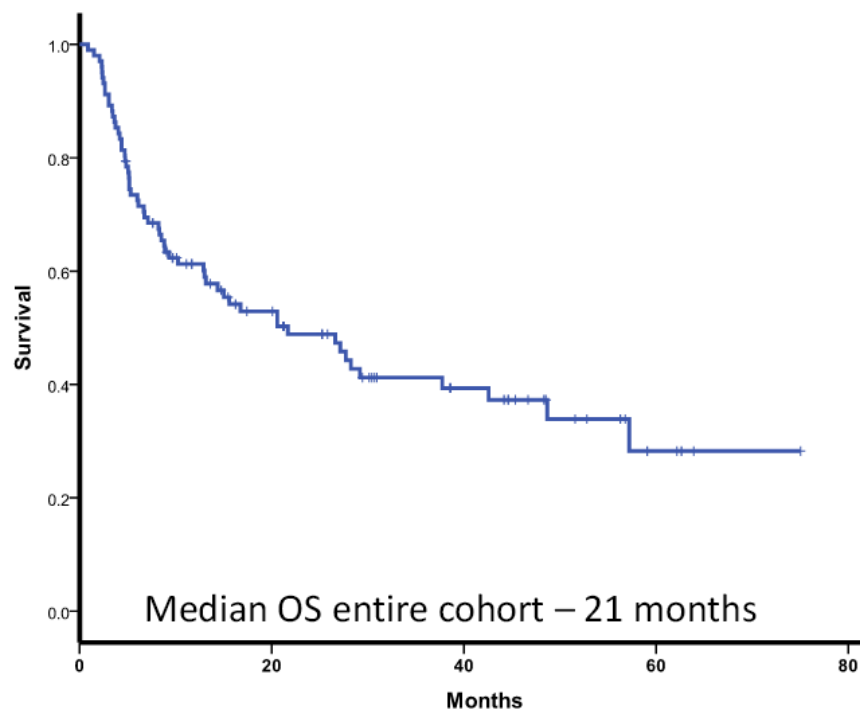


Jennifer Ellis Ward et al. *Blood* 2011;118:6610-6617

# Docycyclin in AL cardiac amyloidosis : trial design



# Docycyclin in AL cardiac amyloidosis : outcome



# Docycycline in AL cardiac amyloidosis : conclusions

Stage	NT-proBNP (< 332 ng/L)	cTnT (<0.035 µg/L) or cTnl (< 0.1 µg/L)
I	LOW	LOW
II	Only one elevated	
III	HIGH IIIa (≤ 8500 ng/l) IIIb (>8500 ng/l)	HIGH

- Oral doxycycline + chemotherapy improves OS
- Only in stage II and IIIa patients
- Higher CR/VGPR rate > higher cardiac responses
- Low toxicity – low costs
- Randomized trial needed

# ASH 2015 Plasma Cell disorders : Take home messages

- VRd is superior to Vd in terms of PFS and OS in newly diagnosed patients (without intent of ASCT)
- VTD is superior to VCD as induction regimen before ASCT
- Even in the era of new drugs and with triplet induction therapy an upfront ASCT still prolongs PFS
- MRD analysis may identify potentially cured myeloma patients and may influence decision making on maintenance duration
- All oral Ixazomib-Rd prolongs PFS by 5,9 months in relapsed and/or refractory patients compared to Rd
- Daratumumab in monotherapy shows impressive single agent activity in heavily pretreated patients with low toxicity
- Adding oral doxycycline to standard therapy in cardiac AL amyloidosis may mitigate the dismal prognosis